

# Lateral Lines

The Monthly Journal of Winchester TU  
Chapter #638

I was addicted to the "Hokey Pokey". Luckily, I turned myself around.

November 2019

Volume 24, Number 11

TROUT UNLIMITED  
WINCHESTER  
VIRGINIA  
CHAPTER 638

Next meeting is Thursday,  
November 7, 2019

5:00 p.m. Dinner  
Donato's Touch of Italy  
1361 N Frederick Pike  
Winchester

7:00 p.m. Meeting  
Winchester Red Cross  
561 Fortress Drive  
Winchester



See you at the meeting on Thursday, November 7, 2019  
Bill Prokopchak, Newsletter Editor  
540-722-2620

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## Trout in the Classroom (TIC) News by Lisa LaCivita

✓5,600 Eggs in 19 Baskets !



**Above:** Mike Wolf, TIC teacher at Orchard View Elementary School, opens a packet of Brook Trout eggs and prepares to place them in the brood basket of the school's cold-water aquarium. Photo by Bill Prokopchak

The 2019-2020 Trout in the Classroom Program, sponsored by the Winchester Chapter of Trout Unlimited, is under way!

Thirteen TU chapter volunteers collected rocks and/or delivered brook trout eggs (*Salvelinus fontinalis*) to 16 schools and the Shenandoah Valley Discovery Museum.

28 Packets of 200 eggs will go into baskets in 19 tanks in the City of Winchester; Frederick, Shenandoah, Clarke Counties of Virginia; and Jefferson and Morgan Counties of West Virginia.

This is the 15<sup>th</sup> year that the Winchester Chapter of Trout Unlimited has sponsored the Trout in the Classroom Program! It is appropriate to acknowledge Mark Zimmerman, who wrote the original grant, and Carl Rettenberger who together with Mark, visited each school and helped them set up their tanks.

For years, Mark & Carl would help with tanks at the beginning of each school year, in advance of egg delivery. Without their dedication and persistence, we would not be celebrating 15 years of success with the TIC program today. Thanks, and gratitude to Mark & Carl as well as numerous other chapter members who have helped with this effort over the years.

"Trout in the Classroom News" continues on the next page.

# Trout in the Classroom (TIC) News by Lisa LaCivita 35,600 eggs in 19 Baskets ! -- continued



**Left:** Britt Miller's students enjoy the excitement of opening their first pack of Brookie eggs. Photo by Bill Prokopchak  
**Above:** Woodstock's Central High School students prepare to place Brookie Eggs into their cold-water aquarium. Photo courtesy of Sandra and Galen Hart

Raising native Brookies in school classrooms, helps to engage students and raise understanding of aquatic ecology, habitat thresholds, and water quality.

When students release the fish that they have helped raise, they get to experience an aquatic habitat, be outdoors, and gain first-hand knowledge of the importance of riparian vegetation and its role in preserving water quality. It is quite likely that the TIC Program is inspiring future generations of anglers and conservationists.

A giant THANK YOU to the chapter volunteers who made this year's program possible and to Brittany Miller, the TIC Coordinator!

- |                 |               |
|-----------------|---------------|
| Rod DeArment    | Seth Coffman  |
| Galen Hart      | Sandra Hart   |
| Stan Ikonen     | Bruce Johnson |
| Dave Juth       | Lisa LaCivita |
| Bud Nagelvoort  | Mike Nemeč    |
| Bill Prokopchak | Ray Schmidt   |
| Phil Stevens    |               |

**Editor's Note:** A giant thanks goes to Lisa LaCivita who coordinated the Brookie egg delivery so that every participating school would get fresh eggs for its cold-water aquarium.

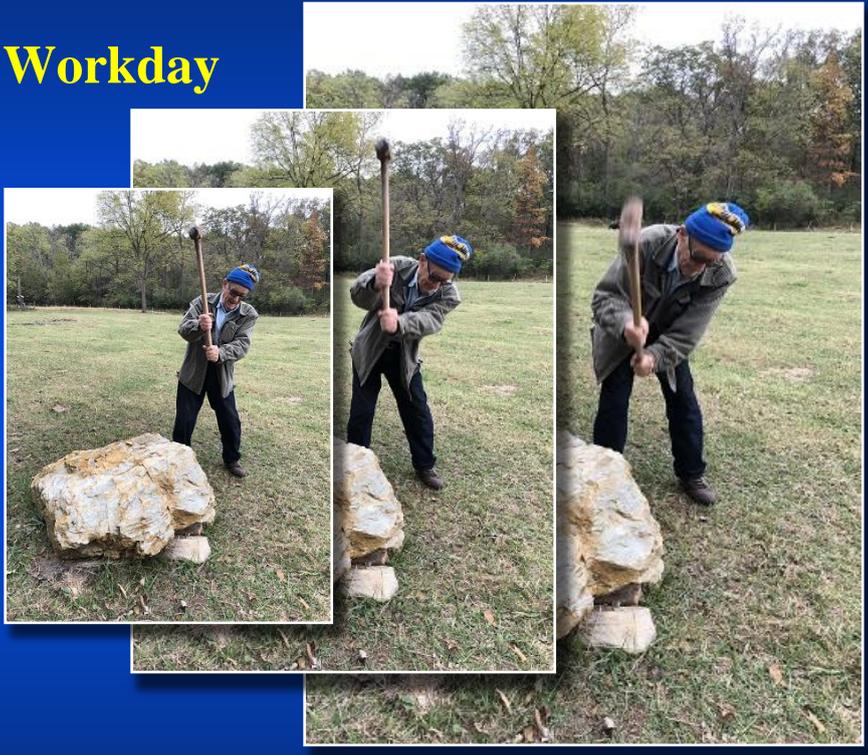


## Bud on the Run: Update on the October Workday at Redbud Run and Plans for the November Workday

by Bud Nagelvoort  
photos by Bill Prokopchak

With the aid of winch, chain, cable, pry bar, and muscle, Terry, Bill, and Bud managed to move the last few (and biggest, I might add) of the rocks that had once resided in the middle of the pasture at Redbud Run.

**Right:** Bud tears into the biggest of the bunch. By hammering notches on opposite sides of this 600-pounder, using only his ancient hammer, Bud made certain that the chain would hold as we dragged this rock to water's edge.



"Bud on the Run" continues on the next page.

## Bud on the Run: Update on the October Workday at Redbud Run and Plans for the November Workday -- continued

by Bud Nagelvoort

photos by Bill Prokopchak

Because of Steelhead Week at Erie and other absences, do we need to change date to Nov. 16?

The challenge on the November 9<sup>th</sup> (or the 16<sup>th</sup>) will be to have at least 3 sets of muscles in chest waders to cajole big boulders into their final resting place that were cabled into the stream on October 3 by Terry, Bill, and Bud.

The final product will be an underwater inverted V designed to divert flows to mid-stream only during low flows, but creating a flushing effect to protect and support deep water and fish cover during normal and high flows, and protect bank and island from erosion.

I'll try to work out a design sketch for the meeting on the November 7<sup>th</sup>.

With the time change and hopefully no snow, it should be a good-exercise event from 9 till noon.



**Left:** Bud and Terry wrap the chain around the final rock of the day.

**Above:** Terry uses muscle and iron to move the final rock the final inches.



## Winchester TU Monthly "BarFly" Event Wednesday, October 13<sup>th</sup> at 7:00 p.m.

**Escutcheon Brewery, Commercial St., Winchester**

The Winchester Chapter of Trout Unlimited will be gathering at Escutcheon Brewing in Winchester to offer anglers and **non-anglers** in our area the opportunity to learn about Trout Unlimited and to tie some fishing flies.

We hope all of you can attend our monthly "BarFly" at Escutcheon Brewery.

The brewery and tasting room are located at  
**142 W. Commercial St.  
Winchester, VA**



No fly-tying or fly-fishing experience is necessary.

Please invite your friends. We hope to introduce more folks to the Winchester TU chapter and support a local business that supports WTU.



## Winchester TU 2018 Speaker Schedule

Mark your calendar now and plan to hear all of these presentations.

**January 2<sup>nd</sup> - Wayne White**

Sweetwater Guide School and WTU Chapter member Wayne White recently attended the Sweetwater Fly Fishing Guide School in Greycliff, Montana as a Project Healing Waters volunteer. Wayne will talk about his experience in the week-long fly-fishing certification course that will include some beautiful scenery and action fishing shots as well as tips on fishing tactics, techniques, and procedures that will benefit local Project Healing Waters Chapters.



**February 6<sup>th</sup> -**

Nathaniel Hitt, PhD, research biologist for the US Geological Survey will be back! Than will talk about Brook Trout health and welfare in our region.

Photo courtesy of USGS

**March 5<sup>th</sup> -**

Art Overcash will be here to teach all of us how to ty the "Humpy" dry fly. Art has been tying flies since he was a youngster and continues to teach fly tying to youth, seniors, and everyone in between.

Photo courtesy of Potomac Valley Fly Fishers



**In Negotiations:**

**We are working on a dates for the following presentations**

- Other wild critters that inhabit the hills and hollows here in Virginia.
- An encore presentation of Lisa LaCivita's "Frederick County Frogs: What are they telling us and why should we care?"

If you have an idea for a Winchester TU meeting speaker, please let me know. We are always looking for great programs on topics of interest to the fly angler.



## PHW Update: October 2019

*Fly fishing event at USGS Leetown, WV*  
by Sandra Hart



**Left:** Frank Roach, host of the Project Healing Waters outings for Martinsburg Veterans Center, is honored by PHW and the director of the Martinsburg Veterans facility.

### Photo Gallery

Veterans from the VA facility in Martinsburg, WV, with their fly-fishing guides, try their luck from the bridge and the bank at the pond near Leetown, WV, in October.



**Anyone interested in assisting with classes please contact:**

Program Lead -- Phil Stevens, [phillip.h.stevens@projecthealingwaters.org](mailto:phillip.h.stevens@projecthealingwaters.org) , 703-380-4088;  
Assistant Program Lead -- Wayne White, [wmwusar99@gmail.com](mailto:wmwusar99@gmail.com), 703-919-2952

Learn more about Project Healing Waters Fly Fishing, Inc., at <https://projecthealingwaters.org/>

Visit the Martinsburg Chapter Facebook  
[https://www.facebook.com/ProjectHealingWatersOfMartinsburgWestVirginia/?epa=SEARCH\\_BOX](https://www.facebook.com/ProjectHealingWatersOfMartinsburgWestVirginia/?epa=SEARCH_BOX)

Learn more about BCR at <http://www.bouldercrestretreat.org/theretreat>

Project Healing Waters Fly Fishing, Inc. is dedicated to the physical and emotional rehabilitation of disabled active military service personnel and disabled veterans through fly fishing and associated activities including education and outings.



## Barbara's Books

Compiled by Barbara Gamble

### *The Feather Bender's Flytying Techniques: A Comprehensive Guide to Classic and Modern Trout Flies*

**Author:** Barry Ord Clarke  
**Hardcover:** 256 pages  
**ISBN-10:** 1510751505  
**ISBN-13:** 978-1510751507  
**Publisher:** Skyhorse  
**Publication Date:** November 26, 2019

A comprehensive, lavishly illustrated guide to tying popular trout flies.

This book is aimed at all fly tyers, from those with modest experience to those with more advanced skills. The author's intention is to focus on certain important elementary techniques, and then share some of his favorite contemporary twists on old, tried-and-true techniques. Many of the flies in this book are based in his own techniques and patterns, ones that he has developed in more than thirty-five years of tying.

The book is arranged in sections to give readers the opportunity to easily locate the pattern or technique they are looking for. Patterns are not grouped alphabetically, but by technique. For example, the section on dry flies has categories demonstrating a particular dry fly style or technique such as mastering the use of deer hair, parachute, CDC, and so on.

If you are fairly new to fly tying, the opening chapters on materials and special techniques and tricks will familiarize you with some basics and help you get started. Seasoned tyers will similarly find information here to help them raise their tying skills to a new level.

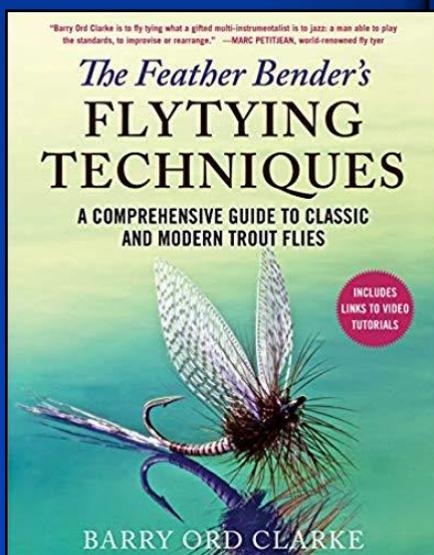
Each pattern is listed with a recipe, recommended hook style, size, and materials. They are listed in the order that that author uses them, and illustrated by the book's step-by-step images. This will help you plan each pattern and assemble materials your beforehand.

Included are lushly illustrated photos for such well-known trout flies as:

Pheasant tail nymph  
 Klinkhamer  
 Humpy  
 Deer Hair Irresistible  
 CDC Mayfly Spinner  
 And much more.

A special feature of this one-of-a-kind books is that its the first tying book to have a video link for all the patterns featured. Watch the author tying online, then turn to the matching chapter in the book to follow the step-by-step instructions so that you can tie your own fly in your own time. Author Barry Ord Clarke will respond online to your questions.

Sources: amazon.com and the publishers



### *365 Fly Fishing Tips*

**Author:** Skip Morris  
**Paperback:** 344 pages  
**ISBN-10:** 0811737853  
**ISBN-13:** 978-0811737852  
**Publisher:** Stackpole Books  
**Publication Date:** December 1, 2019

Fly fishers are always looking for useful, reliable, and trustworthy tips to improve their fishing. Veteran author and fly angler Skip Morris gives a year's worth of practical tips for taking trout, large and smallmouth bass, and panfish from streams and lakes in a handy, easy-to-read and grasp format.

Tips include info on casting, finding fish, rigs and strategies for using them, techniques, the right tackle, knots, hooking, playing and landing fish, releasing, fishing lingo and terms, and staying safe. For further help, the tips are illustrated with instructive line drawings and color photos.

Skip Morris's *365 Fly Fishing Tips for Trout, Bass, and Panfish* is packed full of great tips for beginner, intermediate, and advanced anglers. What makes this book great is the wide-ranging application to all fish species found in the U.S., not just trout. This well-organized and easy-to-read fly fishing manual should be on everybody's bookshelf. -- George Daniel, author of *Dynamic Nymphing and Strip Set*.

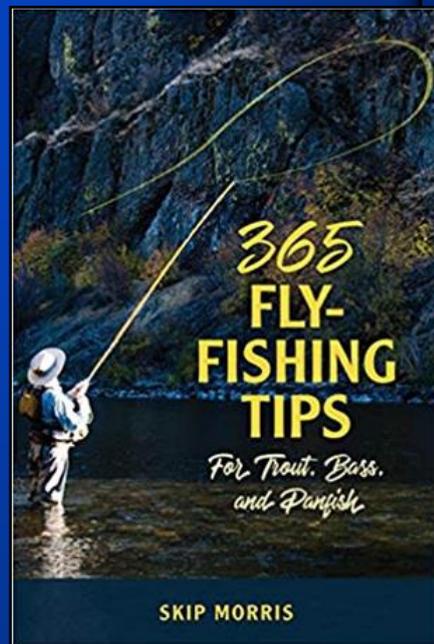
It's rare to find an author with the breadth and depth of experience that Skip Morris has, much less the knack for sorting jargon into detailed and useful cues.

*365 Fly Fishing Tips for Trout, Bass, and Panfish* parts the clouds for beginners and clears the haze for experts.

Skip Morris, friends, has figured it all out. -- Marshall Cutchin, editor and publisher of *MidCurrent*.

Skip Morris is a full-time fly-fishing author and speaker who has published dozens of books on fly tying and fly fishing. Among them, his *Fly-Tying Made Clear and Simple* has become the standard beginner's fly-tying guide. Skip lives with his photographer/illustrator wife, Carol, on Washington's Olympic Peninsula.

Sources: amazon.com and the publishers



**Winchester TU  
 Recycles Aluminum.**

**Please bring your  
 aluminum cans to any  
 Winchester TU event.**



# From the Archives of Winchester Trout Unlimited

by Carl A. Kettenberger

Our old friend, Carl, published this article in *LATERAL LINES* back in July 2002.

Well, here we are friends, half way through another year and in the heat of the summer. ----- I know you all remember me telling you about fishing Seneca creek from the bottom up and the long hike up to the prime waters above the falls. Well, Eric Shockey and I had the brilliant idea about attacking it from the top down. We heard it was do-able, and that was good enough for us.

It took the normal two hours for us to get to Petersburg and another 15 minutes or so to reach our turn-off leading us up and over the mountains towards Spruce Knob Lake. We didn't clock it, but it had to be at least a thousand miles up this dusty bumpy stone road to our point of debarkation.

Somehow, I lucked out and it was Eric's turn to drive. Well, we left a newly washed red truck and came back with a gray one. Didn't bother me any – like I said, it was Eric's turn to drive.

We had no idea of where we would find the trail leading us down to the creek, but had no problems finding it when we got there. Our first clue was the dozen cars parked alongside the road and the second was this big sign that said "Seneca Creek Trail". This didn't bother us any: we figured the cars belonged to hikers and campers, which for the most part turned out to be true. Okay, so we left Winchester at 0600 hours and finally started our trek down this well-worn trail at 0900.

We walked and walked down this well-worn trail (with the operative word being "down"), for an hour and a half --- and at 1030 hours we were ready to start fishing.

Eric was fishing a size 18 Caddis and I started out with a size 26 parachute Adams. If you ever tried tying a size 26 parachute Adams, this whole story wouldn't seem as bizarre. Eric caught a nice eight-inch Brookie on his first cast, and I managed a nice eight-inch wild rainbow on mine.

We continued working our way upstream for the rest of the day, catching various size wild rainbows. The water wasn't as scenic along this part of the creek as it was below, but the one thing it didn't lack was fish. By now, the creek was really getting small; however, all you had to do was hit the water and you could catch trout. Some of the pools were as small as a sink, let alone a bathtub, but the fish called it home.

By now it was 1600 hours and we figured we had best start the long walk up (with the operative word being "up"), along this well-worn trail that we had just traversed that morning. Well, we walked and we walked what seemed like forever, but this time we were dragging our tired "legs" "up" this well-worn trail until we finally came to the parking area.

We broke down and stored our gear and started our drive back across the thousand miles of dust bumpy stone road until we finally reached civilization.

If any of you are itching to try the top end of Seneca Creek let me know and I'll gladly give you directions, with the operative word being "give," 'cause no way will you find me trying it again.

\*\*\*\*\*

(Bud's Note: Carl got so wordy with this message it was necessary to cut a few lines here and there. Anyone wanting the full text please give Bud a call.)



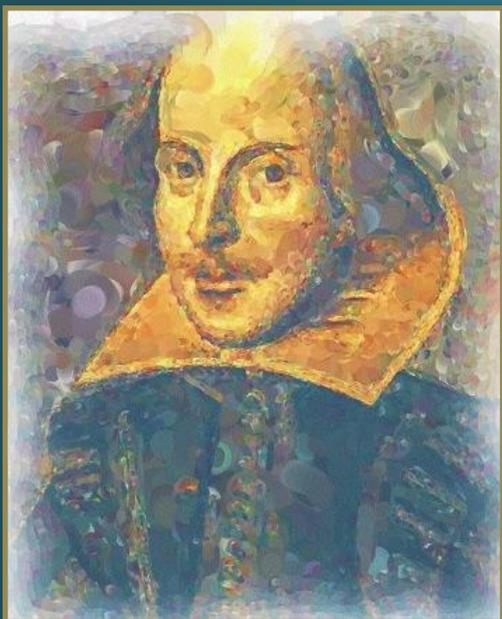
I came across this big fellow -- about 8 inches long -- on a chilly morning while rambling the hills and hollows of West Virginia. He was moving very slowly in the 45° air.

Photo by Bill Prokopchak

## Poet's Corner: Poems selected for the angler

### Sonnet 5

By William Shakespeare  
1564-1616  
England



Watercolor by  
Bill Prokopchak  
2019

Those hours, that with gentle work did frame  
The lovely gaze where every eye doth dwell,  
Will play the tyrants to the very same  
And that unfair which fairly doth excel;  
For never-resting time leads summer on  
To hideous winter, and confounds him there;  
Sap checked with frost, and lusty leaves quite gone,  
Beauty o'er-snowed and bareness every where:  
Then were not summer's distillation left,  
A liquid prisoner pent in walls of glass,  
Beauty's effect with beauty were bereft,  
Nor it, nor no remembrance what it was:  
But flowers distilled, though they with winter meet,  
Leese but their show; their substance still lives



## Part 3: Notes on “A Treatyse on Fysshynge wyth an Angle”

### Dame Juliana Berners, the First Woman of Fly Fishing

translated from Middle English to Late Modern English  
by Bill Prokopchak



In Part 1 of this series, we learned that Dame Juliana Berners, O.S.B. (born 1388) is widely regarded as the mother of fly fishing. In Part 2, we looked at the preface to her *Book of St. Alban's* which includes chapters on angling, hunting, and hawking. In Part 3, we look at the curious word she used for an artificial fly: **dubbe**. Her earliest existing text dates from 1486. I will be translating from the 1496 edition that I have in my possession.

Experienced fly tyers know that dubbing is twisting some material over a thread and wrapping that thread around a hook to build up a fly's body.

Our modern English word comes to us from the “Old French” *adober*, meaning to equip or dress a knight. Dame Juliana apparently saw a parallel with an angler dressing a hook.

All of us can thank Dame Juliana for giving to fly anglers the word dub. Frustratingly, however, Dame Juliana gives us not even a hint about how she tied her flies, let alone a recipe for her favorite fly.<sup>1</sup>

She does, thankfully, teach us how to fish for various species and warns us about how difficult it is to catch a Salmon with a dub !



Look for part 4 of this series on  
Dame Juliana Berners in  
a subsequent edition of  
*LATERAL LINES*.

<sup>1</sup>So far in my translation of her work have I yet to find a fly-tying recipe. If I find one, you can be sure I will publish the recipe here.

## 2018 Calendar of Events

### Winchester Trout Unlimited

By Fred Boyer

#### See also

<http://winchestertu.org/>

#### November 2019

- ✓ 3 through 9 November 2019 -- Winchester TU Steelhead Week in Erie. Fred is coordinating.
- ✓ Thursday 7 November 2019 -- 7:00p.m. -- Monthly TU meeting
- ✓ Saturday 9 November 2019 Redbud Run workday -- 9:00 a.m. to Noon
- ✓ Saturday 16 November 2019 Redbud Run workday -- Possible alternate workday date
- ✓ Wednesday 13 November --7:00 p.m. - BarFly at Escutcheon Brewery

#### December 2019

- ✓ No Business Meeting in December
- ✓ Saturday 7 December 2019 Redbud Run workday -- Time to be announced at a later date
- ✓ Wednesday 11 December 2019 --7:00 p.m. - BarFly at Escutcheon Brewery

#### January 2020

- ✓ Thursday 2 January 2020 -- 7:00p.m. -- Monthly TU meeting  
Our featured speaker is Wayne White. See page 4 of this newsletter for details.
- ✓ Saturday 4 January 2020 Redbud Run workday -- Time to be announced at a later date
- ✓ Wednesday 8 January 2020 --7:00 p.m. - BarFly at Escutcheon Brewery

#### February 2020

- ✓ Thursday 6 February 2020 -- 7:00p.m. -- Monthly TU meeting  
Our featured speaker will be Nathaniel Hitt, research biologist for the USGS.
- ✓ Saturday 8 February 2020 Redbud Run workday -- Time to be announced at a later date
- ✓ Wednesday 12 February 2020 --7:00 p.m. - BarFly at Escutcheon Brewery

#### March 2020

- ✓ Thursday 5 March 2020 -- 7:00p.m. -- Monthly TU meeting  
Our featured speaker will be Art Overcash who will teach us how to tie the "Humpy" dry fly.
- ✓ Saturday 7 March 2020 Redbud Run workday -- Time to be announced at a later date
- ✓ Wednesday 11 March 2020 --7:00 p.m. - BarFly at Escutcheon Brewery

#### April 2020

- ✓ Thursday 2 April 2020 -- 7:00p.m. -- Monthly TU meeting
- ✓ Saturday 4 April 2020 Redbud Run workday -- Time to be announced at a later date
- ✓ Wednesday 8 April 2020 --7:00 p.m. - BarFly at Escutcheon Brewery

#### May 2020

- ✓ Date to be determined May 2020 -- 7:00p.m. -- Brookie release days
- ✓ Thursday 7 May 2020 -- 7:00p.m. -- Monthly TU meeting
- ✓ Saturday 9 May 2020 Redbud Run workday -- Time to be announced at a later date
- ✓ Wednesday 13 May 2020 --7:00 p.m. - BarFly at Escutcheon Brewery



The opinions expressed in *Lateral Lines* are those of the individual authors and are not necessarily those of Winchester Trout Unlimited or Trout Unlimited National.

All water sports, including fishing, and stream restoration activities have inherent dangers. Participation in all Winchester Trout Unlimited activities is at the participant's own risk and participants agree to hold harmless Winchester Trout Unlimited and its members. A responsible adult must accompany all minors.

