



Lateral Lines

The Monthly Journal of Winchester TU

Chapter #638

Think before you think.

March 2022

Volume 27, Number 3

Monthly TU meetings are back!

Our next meeting is 7:00 p.m. on Thursday, March 3, at the Lake Frederick Community Lodge 180 Bald Eagle Drive Lake Frederick, VA 22630

Dinner before the meeting 5:30 p.m. at Region's 117 Restaurant We have reserved a small number of seats, but it would be helpful if you could notify Wayne (703-919-2952) in advance if you will be dining with us.



BarFly

The next Winchester TU BarFly at Escutcheon Brewery is set for Wednesday, March 9, at 7:00 p.m.

In This Edition

Winchester TU Speaker Schedule	-----	Page 1
Winchester Project Healing Waters	-----	Page 2
Bud on the Run	-----	Page 3
Poet's Corner: "With the Lark"	-----	Page 4
BarFly on March 9 th	-----	Page 4
Winchester TU Classified Ads	-----	Page 5
Grover Fishes Florida	-----	Page 5
Barbara's Books	-----	Page 6
"Fly Angler Blues"	-----	Page 6
Cigar Sisters: St. Patrick's Day Cigar	-----	Page 7
Winchester TU Calendar	-----	Page 8

See you at the March 3 meeting.
Bill Prokopchak, Newsletter Editor
540-722-2620

Winchester TU 2022 Speaker Schedule

Mark your calendar now and plan to hear these presentations.

Thursday, March 3rd



Casey Peltier, Jen Cochran, and Lucy Guenther will be the featured speakers at our March 3rd meeting. They will give us an overview of the opportunities that Casting for Recovery offers for women with breast cancer. Fly Fishing Retreats are open to women of all ages, in all stages of treatment and recovery.

Thursday, April 7th

Wayne White and Phil Stevens are the featured presenters in April. They will share news of the brand-new Winchester Project Healing Waters Program. Wayne and Phil have worked for much of the past year to bring PHW to Winchester.

(See more about Winchester PHW on page 2 of this newsletter.)



Thursday, May 5th

Nathaniel Hitt, PhD, research biologist for the U.S. Geological Survey will be back! Than will talk about his newest research on cold-water fish.





WINCHESTER PROJECT HEALING WATERS

Wayne White and Phil Stevens

We are proud to announce the start of a new Project Healing Waters Fly Fishing Program in Winchester as of 1 February 2022.

Founded in 2005, at Walter Reed Army Medical Center, Washington, D.C., Project Healing Waters Fly Fishing, Inc. (PHWFF) a 501(c) (3) nonprofit organization, Inc. is dedicated to the physical and emotional rehabilitation of disabled active military service personnel and disabled veterans through fly fishing and associated activities including education and outings.

The Winchester Program is the 12th Healing Waters program in Virginia and will provide its services for disabled veterans affiliated with the VA Community Based Outreach Clinic (CBOC), Stephens City, which is part of the Martinsburg, VA Hospital system.

We are currently working with the CBOC Director and her staff to recruit participants for the program. All disabled military service members who have served or are retired may participate in the program.



Participants do not need any fly fishing or fishing experience, and all equipment is provided for all activities.

As we build our program and develop activities, we are also reaching out to veteran groups in the greater Winchester area, specifically the Shenandoah Veterans at Lake Frederick as well as local Veterans of Foreign War Posts to invite those who may be interested in volunteering and or participating in the program.

The Winchester Program will hold monthly meetings for its participants and volunteers. We will announce meeting dates as soon as they are available.

The monthly meetings will be for classes and activities that include fly fishing instruction, fly-tying, fly-casting workshops, rod-building workshops, and the planning of fly-fishing outings. Fly-fishing outings will focus on the level and ability of the participants and planned for those fishing locations within driving distance.

The monthly meetings will be for classes and activities that include fly-fishing instruction, fly tying, fly-casting workshops, rod-building workshops, and the planning of fly-fishing outings. Fly-fishing outings will focus on the level and ability of the participants and planned for those fishing locations within driving distance.

In support of our program of instruction, we are looking for volunteers to serve in a variety of capacities such as instructors, fishing buddies, logistics, and administrative support for fishing outings. We are also looking for Ambassadors who help tell the Healing Waters story and provide referrals to the program.



Project Healing Waters volunteers serving in any capacity for any amount of time are the key to the program's success. Their reward is working with America's amazing wounded warriors and seeing the critical difference they make in these peoples' lives.

Interested participants and volunteers should contact:

Wayne White, Program Lead, wayne.white@projecthealingwaters.org, 703-919-2952

Phil Stevens, Assistant Program Lead, phillip.h.stevens@projecthealingwaters.org, 703-380-4088

Bud on the Run: The Next Workday is set for Friday, March 4, at 10 a.m.

by Bud Nagelvoort

Once again, we are dependent on the weather gods, in this case for the **FRIDAY**, March 4 work session scheduled for **FRIDAY** rather than Saturday because at this moment Bill has another commitment for the 5th (but maybe the war interrupts?).



Related to the work session is a plea to members to bring large rocks to the meeting on the 3rd.

I know this request has subtle implications related to the intellect level of yours truly, but we badly need large rocks to fill in around the two giant boulders scheduled to protect the nascent V at Right-Angle Pool.

Rocks of more than 10 lbs. and less than 25 lbs. of any shape are desired.

As it turns out after a casual inspection of the rocky embankment down to the road along the river at my place, I have the potential for providing quite a few of the desired rock size, but I don't want to threaten the natural appearance of this environment by providing all the rocks needed.

Top: Robert rolls rocks near Hornet Corner.
Above: Cable and chain in hand, Clark consults with Terry.
Below: With the 4,000-pound rock in place from the February workday, is it time to move the pair of 2,000-pounders -- again?!

Having watched the preliminary excavations at a new residential development at Berryville, I had thought there might be an opportunity to sneak in after dark some night and procure the granite/karst rock needed. Unfortunately, having inspected the site quite carefully on Feb 23rd, no tempting rock piles remained. (Reminder for the future -- as with the shale piles early in the Redbud development which we accessed with the approval of the construction company -- get there early.)

In any event we hope to have a good crew on the 4th, or maybe the 5th, or some other date so stay tuned. Will discuss further at the meeting on the 3rd.

And a last-minute thought. If you happen to still have a Christmas tree waiting for disposal, bring it to the meeting. We use them for instream cover. (Mine has been residing on the deck awaiting this ultimate conservation resource use.)



Poet's Corner:
Poems selected
for the angler

With the Lark

by Paul Laurence Dunbar
 1872-1906
 U.S.A.



Ink wash portrait of Paul Laurence Dunbar by W. M. Prokopchak ©2020

Night is for sorrow and dawn is for joy,
 Chasing the troubles that fret and annoy;
 Darkness for sighing and daylight for song,—
 Cheery and chaste the strain, heartfelt and strong.
 All the night through, though I moan in the dark,
 I wake in the morning to sing with the lark.

Deep in the midnight the rain whips the leaves,
 Softly and sadly the wood-spirit grieves.
 But when the first hue of dawn tints the sky,
 I shall shake out my wings like the birds and be dry;
 And though, like the rain-drops, I grieved through the dark,
 I shall wake in the morning to sing with the lark.

On the high hills of heaven, some morning to be,
 Where the rain shall not grieve thro' the leaves of the tree,
 There my heart will be glad for the pain I have known,
 For my hand will be clasped in the hand of mine own;
 And though life has been hard and death's pathway been dark,
 I shall wake in the morning to sing with the lark.



Winchester TU Monthly “BarFly” Event
Wednesday, March 9th at 7:00 p.m.
Escutcheon Brewery, Commercial St., Winchester

The Winchester Chapter of Trout Unlimited will be gathering at Escutcheon Brewing in Winchester to offer anglers and **non-anglers** in our area the opportunity to learn about Trout Unlimited and to tie some fishing flies.

We hope all of you can attend our monthly “BarFly” at Escutcheon Brewery.



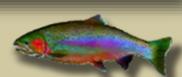
Winchester Trout Unlimited
BarFly
 7:00 p.m.
Wednesday, March 9
Escutcheon Brewery
Commercial Street



James ties his first Kreelex streamer.

No fly-tying or fly-fishing experience is necessary.

Please invite your friends. We hope to introduce more folks to the Winchester TU chapter and support a local business that supports WTU.



CLASSIFIEDS

Lateral Lines

call or email Bud

Materials Wanted

Help Wanted

Large Rocks

Attention !!!

Needed large rocks.
We are badly in need of rocks.

To fill in spaces !!

Rocks must weigh between 10 lbs. and 25 lbs.

Any shape.

Granite or Karst.

Rocks will be inspected to assure quality and size.

Please. No concrete.

Christmas Trees New or Used

Mature male seeks new or used Christmas trees for **UPSTREAM COVER.**

Must be 100% natural.

No tinsel
No lights or wire
No decorations
No presents

Pine, Fir, Spruce Preferred.

Must be legally acquired and freely donated by owner.

Aluminum Can Collector

Local aluminum can collector seeks replacement collector.

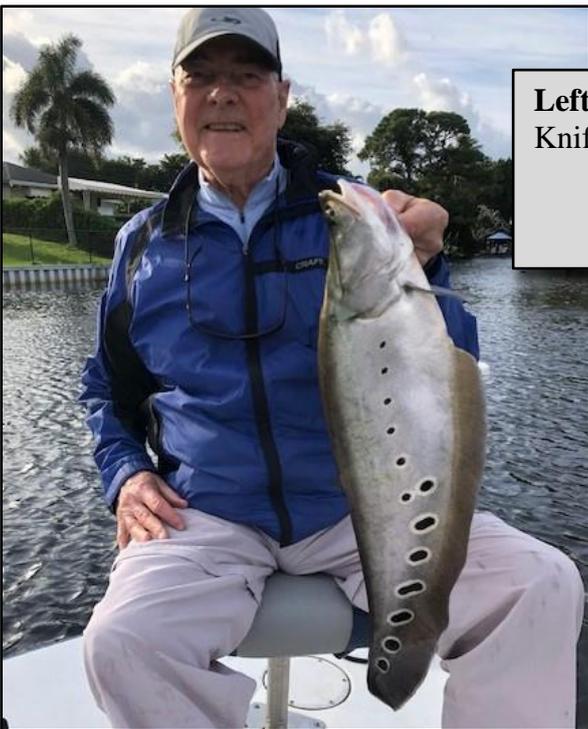
Must be highly motivated, honest, sober, and thrifty.

Drunkards and spendthrifts need not apply, although they produce the most aluminum.

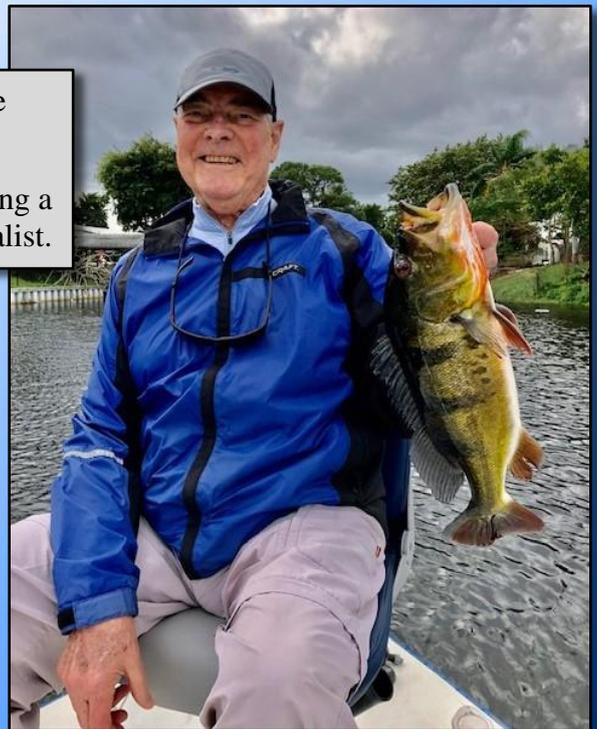
Duties are generally light, but personal transportation capable of hauling said aluminum is a requirement.

Serious applicants only.

Grover Fishes Florida: February 2022



Left: Grover lands a nice Knifefish.



Right: He's becoming a Peacock Bass specialist.

Winchester TU Recycles Aluminum.

Please **CONTINUE** to save your aluminum cans.

Bring your cans to any Winchester TU event.



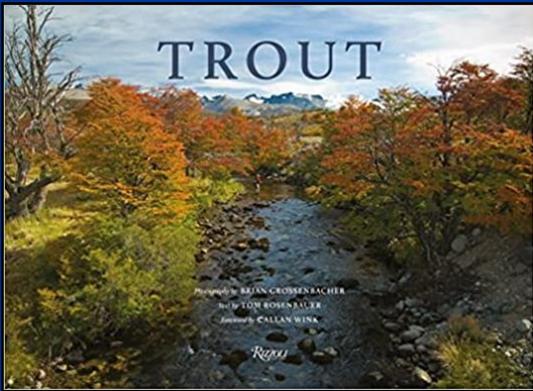
Barbara's Books

Compiled by Barbara Gamble

Trout

Author: Tom Rosenbauer
Hardcover: 208 pages
ISBN-10: 0847871371
ISBN-13: 978-0847871377
Publisher: Rizzoli
Publication Date: April 5, 2022

Through storytelling and stunning photography, this journey to the most iconic trout waters is as close to a firsthand experience as you can get -- without getting wet.



Trout takes us on a visually stunning tour of the finest trout waters -- from the big freestone rivers of the West to tailwaters and tiny creeks and springs.

Featuring photography from the Catskills to Patagonia, Appalachia to the Rockies and Pacific Northwest, this is a life's compilation of fly-fishing stories and photography.

Each section features a photo gallery and an accompanying essay -- fish tales -- told in Tom Rosenbauer's unmistakably authentic voice on subjects including big-river mysteries, boats, and guides, wading and solitude, flies, and the trout themselves. For the fly fisherman, this is an album of shared experiences that exist only on these magical trout waters.

Tom Rosenbauer was *Fly Rod & Reel's* 2011 Angler of the Year.

He has hosted fly-fishing shows on TV, and his podcast, "The Orvis Fly-Fishing Guide," is one of the most popular outdoor titles on Apple. He has worked with the Orvis Company for more than 40 years and is the author of more than 20 books on fly fishing and tying.

Brian Grossenbacher is, perhaps, the most celebrated contemporary outdoor photographer working today, after 18 years as a renowned fishing guide. Callan Wink is the author of *Dog Run Moon: Stories* and *August*. His stories and essays have appeared in the *New Yorker*, *Granta*, *Playboy*, and *Men's Journal*, among others. In the warm months, he lives in Livingston, Montana, where he is a fly-fishing guide on the Yellowstone River.

Sources: amazon.com and the publishers

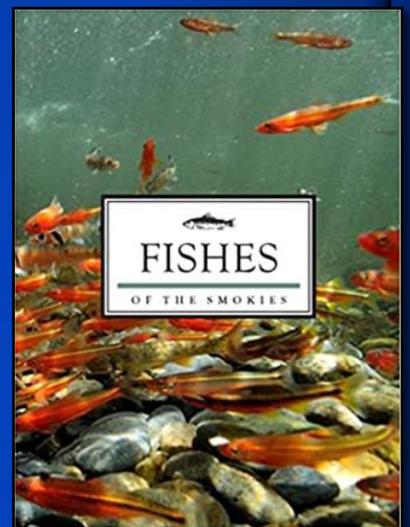
Fishes of the Smokies

Author: Grant Fisher
Paperback: 156 pages
ISBN-10: 0937207020
ISBN-13: 978-0937207024
Publisher: Great Smoky Mountains Association
Publication Date: March 15, 2022

Some 2,900 miles of rivers and streams flow through the Great Smoky Mountains, and just beneath the surface of these wild mountain waterways is a world swimming with fishes of all shapes and colors.

Grant Fisher's **Fishes of the Smokies** represents the most comprehensive field guide available to date devoted to identifying and describing the astounding aquatic biodiversity of Great Smoky Mountains National Park.

Fisher applies years of research and working experience as an employee of the national park as he describes each featured fish species with key information including habitat, diet, range, and ecological and cultural history.



Clean profile pages present each species in striking detail, while beautiful watercolor illustrations and vintage map and notebook textures woven throughout the compact field guide add warmth and a nod to the park's first naturalists.

Grant Fisher has spent years as an employee for the National Park Service in Great Smoky Mountains National Park. There, he conducted park-wide vital signs surveys of fish and aquatic insect species, helped restore populations of native Brook Trout, worked to systemically treat eastern hemlock trees against the infamous hemlock woolly adelgid, and removed exotic plant species from sensitive habitat areas in the Smokies.

Fisher earned a bachelor's degree in environmental studies from Carson-Newman University and a master's degree from the Department of Forestry, Wildlife, and Fisheries at the University of Tennessee in Knoxville. His master's work focused on determining the effect of stream restoration designs in urban environments on functional lift of aquatic insect and fish communities.

Sources: amazon.com and the publishers



"Fly Angler's Blues"

by Richard Chiappone

Drew Patterson recommends this article by his friend, Richard Chiappone. Since we were not able to get publication rights, LATERAL LINES is sharing the link to this story that appeared in FLY FISHERMAN magazine.

[A Fly Angler's Winter Blues - Fly Fisherman](#)



THE CIGAR SISTERS

by Lynn & Dora Butler
Iguana Papa
Candela Wrapper
Churchill 7X48

Lynn: I'm Lynn.

Dora: And I'm Dora. We are The Cigar Sisters...

Lynn: ...and we are celebrating **St. Patrick's Day** in the March edition of LATERAL LINES.

Dora: It all started a couple of weeks ago when Bill told us about the candela cigars he recently acquired.

Lynn: And we thought March would be the perfect time to try our very first candela cigars to celebrate the season. We are enjoying our candelas on a blustery winter day via a backyard FaceTime chat while we sit around our firepits that are hundreds of miles apart.

Dora: First off, we need to tell our readers what a candela cigar is and why it is the perfect cigar for **St. Patrick's Day**.

Lynn: The wrapper of a candela cigar is **GREEN**, of course. Perfect.

Dora: Candela cigars are somewhat rare now, but back in the 20th century, they were the best-selling cigars in The U.S.A.

Lynn: The **green** color comes from the processing. Most cigar tobacco is cured in a barn and gradually changes color from the natural **green** to the brown we are familiar with in most cigars.

Dora: To keep the **green** color from fading, tobacco that is going to be candela **green** is cured fast and hot -- really hot. Normal tobacco curing is done at typical barn temperatures. Aging tobacco for candelas is as high as 165° F. That's hot.

Lynn: Problem is the high temperature dries the tobacco and makes it brittle. So, what do they do? They need to rehydrate the tobacco to make it usable as a cigar wrapper.

Dora: Let's get started with our candela review. We both have an Iguana Papa Candela in Churchill.

Lynn: My Iguana has a light **green**-brown wrapper that has a mildly grassy aroma. The cigar feels slick and dry to the touch. It's beautifully constructed.

Dora: The wrapper seems to be as thin as onion skin, much thinner than the usual cigar wrapper leaf. I will need to be careful cutting this cigar so I'm going to use a brand new and very sharp cutter.

Lynn: I'm way ahead of you and have toasted and lit mine already. The first couple of draws aren't surprising because they echo the aroma of the unlit cigar. **Green** grass and tobacco with a bit of sweetness.

Dora: I agree. This cigar reminds me of matcha. What a **St. Patrick's Day** combination: Candela cigars and a **green** matcha tea cocktail. I wonder if there is such a thing? Lynn, let's plan to get together via FaceTime on **St. Pat's Day**. We will both find a candela...

Lynn: ...and we each will develop our own matcha cocktail. We will compare recipes to see which cocktail goes better with our Iguana. I can't wait.

Dora: I'm into my second third of this Iguana, and I'm picking up hints of spearmint -- just a hint.

Lynn: Me too. That's an interesting surprise. My cigar is burning perfectly and a little faster than other Churchill-size cigars. With the dry winter air and breeze, the wrapper is beginning to crack all over the place. This is a cigar for a hot, humid day.

Dora: Yep. The wrapper on mine is cracking, too. I'm going to move my Iguanas to a separate humidor a.k.a. plastic refrigerator tub with humidity way up there -- 72% or more to get more moisture into the candela wrapper.

Lynn: Down to the final third. This is a delightful cigar. Not serious at all. There's a creamy texture to the smoke, it is light on the nicotine, and the barest hint of mint helps it stay interesting. There aren't any flavor transitions.

Dora: So, Lynn, I will see you on **St. Patrick's Day** when we will compare matcha cocktail recipes, enjoy another Iguana candela, and dream of warmer weather all via FaceTime.



2022 Calendar of Events Winchester Trout Unlimited

See also

<http://winchestertu.org/>

March 2022

✓ Thursday 3 February 2022

5:30 -- Winchester TU dinner before the monthly meeting

7:00 -- Winchester TU monthly meeting

We have new meeting and dinner locations for the remainder of 2022. Both dinner and meeting locations are in the

Lake Frederick Community's Lodge

180 Bald Eagle Drive

Lake Frederick, VA 22630

We have reserved a number of seats for dinner, but it would be helpful if you could notify Wayne White (703-919-2952) in advance if you will be dining with us.

7:00 p.m. -- Winchester TU meeting in

"Rachel's Kitchen" located in the lower level of the building.

✓ Friday 4 March 2022 -- 10:00 a.m. Redbud Run workday

✓ Wednesday 9 March 2022 --7:00 p.m. - BarFly at Escutcheon Brewery

April 2022

✓ Meeting - Thursday 7 April 2022 -- 7:00 p.m. -- Lake Frederick Community's Lodge

Featured speakers: Wayne White & Phil Stevens on Winchester's Project Healing Waters

✓ Saturday 9 April 2022 -- Redbud Run workday -- Time to be announced later

✓ Wednesday 13 April 2022 --7:00 p.m. - BarFly at Escutcheon Brewery

May 2022

✓ Meeting - Thursday 5 May 2022 -- 7:00 p.m. -- Lake Frederick Community's Lodge

Featured speaker: Nathaniel (Than) Hitt of the U.S. Geological Service

✓ 6 & 7 May 2022 -- Tentative Trout in the Classroom Brookie Release Days

✓ Redbud Run workday -- Date and time to be announced later

✓ Wednesday 11 May 2022 --7:00 p.m. - BarFly at Escutcheon Brewery

June 2022

✓ Meeting - Thursday 2 June 2022 -- 7:00 p.m. -- Lake Frederick Community's Lodge

✓ Saturday 4 June 2022 -- Redbud Run workday -- Time to be announced later

✓ Wednesday 8 June 2022 --7:00 p.m. - BarFly at Escutcheon Brewery

July 2022

✓ No Winchester TU meeting in July

✓ July workday date and time will be announced later

✓ Wednesday 13 July 2022 --7:00 p.m. - BarFly at Escutcheon Brewery



The opinions expressed in *Lateral Lines* are those of the individual authors and are not necessarily those of Winchester Trout Unlimited or Trout Unlimited National.

All water sports, including fishing, and stream restoration activities have inherent dangers. Participation in all Winchester Trout Unlimited activities is at the participant's own risk and participants agree to hold harmless Winchester Trout Unlimited and its members. A responsible adult must accompany all minors.