

# Lateral Lines

The Monthly Journal of Winchester TU  
Chapter #638

“Give ‘em a break. Bend down your barbs.” C.A.R.

September 2019

Volume 24, Number 9

TROUT UNLIMITED  
WINCHESTER  
VIRGINIA  
CHAPTER 638

Next meeting is Thursday,  
September 5, 2019

5:30 p.m. Dinner  
Donato's Touch of Italy  
1361 N Frederick Pike  
Winchester

7:00 p.m. Meeting  
Winchester Red Cross  
561 Fortress Drive  
Winchester

Phil Stevens will tell us about his fishing  
adventures in Wisconsin.



See you at the meeting on Thursday, September 5, 2019  
Bill Prokopchak, Newsletter Editor  
540-722-2620

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## Bud on the Run: Update on the August Workday at Redbud Run and Plans for the September 7<sup>th</sup> Workday

by Bud Nagelvoort

photos by Bill Prokopchak

You have read about Rocky I and II, now you get III, with a wishful projection it will be the last, but reality suggesting a IV is likely.

Bill, Clark, and Bud on August 3 (already seems like last summer), using all 3 Takomas, cleared 95% of the remaining rocky rubble from the stuck dump-truck site. What is left might need to be removed with a fine-toothed rake to return that ugly remaining spot in the pasture to its USDA approved condition.

While this mind-numbing rock loading took place in the pasture, at the other end of the effort, stream-side, one witnessed shot-putting and otherwise causing all of the small stuff to be deposited into the stream -- mostly adjacent to the tuning-fork log blocking the island channel -- where it awaits its final destination.

And having moved all the small rocks into the stream, the crew tackled the next and major mind-stimulating chore, by moving the first of the big boulders into the stream using Bill's power winch and a convenient tree for the block and pulley system with some trial and error along the way.

So, one might ask, how is all this small rock and the remaining 10-15 giant rocks going to help rainbows engage in reproduction and grow to giant size for drawing winners to dream of catching?



Bud prepares to lasso a 400 pounder with his chain. The power winch, cable, and turning block are in place, ready to pull the rock into the creek.

“Bud on the Run” continues on the next page.

## Bud on the Run: Update on the July Workday at Redbud Run and Plans for the August 3<sup>rd</sup> Workday -- continued



**Left:** Bud and Clark prepare to move "Another Big One".

**Below:** Having delivered "Another Big One", Bud and Clark think moving a 300 pounder will be an easy job.

Here's the current (no pun intended) plan.

There is presently a deep channel from the head of the island downstream maybe 15 feet. To preserve and enhance that channel, a much smaller diameter log will be placed across the stream at the top of the channel from the top of the island to the north bank. It will be held in place at each end of the log by boulders.

Then two or three boulders will be placed with the downstream end resting on the log -- at each end of the log -- with a gap at the center providing a narrow channel for accelerated flow to help maintain the deep channel. Gaps around the boulders will be filled by smaller rocks to minimize leakage.



Remaining boulders will have been placed along the north bank downstream of the log to help keep that bank from eroding.

First activity on Sept. 7 will be to find, cut, and transport the approximate 6"x15' log to the site. Depending on the number of boulders needed on the log, we'll move excess boulders into the stream and to the bank-protection stretch below the planned site for the log. A carefully engineered cable/power winch/pulley system will be needed to move the boulders into place. Skilled labor with engineering degrees and/or substantial experience, along with elaborate humor, will be paid the highest salaries. Remember, this effort qualifies for Senior Boy Scout merit badges.

The weather and water level will be checked to determine if we will proceed on the 7<sup>th</sup> or need to postpone to the 14<sup>th</sup>. Check your e-mails the evening of the 6<sup>th</sup> for final info. And please advise Bud if you plan to participate. Gracias. Or as we say in TU, Tight Lines.



## Winchester TU 2018 Speaker Schedule

Mark your calendar now and plan to hear all of these presentations.



**September 5<sup>th</sup> -**

Phil hammered 'em in Wisconsin. In addition to some hefty bass, Phil hooked his first ever Muskie. Phil promises a photo-packed presentation about his Wisconsin fishing trip.

Photo courtesy of Phil Stevens

**October 3<sup>rd</sup> -**

Dr. Lisa LaCivita is the featured speaker for our annual joint meeting with the Northern Shenandoah Valley Audubon Society.

Her topic: Frederick County Frogs: What are they telling us and why should we care?



Photo courtesy of Lisa LaCivita



**February 6<sup>th</sup> -**

Nathaniel Hitt, PhD, research biologist for the US Geological Survey will be back! Than will talk about Brook Trout health and welfare in our region.

Photo courtesy of USGS

### In Negotiations:

**We are working on a dates for the following presentation**

Other wild critters that inhabit the hills and hollows surrounding the rivers and creeks that we love to fish here in Virginia.

If you have an idea for a Winchester TU meeting speaker, please let me know. We are always looking for great programs on topics of interest to the fly angler.



**Winchester TU Recycles Aluminum.**

**Please bring your aluminum cans to any Winchester TU event.**



## PHW Update: July 2019 Winchester TU & Martinsburg PHW

by Phil Stevens



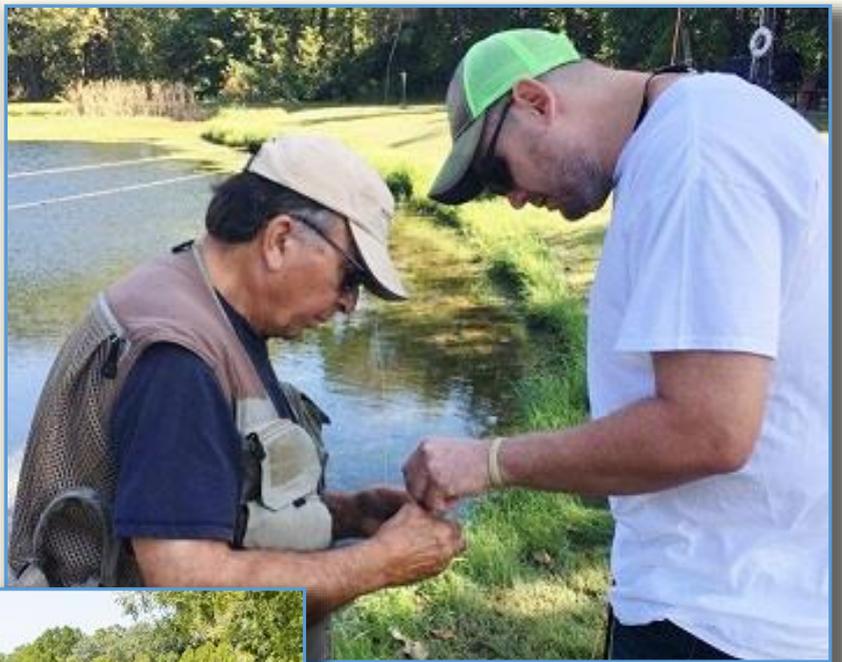
**Many thanks to Wayne White, Mike Nemeč, Galen Hart, Tom McCabe, and Jim Stonestreet for all their support and assistance with the Leetown outing.**

On 30 August 2019, Project Healing Waters - Martinsburg hosted an outing for troops from the Veterans Administration Medical Center (VAMC) at the Leetown Hatchery. 18 vets put their fly-fishing skills to very good use and just about everyone caught at least one trout. Even Tom O'Connor, Director of the Science Center, was able to bring a trout to hand.

After a disastrous event earlier in the summer almost completely drained the pond and killed the majority of the trout, Frank Roach, the pond manager, was able to get the pond almost completely refilled and stocked with trout in time for the veterans' fishing event. New construction on the pond this fall will add a new inlet feed from one of the spring creeks that passes through the property.

Two more class sessions are on the books, one for September with a year-end outing to the Greenbrier State Park on Columbus Day.

The second will be held in October and will conclude classes for 2019.



Photos courtesy of Phil Stevens

The PHW program is also working with a group of veterans that are resident at Baker House on the VAMC campus.

The men are outpatients that have been homeless, but have jobs off campus with the goal of becoming self-sufficient. The goal is to build up this effort into a full-blown outpatient program; something that PHW has not had in place at the VAMC. This will be an effort that will take us well into 2020.

Lastly, we continue to teach fly fishing to vets and their families at Boulder Crest Retreat (BCR). Currently it appears that the final two classes will be held in late September and another in late October. I will announce the dates as soon as I have them. This will end our second year supporting BCR.

### Anyone interested in assisting with classes please contact:

Program Lead -- Phil Stevens, [phillip.h.stevens@projecthealingwaters.org](mailto:phillip.h.stevens@projecthealingwaters.org) , 703-380-4088;  
Assistant Program Lead -- Wayne White, [wmwusar99@gmail.com](mailto:wmwusar99@gmail.com), 703-919-2952

Learn more about Project Healing Waters Fly Fishing, Inc., at <https://projecthealingwaters.org/>

Visit the Martinsburg Chapter Facebook

[https://www.facebook.com/ProjectHealingWatersOfMartinsburgWestVirginia/?epa=SEARCH\\_BOX](https://www.facebook.com/ProjectHealingWatersOfMartinsburgWestVirginia/?epa=SEARCH_BOX)

Learn more about BCR at <http://www.bouldercrestretreat.org/theretreat>



## Barbara's Books

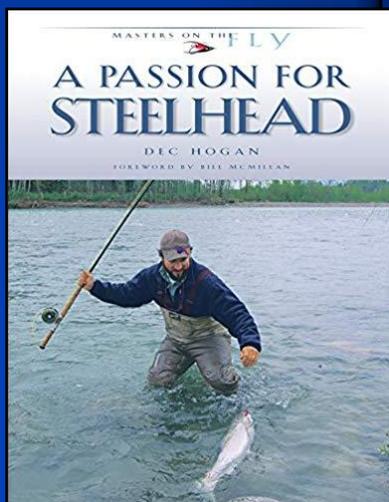
Compiled by Barbara Gamble

### ***A Passion for Steelhead***

Author: Dec Hogan  
 Series: Masters on the Fly series  
 Paperback: 320 pages  
 ISBN-10: 0999309374  
 ISBN-13: 978-0999309377  
 Publisher: Wild River Press  
 Publication Date: September 1, 2019

No other game fish stirs the passion of the dedicated steelhead fly fisher as does this big sea-run rainbow -- whether rising to intercept a dry fly skated across a September taylor on a high-desert canyon river in Oregon, or taking a deeply swinging wet fly on a swollen springtime river in coastal British Columbia.

From his longtime base on Washington State's legendary Skagit River, highly regarded steelhead guide and fly fisher, Dec Hogan, has done and seen it all. With this book, Dec brings together a lifetime of solid steelheading experience. It was quickly recognized as a modern fly-fishing classic.



***A Passion for Steelhead*** covers all the basic techniques proven on thousands upon thousands of steelhead successfully hooked, selecting the best fly for various river conditions, choosing the right tackle for you, effectively covering different water types, learning to spey cast, practical strategies for finding productive streams by the season, and a fascinating and highly original look at how steelhead take (or refuse) a fly.

Based on the author's personal observations of more than 1,000 summer-run steelhead movements during nine intense seasons.

This book is filled with the author's own impressive color photography and illustrated with many beautiful pencil sketches of two-handed casting and steelhead taking the fly.

"If you really want to learn about steelhead, read this book. Then read it again." ~ Bob Clay, steelhead guide and noted bamboo rod maker.

Dec Hogan is a highly regarded steelhead angler and spey caster with decades of expertise in and around Washington's legendary Skagit River. He lives in Utah.

**Publisher's Note:**  
 from publisher's website: <https://www.wildriverpress.com/>

Last year we made an important decision to move our printing from Asia to the United States. Now all Wild River Press books are printed at a state-of-the-art printing plant in Tennessee by skilled American craftsmen, using high-quality paper milled in Wisconsin. I am proud of this development and this added dimension to our reputation for quality.

Sources: amazon.com and the publishers

### ***Storied Waters: 35 Fabled Fly-Fishing Destinations and the Writers & Artists Who Made Them Famous***

Author: David A. Van Wie  
 Paperback: 224 pages  
 ISBN-10: 0811738205  
 ISBN-13: 978-0811738200  
 Publisher: Stackpole Books  
 Publication Date: October 1, 2019

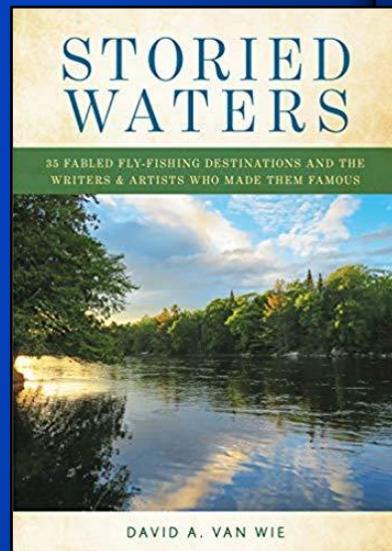
***Storied Waters*** chronicles the author's six-week odyssey from Maine to Wisconsin and back to explore and fly fish America's most storied waters and celebrate the writers and artists who made them famous.

In a 5,000-mile odyssey covering over 50 locations in eight states, Van Wie follows and fishes in the footsteps of giants from Thoreau to Hemingway, Robert Traver to Corey Ford, Louise Dickinson Rich to Aldo Leopold to Winslow Homer and many more.

***Storied Waters*** provides a virtual roadmap through 200 years of fly-fishing literature and a literal road map -- complete with local fishing tips -- to the hallowed waters of our sport. In each chapter, informative sidebars detail fishing spots, best times to fish, major hatches, and other intel.

***Storied Waters*** is a grand vicarious adventure, driving the backroads for weeks at a time exploring beautiful places, and meeting fascinating people who share a common interest.

With an easy, conversational writing voice enhanced with spectacular photographs, Van Wie relates an eclectic mix of travel narrative, natural history, and fishing tips and advice, as well as a deep (but sometimes humorously irreverent) appreciation for the writers who have created such a rich legacy of stories about fishing over the past 200 years.



David A. Van Wie writes a monthly column for *The Maine Sportsman* magazine, has published feature articles in *Northern Woodlands* magazine and the *Maine Sunday Telegram*, and is coauthor of *The Confluence: A Collection of Essays, Art and Tall Tales about Fly-fishing & Friendship*, now in its second printing.

After a 35-year career in environmental consulting and government (director of Bureau of Land and Water Quality, Maine Department of Environmental Protection, and member of Maine House of Representatives in the 124th Legislature), he now writes and lives in Lyme, New Hampshire.

He is an accomplished photographer, a member of the Outdoor Writers Association of America, and writes a blog on fly-fishing and environmental issues at [www.watchyourbackcast.com](http://www.watchyourbackcast.com).

Sources: amazon.com and the publishers



# From the Archives of Winchester Trout Unlimited

by Carl A. Rettenberger

Our old friend, Carl, published this article in *LATERAL LINES* back in April 2002.

**W**ell, friends, not a lot to report this month. Eric Shockey and I fished the Casselman three weeks ago, or should I say we tried to fish the Casselman three weeks ago. It was a beautiful day and we both anticipated a good day's fishing. That is, until we got there and saw a couple of inches of snow on the ground. We rigged up anyway, and the first thing I did was to check the temperature of the water. It was a nice cool 32 degrees. And let me tell you, it gave all the newly stocked fish lockjaw. We fished for a couple hours, without getting as much as a strike. It didn't take us long to make up our minds to leave the Casselman and to fish Town Creek on our way home. When we got to Town Creek, we headed for the upstream section. Why? Because we both like it better than the lower section. Well, it didn't take us long to determine that the upper section had not been stocked. So, once again, we packed up and headed for the lower section. We fished for about three hours and did manage to pick up four fish apiece on streamers. Funny thing about it was, I couldn't get the fish interested in any of my nymphs.

This Saturday I am heading for the catch-and-release section of the South branch of the Potomac at Smoke Hole. Last time I was there, the fish seemed to be just my type – hungry and stupid. (Editor's note – Carl still likes Smoke Hole – at 100 cfs or less.)

\*\*\*\*\*

## Winchester TU Monthly "BarFly" Event Wednesday, September 11<sup>th</sup> at 7:00 p.m.

### Escutcheon Brewery, Commercial St., Winchester

The Winchester Chapter of Trout Unlimited will be gathering at Escutcheon Brewing in Winchester to offer anglers and **non-anglers** in our area the opportunity to learn about Trout Unlimited and to tie some fishing flies.

We hope all of you can attend our monthly "BarFly" at Escutcheon Brewery.

The brewery and tasting room are located at  
**142 W. Commercial St.  
Winchester, VA**



**Left:** Experienced fly-tyer, Galen Westman, prepares to tie one of his amazing flies at BarFly.  
Photo by Gene Lewis

**Right:** Novice fly-tyer, Barbara Gamble, ties her first Woolly Buzzer at last-month's BarFly.  
Photo by Bill Prokopchak



No fly-tying or fly-fishing experience is necessary.

Please invite your friends. We hope to introduce more folks to the Winchester TU chapter and support a local business that supports WTU.



## Poet's Corner: Poems selected for the angler

### The Angler's Ballad

By Charles Cotton  
1630-1687  
England



Charles Cotton  
Poet, Angler,  
Friend of  
Izaak Walton

AWAY to the brook,  
All your tackle out look,  
Here's a day that is worth a year's wishing;  
See that all things be right,  
For 'tis a very spite  
To want tools when a man goes a-fishing.

Your rod with tops two,  
For the same will not do  
If your manner of angling you vary  
And full will you may think  
If you troll with a pink,  
One too weak will be apt to miscarry.

Then basket, neat made  
By a master in's trade  
In a belt at your shoulders must dangle;  
For none e'er was so vain  
To wear this to disdain,  
Who a true Brother was of the Angle.

Next, pouch must not fail,  
Stuff'd as full as a mail,  
With wax, crewels, silks, hair, furs and  
feathers,  
To make several flies,  
For the several skies,  
That shall kill in despite of all weathers.

The boxes and books  
For your lines and your hooks,  
And, though not for strict need  
notwithstanding,  
Your scissors, and your hone  
To adjust your points on,  
With a net to be sure for your landing.

All these things being on,  
'Tis high time we were gone,  
Down, and upward, that all may have pleasure;  
Till, here meeting at night,  
We shall have the delight  
To discourse of our fortunes at leisure.

The day's not too bright,  
And the wind hits us right,  
And all Nature does seem to invite us;  
We have all things at will  
For to second our skill,  
As they all did conspire to delight us.

Or stream now, or still,  
A large pannier will fill,  
Trout and grayling to rise are so willing.

Away then, away,  
We lose sport by delay,  
But first leave all our sorrows behind us;  
If misfortune do come,  
We are all gone from home,  
And a-fishing she never can find us.

The Angler is free  
From the cares that degree  
Finds itself with so often tormented;  
And though we should slay  
Each a hundred to-day,  
'Tis a slaughter needs ne'er be repented.

And though we display  
All our arts to betray  
What were made for man's pleasure and diet;  
Yet both princes and states  
May, for all our quaint baits,  
Rule themselves and their people in quiet.

We scratch not our pates,  
Nor repine at the rates  
Our superiors impose on our living;  
But do frankly submit,  
Knowing they have more wit  
in demanding, than we have in giving.

Whilst quiet we sit  
We conclude all things fit,  
Acquiescing with hearty submission;  
For, though simple, we know  
The soft murmurs will grow  
At the last into down-right sedition.

We care not who says,  
And intends it dispraise,  
That an Angler t'a fool is next neighbour;  
Let him prate, what care we,  
We're as honest as he,  
And so let him take that for his labour.

We covet no wealth  
But the blessing of health,  
And that greater good conscience within;  
Such devotion we bring  
To our God and our King,  
That from either no offers can win.

Whilst we sit and fish  
We do pray as we wish,  
For long life to our King James the Second;  
Honest Anglers then may,  
Or they've very foul play,  
With the best of good subjects be reckon'd.

## Conservation Bites

### State Farm Deer Collision Study

The most recent study by State Farm Insurance shows that all four of the worst states for deer-vehicle collisions are also among the best fishing states. Here's the ranking of the top four with your chances of colliding with a deer.

1. West Virginia 1 in 46
2. Montana 1 in 57
3. Pennsylvania 1 in 63
4. Wisconsin 1 in 72

FYI: Virginia is high risk at 1 in 99

### Working Dogs for Conservation

Dogs have long been used for detection of game, search and rescue, etc. Now there's a new twist.

Working Dogs for Conservation ([wd4c.org](http://wd4c.org)) uses those same techniques to teach dogs to sniff out invasive plants, insects, and fish!

The amazing sense of smell that canines possess can help "root out" invasives that humans would miss.

## Notes on

# “A Treatyse on Fysshynge wyth an Angle” and Dame Juliana Berners, the First Woman of Fly Fishing

by Bill Prokopchak

Dame Juliana Berners, O.S.B. (born 1388) is widely regarded as the mother of fly fishing. Born to a wealthy family, she was likely brought up in court, was well educated, and was familiar with the pastimes of the elite.

Somewhere along the way, she took up the monastic life as a nun and became prioress of The Priory of St. Mary of Sopwell in England.

She is often cited as being the first female author in the English language.

More important to anglers: She is the author of what is the very first treatise on the topic of fly fishing, published more than 150 years before Izaak Walton's *The Compleat Angler*.



Look for part 2 of this series on Dame Juliana Berners in subsequent editions of *LATERAL LINES*.



## Photo Gallery

**Right:** Grover somewhere on the South Branch Potomac

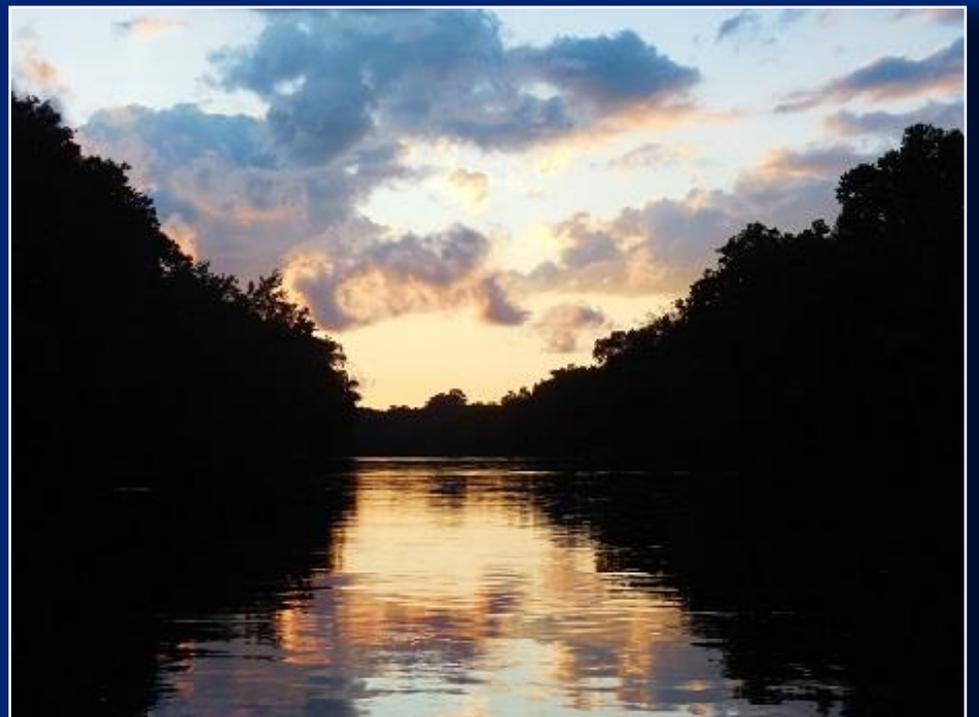
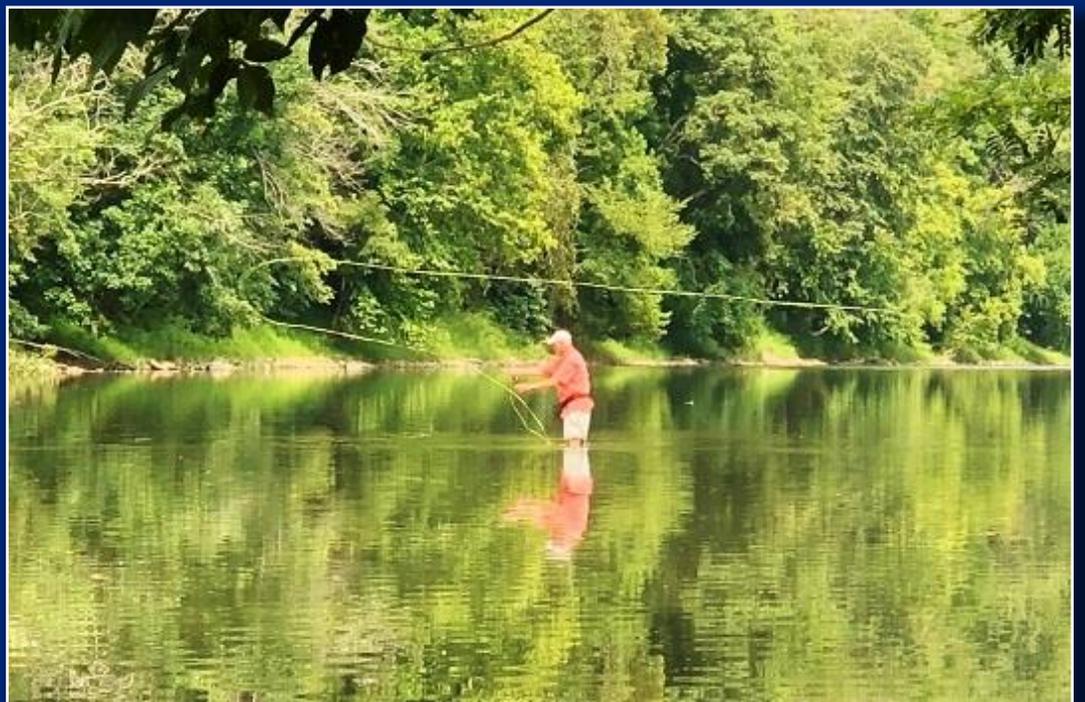
Photo by Bill Prokopchak

**Lower Right:** Sunset over the Main Stem

Photo by Bud Nagelvoort

**Below:** Bud-er-fly

Photo by Bill Prokopchak



# 2018 Calendar of Events

## Winchester Trout Unlimited

By Fred Boyer

### See also

<http://winchestertu.org/>

#### September 2019

- ✓ **Thursday 5 September 2019** -- 7:00p.m. - TU monthly meeting - Phil Stevens is our featured speaker. His topic: Fishing Wisconsin
- ✓ **Saturday 7 September 2019** -- 9:00 a.m. - Redbud Run workday
- ✓ **Wednesday 11 September** --7:00 p.m. - BarFly at Escutcheon Brewery

#### October 2019

- ✓ **Thursday 3 October 2019** -- 7:00p.m. - Annual joint meeting with Northern Shenandoah Audubon - Our featured speaker is Lisa LaCivita who will talk about the amphibians of Frederick County, VA.  
**Note: For the October meeting only: Dinner at 5:00 p.m. at IJ Cann's, Winchester Meeting at Lord Fairfax Community College, Middletown, VA, Science Building, Room #145**
- ✓ **Saturday 5 October 2019** Redbud Run workday -- Time to be announced at a later date
- ✓ **Wednesday 9 October** --7:00 p.m. - BarFly at Escutcheon Brewery

#### November 2019

- ✓ **Thursday 7 November 2019** -- 7:00p.m. -- Monthly TU meeting
- ✓ **Saturday 9 November 2019** Redbud Run workday -- Time to be announced at a later date
- ✓ **Wednesday 13 November** --7:00 p.m. - BarFly at Escutcheon Brewery

#### December 2019

- ✓ **No Business Meeting in December**
- ✓ **Saturday 7 December 2019** Redbud Run workday -- Time to be announced at a later date
- ✓ **Wednesday 11 December 2019** --7:00 p.m. - BarFly at Escutcheon Brewery

#### January 2020

- ✓ **Thursday 2 January 2020** -- 7:00p.m. -- Monthly TU meeting
- ✓ **Saturday 4 January 2020** Redbud Run workday -- Time to be announced at a later date
- ✓ **Wednesday 8 January 2020** --7:00 p.m. - BarFly at Escutcheon Brewery

#### February 2020

- ✓ **Thursday 6 February 2020** -- 7:00p.m. -- Monthly TU meeting
- ✓ **Saturday 8 February 2020** Redbud Run workday -- Time to be announced at a later date
- ✓ **Wednesday 12 February 2020** --7:00 p.m. - BarFly at Escutcheon Brewery

#### March 2020

- ✓ **Thursday 5 March 2020** -- 7:00p.m. -- Monthly TU meeting
- ✓ **Saturday 7 March 2020** Redbud Run workday -- Time to be announced at a later date
- ✓ **Wednesday 11 March 2020** --7:00 p.m. - BarFly at Escutcheon Brewery

#### April 2020

- ✓ **Thursday 2 April 2020** -- 7:00p.m. -- Monthly TU meeting
- ✓ **Saturday 4 April 2020** Redbud Run workday -- Time to be announced at a later date
- ✓ **Wednesday 8 April 2020** --7:00 p.m. - BarFly at Escutcheon Brewery



The opinions expressed in *Lateral Lines* are those of the individual authors and are not necessarily those of Winchester Trout Unlimited or Trout Unlimited National.

All water sports, including fishing, and stream restoration activities have inherent dangers. Participation in all Winchester Trout Unlimited activities is at the participant's own risk and participants agree to hold harmless Winchester Trout Unlimited and its members. A responsible adult must accompany all minors.

