



# Lateral Lines

The Monthly Journal of Winchester TU

Chapter #638

Angling is extremely time consuming. That's sort of the whole point. --Thomas McGuane

November 2021

Volume 26, Number 11



## Monthly TU meetings are back!

See below for details.

## BarFly is back !!!!

The Winchester TU BarFly at Escutcheon Brewery is set for Wednesday, November 10, at 7:00 p.m.

See you at the October 7 meeting.  
Bill Prokopchak, Newsletter Editor  
540-722-2620

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**November 4, 2021**

Our November 4 meeting  
7:00 p.m.

Shenandoah Valley Discovery Museum.  
19 West Cork Street, Winchester

Dinner before the meeting at 5:30 p.m. at the Cork Street Tavern, across the street from the Discovery Museum. Metered parking in Winchester is free after 6 p.m.



## Casting for Recovery Retreat

article and photo by Phil Stevens



On Sunday, 24 October, Winchester TU members, Drew Patterson and I acted as fly-fishing guides to the women of Mid-Atlantic Casting for Recovery.

There were 14 participants on Antietam Creek in Boonsboro, MD. The women were very enthusiastic anglers, and they all developed excellent casting skills. The weather was spectacular: sunny, warm, with gin clear water (which means the trout saw us coming).



The mission of Casting for Recovery is to enhance the lives of women with breast cancer by connecting them to each other and nature through the therapeutic sport of fly fishing.

Drew and I were honored to support that mission.

For more information about Casting for Recovery, please see their website at  
<https://castingforrecovery.org/>





# REEL RECOVERY REPORT

Article by Wayne White

Photos courtesy of  
Vic Brugh and Phil Stevens



Beautiful fall weather, great water, and aggressive fish made for perfect conditions for another Reel Recovery outing on the Rose River in Syria, Virginia, 18-20 October 2021.

Winchester Trout Unlimited Chapter members, Phil Stevens and I, enjoyed the privilege of supporting the Virginia Chapter of Reel Recovery at the recent retreat for military veteran and civilian cancer survivors which was the first event since the COVID pandemic suspended the outings two years ago.



Reel Recovery is a national non-profit with the mission to help men in the cancer recovery process by introducing them to the healing powers of the sport of fly-fishing, while providing a safe, supportive environment to explore their personal experiences of cancer with others who share their stories.

**Above:** Participants and Fishing Buddies pose for the traditional photo before heading to the stream.

**Left:** Wayne helps a Reel Recovery participant net his first fish caught on a fly rod.

As Fishing Buddies, Phil and I each guided one of the 14 participants for two days of trout fishing. The Rose River is easily accessible in the private water section of the Rose River Farm, and it provided exciting fishing for the men, most of whom never fished with a fly rod before.

**Right:** Here is a beautiful Brookie that Phil helped his participant catch on a Chubby Chernobyl Ant.



**"Reel Recovery"** continues on the next page.



## REEL RECOVERY REPORT -- continued



The “NBC Today Show” crew documents an interview with a participant on the stream.

Although fishing is realized as therapeutic by itself, Virginia Reel Recovery Director, Vic Brugh, often stressed that catching a fish is a significant bonus for the men. We met that mission, ensuring the fishermen landed several Rainbows and a nice Brookie during the two-day outing.

Adding to the excitement of this year’s only retreat in Virginia was the “NBC Today Show” crew that documented the event. The TV crew captured the men with their buddies on the stream, learning the art of fly fishing, and the joy of catching and landing some nice fish. The crew also interviewed some of the participants on their experiences in the program. NBC expects to air the piece in the third hour of the Today Show in November, actual date and time is to be determined.

Founded in 2003, Reel Recovery retreats include directed and professionally facilitated “courageous conversations.” These sessions provide the men with a unique opportunity to share their personal stories, form lasting friendships, and gain renewed hope as they confront the challenges of cancer.

The Virginia Chapter of Reel Recovery will conduct two retreats next year in May and in October. If you are interested in volunteering and experiencing the motto of Reel Recovery -- Be Well! Fish On! -- you can contact Reel Recovery at <http://reelrecovery.org/>



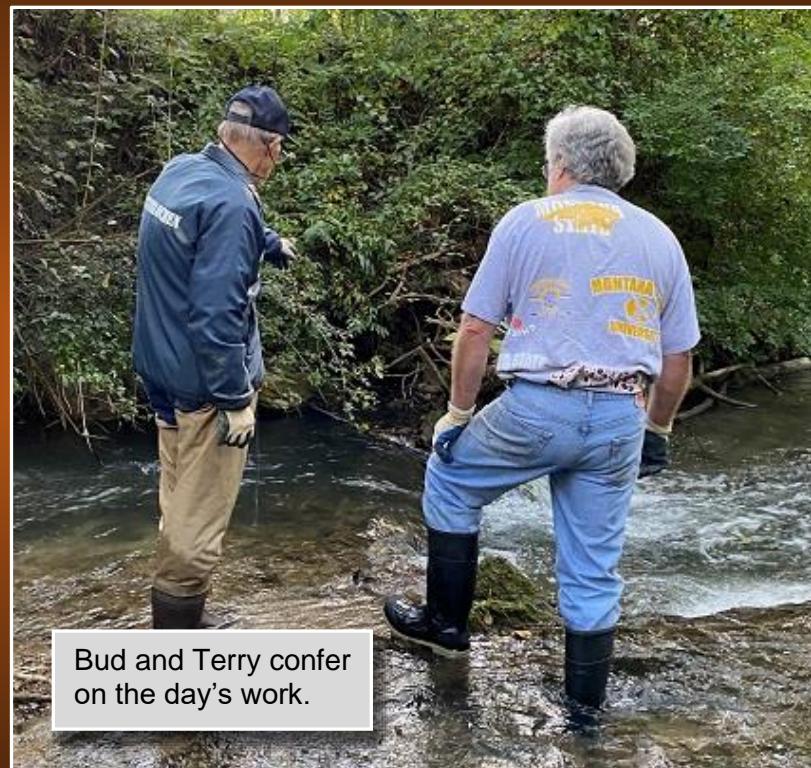
### Bud on the Run: October Redbud Run Report and Plans for the November 6 Workday

by Bud Nagelvoort

photos by Bill Prokopchak

Terry, Bill, Clark, and Bud started the morning on a delightful note with beautiful weather on October 2<sup>nd</sup> at Seipels’ stretch of Redbud Run. The conversation was positive, the hornets were absent, the stream flow was good – and clear, the major task was also good and clear. But.

With Bill’s truck and winch lined up in the pasture, with Terry’s installation of a newer strap on a giant boulder along with an extension on a smaller rock at the downstream rock warehouse, with a carefully thought-out upstream destination for both rocks and the cable turning block in place above the natural V which was the destination for the boulders as the likely final big boulder touch to complete the project, Bill turned on the winch at his well-anchored truck.



**“Bud on the Run” continues on the next page.**

## Bud on the Run -- continued

**by Bud Nagelvoort**

photos by Bill Prokopchak

The boulders moved about ten feet. They stopped moving and tension built on the cable system. Suddenly the cable went slack.

To make a long story short, the long cable hook-up came apart. While Bud's cable had three U bolts holding its hook in place, three turned out to be at least one U bolt short. No tragedies were involved, but when the hook came loose at a location far removed from human eye it disappeared to some unknown and undiscovered location in the pasture.



Not having a replacement hook on site terminated the planned effort for the morning. To avoid a total loss of time, we moved several smaller boulders to streamside with just Bill's winch and called it a day.



**Above:** Two tons of rock provide erosion control on the north side of Redbud Run, just upstream from Hornet Corner.

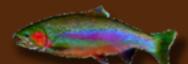
**Left:** Terry and Clark assist Bud as he carefully spools his long cable into its carrying case.

**Below:** Terry and Clark **continue** to assist Bud as he carefully spools his long cable into its carrying case. Careful storage minimized damage to the cable and maximizes ease of extraction next time.

But be prepared for a second crack at the completion goal on November six with possession now of a new hook and several more U-bolts. No weather forecast yet, but it is time to start efforts an hour later to avoid frost injury so let's make it 10 AM at Seipel's pasture.

To add an additional motivation for involvement Bud spent an hour with the flyrod the evening of October 15 making a few casts at the bridge at Woods Mill Road, then at the big pool, and hooked two small rainbows! So, the evidence of natural reproduction continues.

Any change of plans will be communicated the evening of November 5 or at the meeting on the 4<sup>th</sup>.



## Barbara's Books

### Compiled by Barbara Gamble

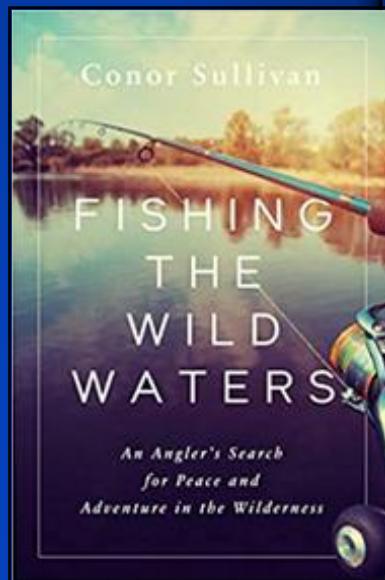
#### **Fishing the Wild Waters: An Angler's Search for Peace and Adventure in the Wilderness**

**Author:** Conor Sullivan  
**Hardcover:** 280 pages  
**ISBN-10:** 1643138316  
**ISBN-13:** 978-1643138312  
**Publisher:** Pegasus Books  
**Publication Date:** December 7, 2021

**Fishing the Wild Waters** invites us to traverse America and visit three distant and distinct dream destinations for any serious angler -- and anyone who aspires to someday become one. Sullivan's marvelous debut illuminates the often-profound nature of fishing as a vehicle that connects those who practice it with reverence to a world beyond the one humans created.

As we travel along with Sullivan, he reveals what goes into the pursuit of select fish in the region with humor and personal stories as well as deep knowledge.

Hawaii, Alaska, and New England are some of the last frontiers of fishing in America. They are full of danger, big fish, and extraordinary adventure.



To fish these places is to reach back and stand alongside the First Nations of fishermen -- our ancestors who lived there for thousands of years before us -- as well as those early Americans who built this country using species like cod as their currency.

These cultural and fishing outposts will tell us something if we can just be quiet and listen. To hear that message requires an intrinsic respect for these ancient fishing grounds and our connection to them. This mindset is in lockstep with a growing movement of anglers who fish these wildest of waters as a way to turn down the noise of modern living and tune into their fundamental, hands-on relationship with the sea, finding not only the solace, but the sustenance the fish provides to those who take the time to learn its lessons. Plus, filling a freezer with the world's healthiest protein just feels right.

By turns funny, thrilling, and lyric, **Fishing the Wild Waters** celebrates these special places where each fisherman can pull back the curtain, connect to the sea, and gaze into their own soul – the soul of a fisherman.

A lifelong outdoorsman, writer, artist, and lure craftsman, Conor Sullivan holds a Bachelor's in Marine Science from the U.S. Coast Guard Academy, a Master's in Marine Affairs from the University of Rhode Island, as well as a 200-ton Master Mariners license. As a Coast Guard Officer, he served in numerous leadership positions, including as the Commanding Officer of the North Pacific Regional Fisheries Training Center in Kodiak, Alaska, and as the Captain of a Coast Guard Cutter in the North Atlantic, specializing in fisheries conservation, search and rescue, and maritime law enforcement. When not on the water, you can catch him on social media @sullivanlures.

Sources: amazon.com and the publishers

#### **The Nature of Tomorrow: A History of the Environmental Future**

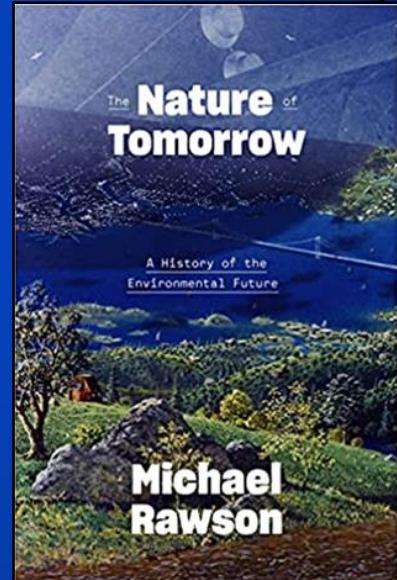
**Author:** Michael Rawson  
**Hardcover:** 248 pages  
**ISBN-10:** 0300255195  
**ISBN-13:** 978-0300255195  
**Publisher:** Yale University Press  
**Publication Date:** November 23, 2021

**The Nature of Tomorrow** is an examination of how Western visions of endless future growth have contributed to the global environmental crisis.

For centuries, the West has produced stories about the future in which humans use advanced science and technology to transform the earth. Michael Rawson uses a wide range of works that include Francis Bacon's *New Atlantis*, the science fiction novels of Jules Verne, and even the speculations of think tanks like the RAND Corporation to reveal the environmental paradox at the heart of these narratives: the single-minded expectation of unlimited growth on a finite planet.

Rawson shows how these stories, which have long pervaded Western dreams about the future, have helped to enable an unprecedentedly abundant and technology-driven lifestyle for some, while bringing the threat of environmental disaster to all.

Adapting to ecological realities, he argues, hinges on the ability to create new visions of tomorrow that decouple growth from the idea of progress.



"Rawson illustrates brilliantly how discussions of climate change are wedded to past visions of unlimited growth in which scarcity (peak soil, peak population, peak coal, peak oil) would be only a temporary obstacle to overcome." —Kate Brown, Massachusetts Institute of Technology

Michael Rawson is professor of history at Brooklyn College and the Graduate Center, City University of New York. He is the author of *Eden on the Charles: The Making of Boston*, which was the recipient of numerous awards and a finalist for the Pulitzer Prize.

Sources: amazon.com and the publishers



#### **Winchester TU Recycles Aluminum.**

**Please CONTINUE to save your aluminum cans.**



**Bring your cans to any Winchester TU event.**

# THE CIGAR SISTERS

by Lynn & Dora Butler

Joya de Nicaragua JOYA RED  
Wrapper, binder, & Filler all Nicaraguan  
6X52 Toro

Lynn: I'm Lynn.

Dora: And I'm Dora. We are The Cigar Sisters.

Lynn: And we have a very special cigar for you on this very special evening.

Dora: We do indeed on both counts. More about the special evening later. Let's talk cigar talk.

Lynn: This Joya Red is a lovely cigar. It has a medium-dark brown, slightly toothy wrapper.



Dora: It has a gorgeous, fermented-tobacco aroma right out of the package. This is a new cigar for us and, truth is, we have not even heard of it before. My tobacconist recommended it to me a few weeks ago.

Lynn: What a wonderful aroma: dry straw and fermented tobacco. Lovely, lovely.

Dora: On light up my first impression is of green grassy notes. Just a tiny hint of spearmint way in the background. You have to really think about it, but the spearmint is there.

Lynn: Yes. Fresh-mowed green grass, a little sweetness in there like you would get with freshly mowed grass. Very pleasant. At the moment, not a flavor powerhouse. Very pleasant. Very subtle.

Dora: This is a beautifully constructed cigar. The pack is just a little bit light of perfect. The wrapper is flawless, hardly a vein, and I can barely see the seams. The draw is just about perfect.

Lynn: The smoke output is huge. It is burning almost razor sharp, and the ash looks like a stack of dimes.

Dora: OK. We are well into the first third of this cigar and I haven't had any flavor transitions. Still the same green grass with that tiny, tiny bit of mint way in the background to keep it interesting.

Lynn: This isn't a flavor bomb, just a nice mellow cigar.

Dora: We are into the second third of this cigar, now. It is a long-smoking cigar! It's been an hour and I'm only halfway through. This is going to be a nice long smoke. The flavor profile hasn't changed much from the beginning.

Lynn: This is a very pleasant cigar. The Joya Red is one for the novice smoker or one who doesn't like strong flavors in a cigar or strong nicotine. This would be a great cigar to give out at a wedding, a christening, a celebration of any kind. Just a good, well-made cigar.

Dora: Perfect burn. Long-smoking cigar; stays lit even at one or two draws a minute. It's just very nice.

Lynn: Getting into the final third. The mint is still way in the background, but a little more pronounced. A hint of nuttiness is coming in, too.

Dora: The quality of construction is amazing. The ash just hangs on and on, showing that it is made with long filler. It burns remarkably cool, too. I can smoke this cigar down to the nub. I'm getting the nuttiness you talked about, Lynn. It seems to be replacing the mint.

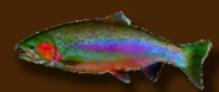
Lynn: More important than the cigar, Dora, is enjoying this time with my best friend under an evening sky filled with stars on this gorgeous autumn evening. Jupiter is dominant in the sky marking the ecliptic. Slightly off to the west of that we have Saturn.

Dora: Directly overhead we have the constellation Cygnus, tucked up in the middle of the Milky Way which is cutting across the sky from west to east.

Lynn: We are here in Dora's back yard -- must be 200 acres in a remote little valley with a great view to the east with nothing but trees on the skyline.

Dora: That nuttiness has come forward a bit, now that we are well into the final third. That's been the only real flavor transition, but I still love this cigar.

Lynn: The Joya Red is not remarkable in any way, except that it is delightful.





Whether you tie flies or not, Winchester TU BarFly is the place to be at 7:00 p.m. the second Wednesday of every month.



## LETTERS TO THE EDITOR

### Smallie Fishing

21-inch fat football.

11 in the boat this am, including an 18" largemouth and an 18" smallie. 58 for the week! Doesn't get any better

Fred Boyer  
Frederick Co. VA



### Yamazaki Whiskey Review

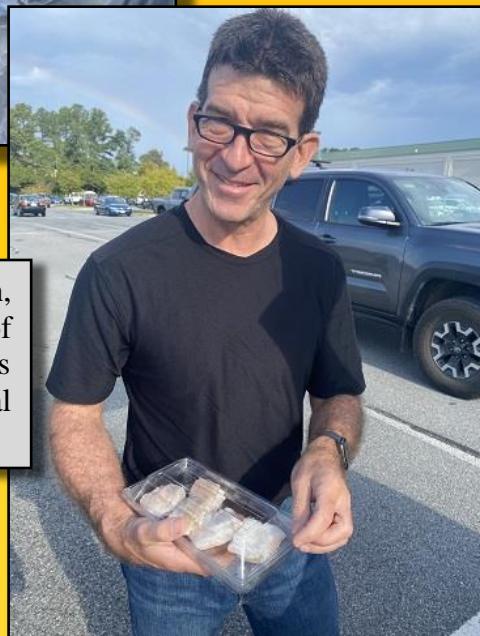
Great whiskey article.  
Makes me want to run out  
and find a bottle of  
Yamazaki 12.  
Phil Stevens  
Loudoun Co, VA



## Winchester Trout in the Classroom by Lisa LaCivita



As she has done for many years, WTU Brookie Egg Coordinator, Lisa LaCivita organized the Brookie egg packets for our chapter and distributed the eggs to her team members.



Brookie Egg Delivery Man, Dave Juth, has his packets of Brookie eggs, and he is on his way to deliver them to local schools.

### The Brookies are in the Tanks

Trout in the Classroom (TIC) continues for the 2021-2022 academic year with twelve schools and the Shenandoah Valley Discovery Museum participating.

Trout eggs were delivered on September 28 thanks to our volunteers (see below). The eggs have hatched, and the fish will be raised and studied until next spring (or summer) and their eventual release. Thank you to all egg deliverers past, present, and future that help make this program possible.

#### Egg Deliverers 2021

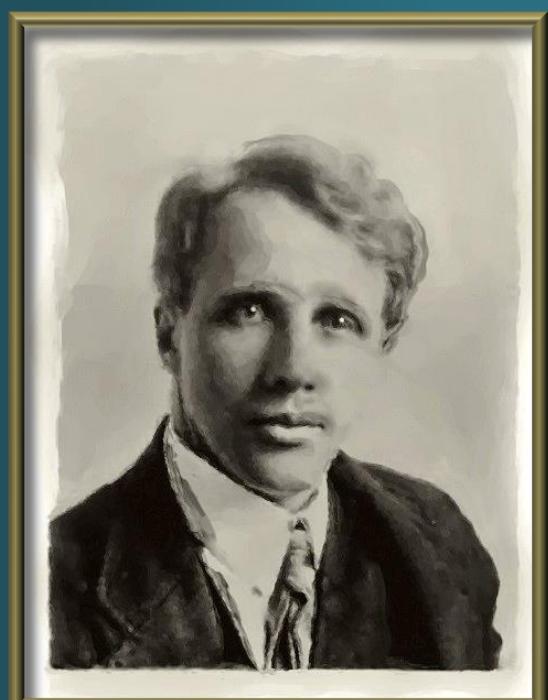
|                 |              |
|-----------------|--------------|
| Grover Czech    | Dave Juth    |
| Lisa LaCivita   | Rick Mabe    |
| Bill Prokopchak | Phil Stevens |



## Poet's Corner: Poems selected for the angler

### My November Guest

by Robert Frost  
1874-1963  
U.S.A.



Ink wash portrait of Robert Frost as a young man by W. M. Prokopchak ©2021



My sorrow, when she's here with me,  
Thinks these dark days of autumn rain  
Are beautiful as days can be;  
She loves the bare, the withered tree;  
She walks the sodden pasture lane.

Her pleasure will not let me stay.  
She talks and I am fain to list:  
She's glad the birds are gone away,  
She's glad her simple worsted grey  
Is silver now with clinging mist.

The desolate, deserted trees,  
The faded earth, the heavy sky,  
The beauties she so truly sees,  
She thinks I have no eye for these,  
And vexes me for reason why.

Not yesterday I learned to know  
The love of bare November days  
Before the coming of the snow,  
But it were vain to tell her so,  
And they are better for her praise.

# 2021-2022 Calendar of Events

## Winchester Trout Unlimited

All scheduled WTU events are  
**tentative** due to COVID-19.

See also

<http://winchestertu.org/>

### November 2021

- ✓ Thursday 4 November 2021 -- 7:00 p.m. -- **Winchester TU will meet at the Shenandoah Valley Discovery Museum** -- See page 1 of this newsletter for details.
- ✓ Saturday 6 November 2021 -- 10:00 a.m. - Redbud Run workday
- ✓ Wednesday 10 November 2021 --7:00 p.m. - BarFly at Escutcheon Brewery

### December 2021

- ✓ Thursday 2 December 2021 -- 7:00 p.m. -- No monthly meeting in December
- ✓ Saturday 4 December 2021 -- Redbud Run workday -- Time to be announced later
- ✓ Wednesday 8 December 2021 --7:00 p.m. - BarFly at Escutcheon Brewery

### January 2022

- ✓ Thursday 6 January 2022 -- 7:00 p.m. -- **Winchester TU will meet at the Shenandoah Valley Discovery Museum**
- ✓ Saturday 8 January 2022 -- Redbud Run workday -- Time to be announced later
- ✓ Wednesday 12 January 2022 --7:00 p.m. - BarFly at Escutcheon Brewery

### February 2022

- ✓ Thursday 3 February 2022 -- 7:00 p.m. -- **Winchester TU will meet at the Shenandoah Valley Discovery Museum**
- ✓ Saturday 5 February 2022 -- Redbud Run workday -- Time to be announced later
- ✓ Wednesday 9 February 2022 --7:00 p.m. - BarFly at Escutcheon Brewery

### March 2022

- ✓ Thursday 3 March 2022 -- 7:00 p.m. -- **Winchester TU will meet at the Shenandoah Valley Discovery Museum**
- ✓ Saturday 5 March 2022 -- Redbud Run workday -- Time to be announced later
- ✓ Wednesday 9 March 2022 --7:00 p.m. - BarFly at Escutcheon Brewery

### April 2022

- ✓ Thursday 7 April 2022 -- 7:00 p.m. -- **Winchester TU will meet at the Shenandoah Valley Discovery Museum**
- ✓ Saturday 9 April 2022 -- Redbud Run workday -- Time to be announced later
- ✓ Wednesday 13 April 2022 --7:00 p.m. - BarFly at Escutcheon Brewery

### May 2022

- ✓ Thursday 5 May 2022 -- 7:00 p.m. -- **Winchester TU will meet at the Shenandoah Valley Discovery Museum**
- ✓ Saturday 7 May 2022 -- Redbud Run workday -- Time to be announced later
- ✓ Wednesday 11 May 2022 --7:00 p.m. - BarFly at Escutcheon Brewery



The opinions expressed in *Lateral Lines* are those of the individual authors and are not necessarily those of Winchester Trout Unlimited or Trout Unlimited National.

All water sports, including fishing, and stream restoration activities have inherent dangers. Participation in all Winchester Trout Unlimited activities is at the participant's own risk and participants agree to hold harmless Winchester Trout Unlimited and its members. A responsible adult must accompany all minors.