

# Lateral Lines

The Monthly Newsletter of Winchester Trout Unlimited  
Recognized as VCTU's best newsletter in 2014 & 2015  
2013 Bollinger Award as TU's Finest Newsletter  
Chapter #638

April 2016

Volume 21, Number 4

## Next meeting is Thursday, April 7, 2016

5:30 p.m. Dinner  
IJ Cann's



7:00 p.m. Meeting  
NW Works  
3085 Shawnee Drive  
Winchester

Our featured speaker is **Dee Dee Barbour**.  
See details below.

## Next TU BarFly is Wednesday, April 13, 2016

See details on page 6.

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See you at the meeting on Thursday, April 7, 2016  
Bill Prokopchak, Newsletter Editor  
540-722-2620

## Dee Dee Barbour, Director of Philanthropy at the Museum of the Shenandoah Valley, is Winchester TU Featured Speaker April 7<sup>th</sup> at 7:00 p.m.

A lifelong resident of the Shenandoah Valley, Dee Dee Barbour is the Museum's first manager of annual giving and membership and will focus on growing the Museum's Membership and managing fundraising efforts for the MSV Annual Fund.

A fundraising professional with more than nine years of experience, Barbour has advanced the development efforts of several of Winchester's most respected nonprofits. She has served as director of development at the Free Medical Clinic of NSV, senior advancement officer at Shenandoah University, and capital campaign director at Shenandoah Valley Discovery Museum, where she raised more than \$7 million in pledges toward its capital campaign.

A business administration graduate from Lord Fairfax Community College, Barbour has a bachelor of science in organizational leadership degree from Mountain State University, Beckley, West Virginia.

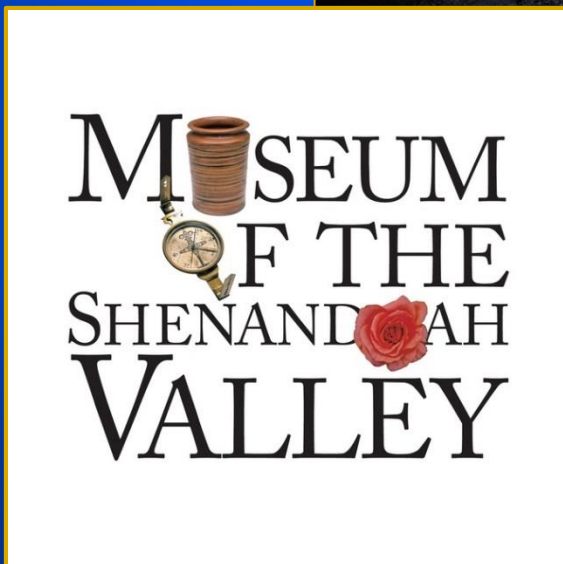


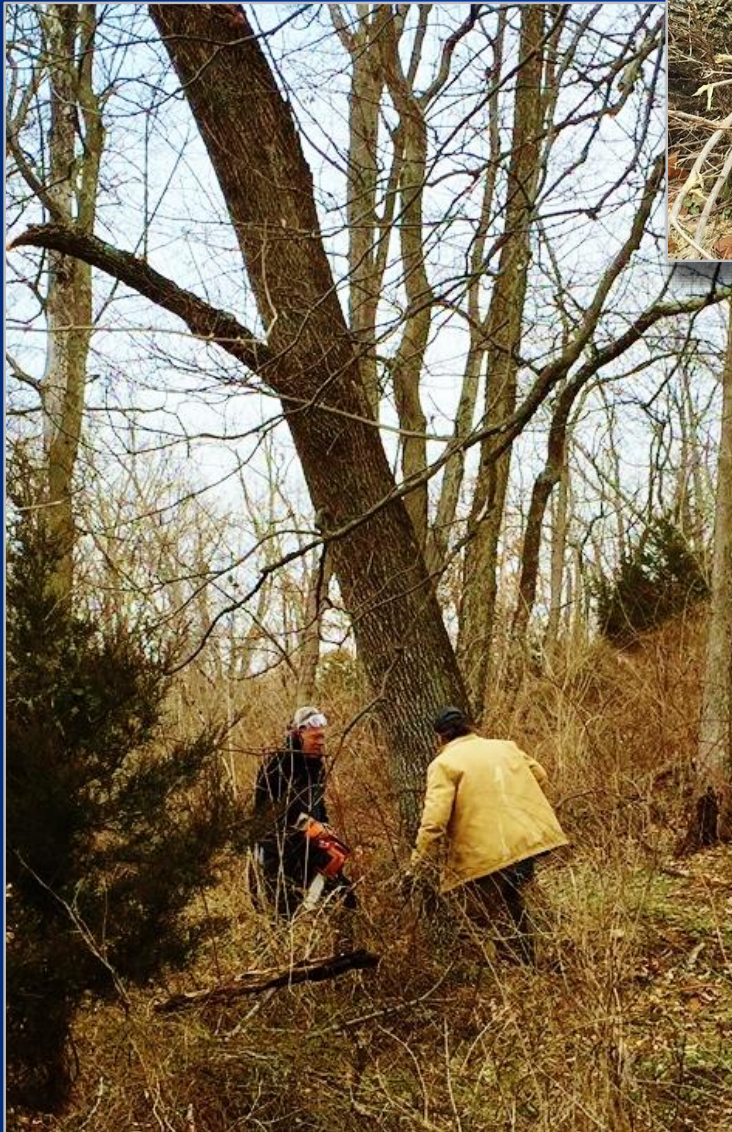
Photo courtesy of Dee Dee Barbour  
Bio courtesy of The Museum of the Shenandoah Valley



## Bud on the Run: Redbud Run Update - March 5<sup>th</sup> Workday by Bud Nagelvoort

**Next Work Session:  
9:00 a.m. on Saturday, April 9<sup>th</sup>**

March 5<sup>th</sup> was somewhat unusual at Redbud. The day began with six of us -- Terry, Dave, Bob, Bill, Gene, and Bud -- wielding chain saws and back muscles and reducing a smaller fallen ash tree at Seipel's pasture to firewood and one log for use at the inverted V.



After that effort, Terry and Dave remained at the ash site to drop a second borer-damaged much larger ash and turn it into firewood-sized rounds for Wayne, while the rest of the crew moved the first ash log into place at stream-side after dragging it with the old Takoma and chain to the high bank.



Some heavy-duty digging by Gene created a channel for the log against the gravel bank at site #4 immediately upstream from the north end of the inverted V dam to prevent flow around that side of the V. (The south end of the V abuts the steep bank at site #3.)

**“Bud on the Run: Redbud Run Update”  
continues on the next page.**

## Bud on the Run: Redbud Run Update - March 5<sup>th</sup> Workday -- continued by Bud Nagelvoort

Gene and Bud secured the log in place with T-posts. Although Bud forgot the wire, a short length of chain holds the upstream end of the log to the T-post and the downstream end still needs to be wired to the post.



Bob cut the boards and everybody took a turn at driving the boards into the ground, which proved a substantial challenge as the log's trench is only a few inches above hard marl.

In any event, it was an excellent morning's effort marred only by Terry's saw running into an old American fence wire embedded in the big ash which caused him to use unusual words and spend extra time sharpening his big Husky chain.

## Bud on the Run: Redbud Run Update - March 12<sup>th</sup> Workday by Bud Nagelvoort

But there is more.

To add to bank stability both above and below the inverted V, Bud had arranged with the Shenandoah Valley Soil and Water Conservation District to acquire 60 willow whips in Harrisonburg to be used for further bank stabilization in the vicinity of the V.

The intention was to place them along the bank where we placed the new ash log (Site #4) that I mentioned above and around our rocked-in banks in that area.



The trip to H'burg on March 8 proved unusually successful as our good friend, District Manager Megan Dalton, threw in an extra 30 willow whips because of our charm and good looks. Because Bud cut each willow whip into three or four 8- to 12-inch segments, we ended up with about 300 cuttings.

**"Bud on the Run: Redbud Run Update"  
continues on the next page.**

## Bud on the Run: Redbud Run Update - March 12<sup>th</sup> Workday -- continued by Bud Nagelvoort

As further fortune would have it, on March 12, Bill and Lisa appeared along with yours truly and we strategically planted all 300 willow twigs with mostly 2-foot spacing in 2 or 3 rows along the banks.

We look forward to the outcome of this effort with evidence of initial rooting and growth later this spring and 8- to 12-foot willow shrubs helping keep the banks in place in this area during high water in future years.

### Editor's Note

In the two weeks since we planted the willow twigs along the banks of Redbud Run, many of them have begun to sprout leaves and the catkins are maturing.

The two photos below are examples of the new growth.



All photos for this article are by  
Bill Prokopchak

### Next work session is April 9<sup>th</sup>

There will be a small pile of rocks from the old quarry at the work site to be placed along the ash log (Site #4) installed on March 5. In addition, we'll have a plan for reducing the effect of the beaver dam near the upper end of the Seipel property and likely begin that process. Also, immediately above our recent work area around the V structure, there is a severe bank blowout area (Site #5) calling for careful thought to secure the flow into the main channel during high water and prevent recurrence of the diversion into the north bank. Some reconnaissance before April 9 will provide a plan of action.

In the meantime, we hope Charlie has had a chance to fish the Seipel stretch, having won the drawing on March 3.

### Dave VanBenschoten

As most of you know, Dave has been in the hospital since mid-March after suffering with the flu which led to life-threatening pneumonia. His wife Diana has very much appreciated the prayers and concern of members.





## PHW Update

### We have a Very Busy April with Casting Classes, Festivals, and, some Fly Fishing for the Vets!

by Paul Wilson, PHW Program Leader,  
Martinsburg VAMC

This looks to be a very busy month. I will cover a few things in a chronological order so I do not get lost!

#### Fly-Casting Lessons

We start with a casting class at the Martinsburg V.A. Medical Center for the PRRP Program on **April 6<sup>th</sup> at 1:00 p.m.** in the VA's gym or "Heroes Center". Casting classes will be repeated on **April 13<sup>th</sup> and 20<sup>th</sup>** at the same time and location. We will meet at the gym at 12:45 p.m. to set up the rods and reels. Please contact me if you can help.

#### Virginia Wine and Fly-Fishing Festival

The weekend of **April 9<sup>th</sup>-10<sup>th</sup>** will be the Virginia Wine and Fly-Fishing Festival in Doswell, VA, which is north of Richmond right off of I-95. Some of us will be volunteering, but if you can make it out for this Festival please do so as they are big supporters of Project Healing Waters Fly-fishing!

Check out the Virginia Fly-fishing and Wine Festival at this [link](#) .

#### Fly Fishing for Veterans

Our Project Healing Waters fly-fishing event will be on Earth Day, **Friday April 22<sup>nd</sup>**. We will be doing an all fly-fishing event for the Martinsburg VA's PRRP Program at the Leetown Fish Hatchery pond. Food will be provided for the vets and volunteers by the Charles Town American Legion Post #71.

Guides will be needed for the vets. We will gather at the Leetown Fish Hatchery pond at 8:30 a.m. We expect to wrap up by 1:30 pm. **Please contact me if you can help.**

#### PHW at the Charles Town Farmer's Market

If you want to help with tabling events, I have one at the Charles Town (WV) Farmers Market on **Saturday April 30<sup>th</sup> 8:00 a.m. to 12 noon**. That is also the open-house date for Whitefly Outfitters in Harpers Ferry, so we will probably make a day of it.

#### Winchester TU & PHW at the Subaru of Winchester Adventure Show

Our TU Chapter will be tabling at the Subaru Adventure Show (part of the Winchester Apple Blossom Festival held at Jim Barnett Park) on Sunday May 1<sup>st</sup>. Our PHW table and materials will be a major portion of this effort. Let me know if you can help with any of our tabling efforts.

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**Our PHW Project needs your gently used fly reels:** With the recent equipment donations, we have built a good stock of rods and reels for the veterans to use; HOWEVER, some of our reels are quite old and barely usable. So, if you have a gently used reel (for 5-6 wt. lines) with or without line **PLEASE DONATE!!**

**Social Media:** Please remember to send pictures to Charlie and Kenny for our Chapter and PHW program websites. And please "like" us on Facebook, use the calendar on our TU site, and, of course, all suggestions and additional content are much appreciated.

And as always, if you are available to volunteer for any of our Project Healing Waters fly-fishing events or classes, please contact me and I will add you to my email list.

Paul Wilson  
Program Lead  
Mobile: 304-279-1361  
Email: [pjgrunt@gmail.com](mailto:pjgrunt@gmail.com)

#### **Editor's Note:**

Please see page 8 of this newsletter for a review of a book entitled *The Spirituality of Fly Fishing*, which is endorsed by Project Healing Waters.

Check out our **new** Website: <http://www.healingwatersmartinsburg.org/>

Like us on Facebook: <https://www.facebook.com/ProjectHealingWatersOfMartinsburgWestVirginia>

National PHW website: <http://www.projecthealingwaters.org/>



# Winchester TU Monthly "BarFly" Event Wednesday, April 13<sup>th</sup> at 7:00 p.m.



The Winchester Chapter of Trout Unlimited will be gathering at Escutcheon Brewing in Winchester to offer anglers in our area the opportunity to learn about Trout Unlimited and to tie some fishing flies.

We hope all of you can attend our monthly "BarFly" at 7:00 p.m., Wednesday, April 13<sup>th</sup>, at Escutcheon Brewery. Escutcheon Brewing Company is a craft brewery.

The brewery and tasting room are located at 142 W. Commercial St. in Winchester. No fly-tying or fly-fishing experience necessary. Please invite your friends. We hope to introduce more folks to the Winchester TU chapter and support a local business that supports TU.



**Top:** First-time fly tyer, Kevin Copley, tries his hand at tying a trout fly at the Bar Fly event in March.

**Above:** Working through a magnifying glass to see the very tiny hook, Kevin wraps green dubbing around the hook.  
Photos above by Bill Prokopchak

**Left:** Winchester TU member, Bill Prokopchak, instructs Kevin in the identification of fly-tying thread size and the use of a fly-tying bobbin.  
Photo left by John Sharples



## Trout in the Classroom (TIC) Save the Dates: Spring Brookie Release

photos and article  
by Lisa LaCivita

This year's brook trout release for our Trout in the Classroom (TIC) program will take place on the mornings of Friday, May 13<sup>th</sup> and Saturday, May 14<sup>th</sup>.

It is a lot of fun and there are numerous opportunities for volunteers including in-stream and dry-land.

No experience is necessary; only a willingness to share your love of the outdoors and fishing with students. Please let Lisa LaCivita and Steve Lander know if you are available to help on either or both mornings.



There is also a work session, to clean up the site, prior to the release. The work session is scheduled for the morning of May 7<sup>th</sup>. Help support the Trout in the Classroom program by volunteering! Thank you!

Lisa = [sgtlisafrances@gmail.com](mailto:sgtlisafrances@gmail.com)  
Steve = [slander@comcast.net](mailto:slander@comcast.net)



## ANGLER REFLECTIONS

### The Upper Farmington by Joe Polidoro

The upper Farmington was stocked on Monday. On my walk, I spotted a fisherman in my favorite and secret (never even told Reg or son, Joe, about it) hole, which I named Stoney Lonesome.

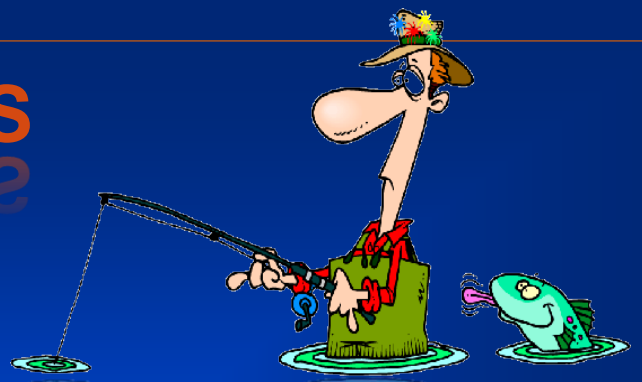
This mountebank was taking one trout after another on nymphs. When I complimented him, he replied, "I'm really not good on nymphing: these fish are dumb stockers."

Now that's my game and that's my spot, I thought.

Yesterday, despite the foul weather and knowing I'd likely not find that interloper there at Stoney, I showed up with my Euro setup, including two of my best hand-tied flies on the tippet.

I waded out to knee depth and cast into the near seam of a heavy spill of white water. Within seconds, I was into a brute and after a long struggle, I netted this 18 inch rainbow. But the fight wasn't over.

Now, the snow is coming down sideways with the wind biting and thrusting me off balance. The trout is



struggling mightily in my landing net and the upper fly is into the fish's belly while the lower fly is deep in his throat. In my haste to extricate him, I punctured my hand it two places and started to bleed all over the fish.

Now you say, "Cut the tippet, you jerk." My hands, now thoroughly wet and freezing, would not work. I was now getting worried and thought the best thing to do would be to head for shore.

Stoney Lonesome is, well, stony. Yes. I slipped and fell into the ice cold water. Luckily, it was only knee deep. But my glasses fell off. One brave reach into the water and I recovered them, reached the shore half dazed and then realized the fish was gone.

Apparently, he thought I was bad luck.

The car heater gradually thawed me out but I did not fully recover until, at home, I had my second cup of tea (laced with bourbon).

I'll take you to Stoney sometime.

## The Well-Schooled Angler

Compiled by Barbara Gamble

### **Rookie No More: The Flyfishing Novice Gets Guidance from a Pro**

**Author:** Cecilia Kleinkauf  
**Paperback:** 160 pages  
**ISBN-10:** 1935347632  
**Publisher:** Epicenter Press  
**Publication Date:** April 15, 2016

*Rookie No More* is a lifesaver for novice fly fishers who are struggling with unanswered questions about various aspects of the sport that they have undertaken.

Compiled from hundreds of questions that guide and instructor Pudge Kleinkauf has responded to throughout her career, this book presents many of those same questions right here in black and white.

As you strive to master new and complex situations, you'll be able to turn to this book for help with:

- Various casts and their use
- Information about fly fishing equipment
- Different flies for different situations
- Fishing techniques and skills beyond the basics
- Other common questions like safety on the water
- Handling situations such as hiring a guide

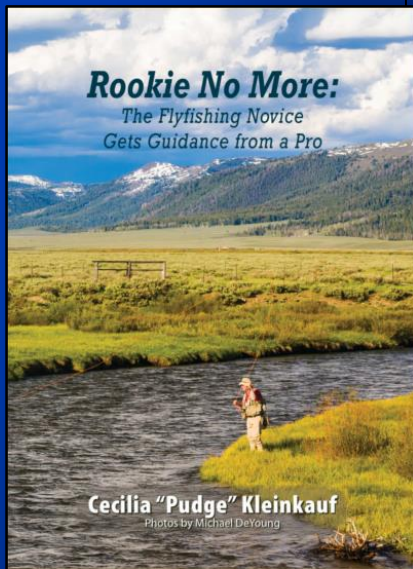
Novice fly fishers have a large amount of information to absorb as they build their skills but don't always have access to help from a more experienced angler.

This little book can be a handy resource, easily carried in your day pack as you venture out onto the water. Have a question? *Rookie No More* has the answer.

An Alaskan since 1969, Cecilia "Pudge" Kleinkauf is an attorney and a retired university professor. Her company, Women's Flyfishing, has taught women how to fly fish and taken them on guided trips throughout Alaska to find the best fishing for salmon, trout, char, Arctic grayling, and other species. Off-season, she leads saltwater fly fishing excursions to Mexico.

Her website [womensflyfishing.net](http://womensflyfishing.net) is the leading resource for fly-fishing women online.

Sources: Amazon.com, Barnesandnoble.com, and the publisher

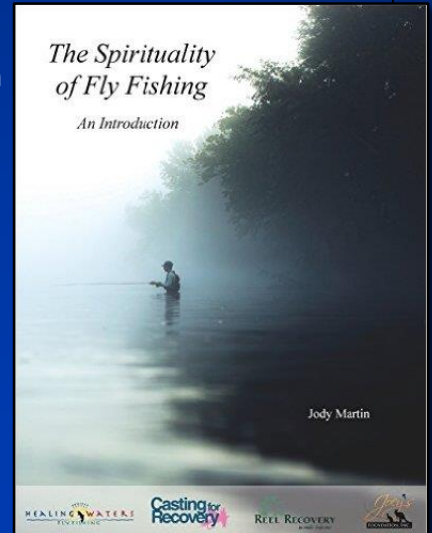


### **The Spirituality of Fly Fishing**

**Author:** Jody Martin  
**Paperback:** 144 pages  
**ISBN-10:** 1523289856  
**ISBN-13:** 978-1523289851  
**Publisher:** CreateSpace Independent Publishing Platform  
**Publication Date:** March 21, 2016  
**(1<sup>st</sup> edition)**

Nearly everyone who has picked up a fly rod has experienced the "otherness" of fly fishing, its inherent beauty, its sense of calm and purpose, its power to heal.

Fly fishing is, for many men and women, a deeply meaningful and spiritual activity. In this sensitive and beautiful volume, Jody Martin addresses that spirituality directly, introducing fly fishing to beginners and offering it as a form of ministry to anyone who might wish to teach the sport as part of a spiritual or therapeutic program.



*The Spirituality of Fly Fishing* is simultaneously a concise primer, demystifying and clearly explaining what is basically a simple sport, and a paean to the higher powers that drive us all.

Replete with quotes and writings from a wide variety of authors and faith traditions, this slim book has been endorsed by *Project Healing Waters Fly Fishing*, *Casting for Recovery*, *Reel Recovery*, and *Joey's Foundation*, all of which use fly fishing as part of a healing or mentoring program.

Proceeds from the book support both *Project Healing Waters* and *Casting for Recovery*. Tastefully illustrated with stunning photographs and paintings by some of today's foremost artists, including John Juracek, Ken Takata, Matt Shaw, James Nelson, Tony Czech, Louis Cahill, and Joseph Tomelleri, the book is far more than just another entry into the world of "how to do it" fly fishing books. *The Spirituality of Fly Fishing* serves as an introduction, an offering, and a benchmark for anyone who might wish to dive deeper into the streams of spirituality that nourish our souls. No fly fisher should be without this book in his or her library. (from Morgan Creek Publications)

"Jody Martin's book, *The Spirituality of Fly Fishing*, has explored spirituality as the element that connects all of us with the sport . . . I will certainly make his book "Required Reading" for all of the participants and volunteers of Project Healing Waters Fly Fishing." - Ed Nicholson, Founder and President, Project Healing Waters Fly Fishing, Inc.

Sources: Amazon.com, Barnesandnoble.com, and the publisher



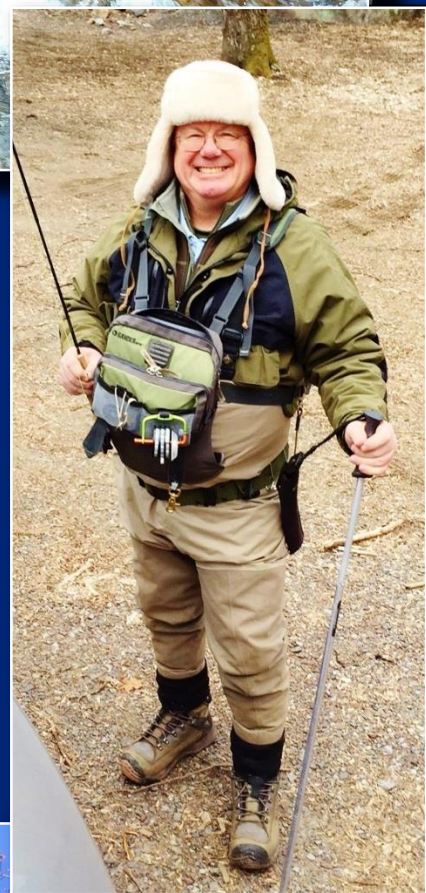
**Winchester TU  
 Recycles  
 Aluminum.**

**Please bring  
 your aluminum  
 cans to any Winchester TU event.**





# A Gallery of Photos from the Members of Winchester TU January through March 2016



**Clockwise from top left:**

Grover with the elusive Peacock Bass in Florida, during February  
Photo provided by Grover Czech

Phil on the Rapidan in March  
Photo by Bill Prokopchak

Dan at the Rapidan on a cold and breezy day in February  
Photo by Bill Prokopchak

Another reason to go fishing during March  
Photo by Bill Prokopchak

Bill on the Skidmore in March  
Photo by Steve Lander



# 2016 Calendar of Events

## Winchester Trout Unlimited

By Fred Boyer

See the complete calendar  
of Winchester TU events at  
<http://winchestertu.org/>

### April 2016

- ✓ Thursday 7 April 2016 -- 7:00 p.m. - TU monthly meeting - Speaker Dee Dee Barbour who is the Director of Philanthropy for the Museum of the Shenandoah Valley
- ✓ Wednesdays 6, 13, 20 April 2016 -- 1:00 p.m. - PHW Fly-fishing lessons at Martinsburg Veterans Hospital
- ✓ Saturday 9 April 2016 -- 9:00 a.m. - TU workday at Redbud Run and Morgan's Mill Road
- ✓ Wednesday 13 April 2016 -- 7:00 p.m. to 9:00 p.m. - TU BarFly event at Escutcheon Brewery
- ✓ Saturday 16 April 2016 -- time?? - Fly-casting clinic at Cool Spring
- ✓ Friday 22 April 2016 -- PHW fly-fishing trip for veterans
- ✓ Saturday 30 April 2016 -- PHW information table at Charles Town, WV, Farmers' Market

### May 2016

- ✓ Sunday 1 May 2016 -- 8:00 a.m. to 5:00 p.m. - Subaru Adventure Show at Jim Barnett Park
- ✓ Thursday 5 May 2016 -- 7:00 p.m. - TU monthly meeting - Featured speaker is Harry Reid
- ✓ Saturday 7 May 2016 -- 9:00 a.m. - Redbud Run Cleanup Day preparing for Brookie Release Days
- ✓ 13 & 14 May 2016 -- TIC Brookie Release Days

### June 2016

- ✓ Thursday 2 June 2016 -- 7:00 p.m. - TU monthly meeting
- ✓ Saturday 4 June 2016 -- 9:00 a.m. - TU workday at Redbud Run and Morgan's Mill Road
- ✓ Sunday 26 June 2016 to Saturday 1 July 2016 -- Tri-State Fishing Camp for High School Students (Stan Ikonen is our chapter contact person.)

### July 2016

- ✓ No monthly meeting in July
- ✓ TBA -- 8:00 a.m. - TU workday at Redbud Run and Morgan's Mill Road

### August 2016

- ✓ Thursday 4 August 2016 -- 7:00 p.m. - TU monthly meeting
- ✓ Saturday 6 August 2016 -- 8:00 a.m. - TU workday at Redbud Run and Morgan's Mill Road

### September 2016

- ✓ Thursday 1 September 2016 -- 7:00 p.m. - TU monthly meeting
- ✓ Saturday 3 September 2016 -- 8:00 a.m. - TU workday at Redbud Run and Morgan's Mill Road

### October 2016

- ✓ Thursday 6 October 2016 -- 7:00 p.m. - Joint TU and Shenandoah Audubon Society meeting at Lord Fairfax Community College - Featured speaker is Gregory D. Wiens, PhD, of the USDA fisheries research facility in Kearneysville, WV
- ✓ Saturday 8 October 2016 -- 8:00 a.m. - TU workday at Redbud Run and Morgan's Mill Road
- ✓ Sunday 30 October through Saturday 5 November 2016 -- Steelhead trip to Erie

### November 2016

- ✓ Thursday 3 November 2016 -- 7:00 p.m. - TU monthly meeting
- ✓ Saturday 5 November 2016 -- 8:00 a.m. - TU workday at Redbud Run and Morgan's Mill Road



The opinions expressed in *Lateral Lines* are those of the individual authors and are not necessarily those of Winchester Trout Unlimited or Trout Unlimited National.

All water sports, including fishing, and stream restoration activities have inherent dangers. Participation in all Winchester Trout Unlimited activities is at the participant's own risk and participants agree to hold harmless Winchester Trout Unlimited and its members.

