

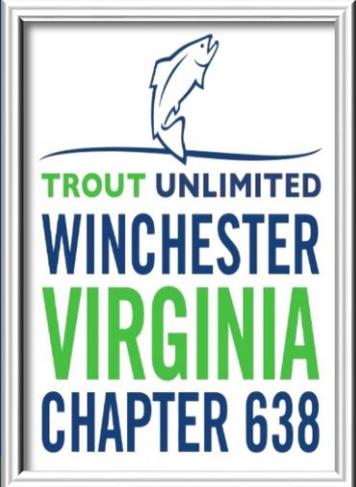
Lateral Lines

The Monthly Journal of Winchester TU
Chapter #638

“Give ‘em a break. Bend down your barbs.” C.A.R.

July 2019

Volume 24, Number 7



Next meeting is Thursday, August 1, 2019

5:30 p.m. Dinner
Donato's Touch of Italy
1361 N Frederick Pike
Winchester

7:00 p.m. Meeting
Winchester Red Cross
561 Fortress Drive
Winchester

Art Major will be on board to talk about his many fishing trips to the Seychelles.



See you at the meeting on Thursday, August 1, 2019
Bill Prokopchak, Newsletter Editor
540-722-2620

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Trout in the Classroom (TIC) News

The Winchester Chapter of Trout Unlimited completed another year of Trout in the Classroom with the release of hundreds of Brook Trout into Redbud Run.

The Brookie release is culmination of a process that began way back in October with the delivery of Brookie eggs to schools in our region as well as the Shenandoah Valley Discovery Museum.

Children across the area raised the Brook Trout in cold-water aquariums during the school year, carefully monitoring aquarium water chemistry, oxygen levels, and temperature every day.

Through the year, children learned the importance of water quality to fish and people alike.



Huge thanks to all of the Trout-in-the-Classroom teachers, WTU members, and other volunteers who made the 2019 Brookie Release possible.

Photos by Bill Prokopchak

Bud on the Run: Update on the June Workday at Redbud Run

by Bud Nagelvoort

photos by Barbara Gamble

June 8 might have been the best day of the year for work at Seipel's stretch of Redbud Run. Not too hot, not too cool, just right. And it needed to be because the work was strenuous.

Barbara moved 200 rocks from two rock piles (not incidentally, the large rocks left over from the previous work session when the channel cut-off log -- known as the "tuning fork" - was rocked in using smaller shale and limestone stuff).

She lifted, rolled, or slid the rocks to Robert who maneuvered them under the fence and onto a surviving 12"x2"x12' white oak board left over from Chapel Run work.



Above: During the June 8 workday at Redbud Run, the Winchester TU work gang, including Barbara, Robert, Fred, Bud, and Bill moved an estimated 5000 pounds of rock to finish the "Tuning Fork" channel cut-off project.

Left: Bud rolls a 50-pounder delivered by Barbara and Robert. That rock along with 200 others now forms "The Tuning Fork".

Below: Bill, Robert, Fred, and Bud form the rock brigade as they move rocks across the creek and onto "The Tuning Fork".



Bud then slid the 20-50 pounders (partly from Clark's son's property) to stream side where Bill maneuvered them to fall 10' where many landed on a small strip of shore or found their way into 2-3' of water.

Fred took over then and led a chain gang extracting the rocks from the bank and stream bed and moving the rocks across the stream mostly to the shore end of the channel log which is now completely buried and should be secure from high water.

While this work was going on it was apparent the stream level was up some, but it was also disturbingly discolored, a condition we've been noting all spring.

In any event, a very successful effort likely to be followed by a much smaller notched crosslog between the island and the north bank and substantial small fish cover along the north bank sometime in the future.



Bud on the Run: Redbud Turbidity Problems

article and photos by Bud Nagelvoort

After giving some thought to this condition which has persisted since last year's and this year's almost continuous high water, I determined to visit as much of the stream as I could find and access upstream in an attempt to locate particular sources of the turbid conditions.

The first visit was the next week when I drove to Fay Spring and walked up to the confluence with Semples Spring. Well, Redbud Run coming under I81 from the Fort Collier Industrial Park and further up was very high and the color of the Shenandoah River at flood stage.

The next Saturday I drove to the Industrial Park and then on up to the absolute headwaters of Redbud Run just east of Apple Pie Ridge. At the Industrial Park, I found many areas now covered with hard-surfaced tractor-trailer parking sites with hundreds and hundreds of such parked vehicles. This has to be a long term serious problem for the stream especially during warmer weather from stormwater runoff, but also from chemical runoff from oily substances.

But that might not have been the most serious current problem. I also saw enormous areas with exposed earth at construction sites and evidence of drainage of silt and sediment into discharge pipes. One appeared to be particularly egregious involving both Shockey and Perry Engineering. I did not see the construction permits at either of these sites. See photos 1 and 2.

Another huge, raw construction site exists adjacent to the Fort Collier Battlefield Headquarters but could not find construction permit. On second visit, the work is now into more rock excavation. See photo 3

Then, proceeded west from the intersection of I81 and 11 into farm and rural areas. Found the first stream flow several miles east of Apple Pie Ridge Road at Taylor Road and again at Fairlane. Both were quite turbid. See photos 4 and 5.

Finally, a construction site just east of Sheetz at I81 and 11 looked like much surface drainage from the site. Didn't really get a good look because there was much heavy equipment activity going on at the time. This site appears to be immediately adjacent to Redbud. See photo 6.

After communications with engineer Carl and others, went back June 22 to the Industrial Park to track down building permits. Could not find them at either of the two sites I had noted, but low and behold, at the Shockey/Perry site, the one I was most concerned about, the long pile of dirt adjacent to the drainage way, no longer existed. It had been moved into the drainage way and terminated at the storm drain noted earlier. With seeding, I assume the potential run-off issue is addressed.



Photo 1



Photo 2



Photo 3



Photo 4



Photo 6



Photo 5



Winchester TU 2018 Speaker Schedule

Mark your calendar now and plan to hear all of these presentations.



August 1st -

Art Major will be on board to talk about his many trips to the Seychelles.



September 5th -

Phil hammered 'em in Wisconsin. In addition to some hefty bass, Phil hooked his first ever Muskie. Phil promises a photo-packed presentation about his Wisconsin fishing trip.

Photo courtesy of Phil Stevens

October 3rd -

Lisa LaCivita is the featured speaker for our annual joint meeting with the Northern Shenandoah Valley Audubon Society.

Her topic: Frederick County Frogs: What are they telling us and why should we care?

Photo courtesy of Lisa LaCivita



In Negotiations:

We are working on a dates for the following presentation

Brook Trout Health

We are in negotiations to have a speaker on Brook Trout health and welfare in our region.

If you have an idea for a Winchester TU meeting speaker, please let me know. We are always looking for great programs on topics of interest to the fly angler.





PHW Update: June 2019 Winchester TU & Martinsburg PHW by Wayne White



During June, Winchester TU members working with the Martinsburg Chapter of Project Healing Waters, Inc., conducted fly fishing clinics in support of military veterans, first responders, and their families at the Martinsburg Veterans Administration Medical Center, and the Boulder Crest Retreat in Bluemont.

Phil Stevens, PHW program lead, Martinsburg Chapter, and Wayne White guided veterans during the annual West Virginia Region PHW fly fishing outing at Thornwood, West Virginia, 31 May to 1 June.

photos by Sandy Hart



**Vets and volunteers:
Project Healing Waters,
supported by members
of the Winchester
Chapter of Trout
Unlimited, share the
healing properties of fly
fishing**

Thirty PHW volunteers guided 75 Veterans on the streams and ponds in around the Greenbrier River. The guides provided the Vets additional instruction in casting, knot tying, fly tying, and aquatic insect study during the three-day event. Phil and Wayne spent one day with the men from the Fort Belvoir/Quantico PHW Chapter on the waters of the Elk Springs Resort where the Vets landed numerous large rainbows and some very aggressive brown trout.

Winchester TU members also guided the Martinsburg VA Chapter Veterans for their first trout fishing event at the Trout Hatchery on the grounds of the Experimental Stream Lab, US Geological Survey's Leetown Science Center on 21 June.

Windy weather and weary, sluggish trout challenged even the experienced mentors during the outing; however, all Vets caught at least one fish. The VA Director visited all the Vets and mentors during the event.

Many thanks to Galen and Sandra Hart, and their granddaughter Julia Hart, Tom McCabe, Mike Nemecek, and Nick Yoncher for their time and outstanding support to make the day an overwhelming success.

Anyone interested in assisting with classes please contact:

Program Lead -- Phil Stevens, phillip.h.stevens@projecthealingwaters.org , 703-380-4088;
Assistant Program Lead -- Wayne White, wmwusar99@gmail.com, 703-919-2952

Learn more about Project Healing Waters Fly Fishing, Inc, at <https://projecthealingwaters.org/>

Visit the Martinsburg Chapter Facebook
https://www.facebook.com/ProjectHealingWatersOfMartinsburgWestVirginia/?epa=SEARCH_BOX

Learn more about BCR at <http://www.bouldercrestretreat.org/theretreat>

Project Healing Waters Fly Fishing, Inc. is dedicated to the physical and emotional rehabilitation of disabled active military service personnel and disabled veterans through fly fishing and associated activities including education and outings.





Shenandoah Veterans Club News

by Wayne White and Fred Boyer

Winchester TU Hosts a Fly-Fishing Event for the Lake Frederick Community

In an effort to generate interest in our TU Chapter and Project Healing Waters, Phil Stevens, Fred Boyer, Tom Carrol, and Wayne White conducted a fly fishing clinic for the members of the Lake Frederick Community on 26 June.

The half-day event included classes on casting, knot tying, anatomy of the fly rod, fly-fishing tackle, and aquatic insects and fish food.

As a follow-on to the clinic, ten of the new fly anglers from the class joined Fred and Wayne on the pond at Allen Glasgow's for a day of fishing on 26 June.

The bright sunny day and 90-degree heat did not hinder the novice anglers who managed to land five largemouth bass and some nice-sized blue gills.



Winchester TU Monthly "BarFly" Event Wednesday, August 14th at 7:00 p.m. Escutcheon Brewery, Commercial St., Winchester

The Winchester Chapter of Trout Unlimited will be gathering at Escutcheon Brewing in Winchester to offer anglers and **non-anglers** in our area the opportunity to learn about Trout Unlimited and to tie some fishing flies.

We hope all of you can attend our monthly "BarFly" at Escutcheon Brewery.

No fly-tying or fly-fishing experience is necessary.

Please invite your friends. We hope to introduce more folks to the Winchester TU chapter and support a local business that supports WTU.

The brewery and tasting room are located at
**142 W. Commercial St.
Winchester, VA**



Barbara's Books

Compiled by Barbara Gamble

Wilderness of Hope: Fly Fishing and Public Lands in the American West

Author: Quinn Grover
Series: Outdoor Lives
Hardcover: 248 pages
ISBN-10: 1496211804
ISBN-13: 978-1496211804
Publisher: Bison Books
Publication Date: September 1, 2019

Longtime fly fisherman Quinn Grover had contemplated the “why” of his fishing identity before more recently becoming focused on the “how” of it. He realized he was a dedicated fly fisherman in large part because public lands and public waterways in the West made it possible.

In *Wilderness of Hope* Grover recounts his fly-fishing experiences with a strong evocation of place, connecting those experiences to the ongoing national debate over public lands.

Because so much of America's public lands are in the Intermountain West, this is where arguments about the use and limits of those lands rage the loudest.

And those loudest in the debate often become caricatures: rural ranchers who hate the government; West Coast elites who don't know the West outside Vail, Colorado; and energy and mining companies who extract from once-protected areas. These caricatures obscure the complexity of those who use public lands and what those lands mean to a wider population.

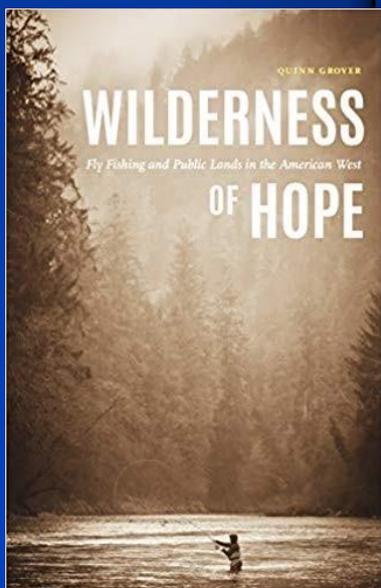
Although for Grover fishing is often an “escape” back to wilderness, it is also a way to find a home in nature and recalibrate his interactions with other parts of his life as a father, son, husband, and citizen. Grover sees fly fishing on public waterways as a vehicle for interacting with nature that allows humans to inhabit nature rather than destroy or “preserve” it by keeping it entirely separate from human contact.

These essays reflect on personal fishing experiences with a strong evocation of place and an attempt to understand humans' relationship with water and public land in the American West.

Quinn Grover teaches English at Brigham Young University–Idaho. His work has been published in national fly-fishing magazines such as the *Flyfish Journal*, the *Drake*, and *American Angler* as well as literary outlets such as *Newfound*, *Cirque*, and *Juxtapose*.

“Quinn Grover's *Wilderness of Hope* provides a life compass for those of us who pursue wild and native trout on our public lands and waters. He preserves our capacity for wonder by weaving together the fabric of family and fishing friends, wilderness, and the importance of preserving and protecting our public lands and resources for future generations.” -- Craig Mathews, author of *The Yellowstone Fly-Fishing Guide*

Sources: amazon.com and the publishers



Western Waters: Fly-Fishing Memories and Lessons from Twelve Rivers

Author: Tom Alkire
Hardcover: 208 pages
ISBN-10: 0811738299
ISBN-13: 978-0811738293
Publisher: Stackpole Books
Publication Date: September 1, 2019

In this collection of essays about well-known (and some not-so-well-known) Western waters, author Tom Alkire blends how-to, where-to, and natural history with lyrical prose and a deep insight that only comes with knowing a place well.

From rainforest rivers to desert rivers, from tidal rivers to those along the Continental Divide, the author has waded and fished these waters over the decades. Along with his fishing adventures, the book also looks at the geography, the early explorers of, and the modern-day impacts on the rivers themselves.

In *Western Waters*, Tom Alkire has given voice to the region's rivers so that one not only hears the loud splash of a jumping steelhead, but also the soft song of a meadow lark or a deer stepping lightly out of thick brush along their banks.

Take your time and enjoy every page with Tom as he takes you on a wonderful trip along his favorite waters, from the Pacific Coast to the Rocky Mountains. (Rick Hafele, coauthor, *The Complete Book of Western Hatches*)

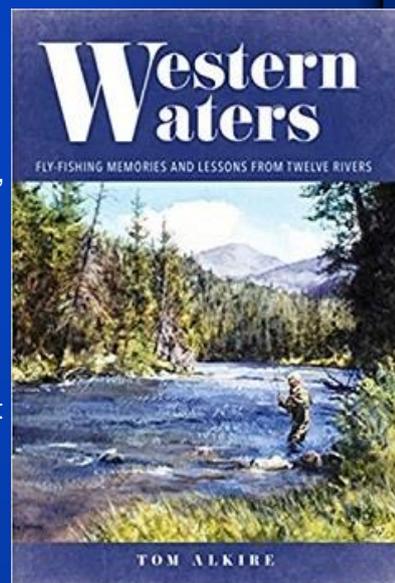
Tom Alkire has written about fishing, rivers, and the natural world for more than 30 years.

In addition to a prolific freelance writing career, he spent three decades covering business and environment as a Northwest staff correspondent for Bloomberg BNA.

His writing has been awarded by the Scripps Howard Foundation and the Newspaper Guild, among others. He is a frequent presenter at local fly fishing clubs and is the author of *There's More to Fishing (Than Catching Fish)* and *River Stories: Headwaters to the Sea*. His essays have appeared in national and regional publications including *Gray's Sporting Journal*, *Sporting Classics*, *Flyfishing and Tying Journal*, *Salmon Trout and Steelheader*, and *Willamette Week*. He lives in Portland, Oregon and can be found at www.tomalkire.com.



Sources: amazon.com and the publishers



Winchester TU Recycles Aluminum.

Please bring your aluminum cans to any Winchester TU event.



Sources: amazon.com and the publishers

From the Archives of Winchester Trout Unlimited

by Carl A. Kettenberger

Our old friend, Carl, published this article in *LATERAL LINES* back in March 2002.

All right, the air is warm and the water temperature is 52 degrees, so surely, the trout will start to feed again, and I should be able to pick up where I left off in the middle of December.

Anyway, that's the way I had it figured, as I headed up to the delayed harvest section of the North Branch of the Potomac above Kitzmiller. Keep in mind that the last December I was catching a lot of fish on dries -- that is, until the first real cold spell set in. I fished the same section of the river in January and February when the water temperature was down in the 30's, with no luck. But that's understandable. We all know that fish slow down their feeding to save energy when the water is cold. No problem.

Fifty-two degrees is close to optimum, so I started counting how many I could catch before I rigged up. When I pulled up to the parking area it was drizzling, but the air temperature stood at 62 degrees. I rigged up with a bead head prince on top with a bead head hare's ear as a dropper: my killer combination.

I rigged up with a bead head prince on top with a bead-head hare's ear as a dropper: my killer combination.



I thought, let's have at it. Well, I fished and fished from 8:15 a.m. to 1:15 p.m. and didn't get as much as a strike.



I left at 2:00 pm and was scratching my head on the long drive home trying to make sense of the day. It just doesn't make sense that all the fish have disappeared. I'll mark it down to bad luck and wait a couple weeks before going back up. If anybody out there has had the same experience, please let me know, 'cause lord knows it can't be my fishing skills!!

2018 Calendar of Events

Winchester Trout Unlimited

By Fred Boyer

See also

<http://winchestertu.org/>

July 2019

- ✓ No monthly meeting in July 2019
- ✓ July Redbud Run workday -- The workday was July 6. See a full report in the August newsletter.
- ✓ No BarFly in July 2019

August 2019

- ✓ Thursday 1 August 2019 -- 7:00p.m. - TU monthly meeting
- ✓ Saturday 3 August 2019 Redbud Run workday -- Time to be announced at a later date
- ✓ Wednesday 14 August 2019 --7:00 p.m. - BarFly at Escutcheon Brewery

September 2019

- ✓ Thursday 5 September 2019 -- 7:00p.m. - TU monthly meeting - Phil Stevens is our featured speaker. His topic: Fishing Wisconsin
- ✓ Saturday 7 September 2019 Redbud Run workday -- Time to be announced at a later date
- ✓ Wednesday 11 September --7:00 p.m. - BarFly at Escutcheon Brewery

October 2019

- ✓ Thursday 3 October 2019 -- 7:00p.m. - Annual joint meeting with Northern Shenandoah Audubon
- ✓ Saturday 5 October 2019 Redbud Run workday -- Time to be announced at a later date
- ✓ Wednesday 9 October --7:00 p.m. - BarFly at Escutcheon Brewery

November 2019

- ✓ Thursday 7 November 2019 -- 7:00p.m. -- Monthly TU meeting
- ✓ Saturday 9 November 2019 Redbud Run workday -- Time to be announced at a later date
- ✓ Wednesday 13 November --7:00 p.m. - BarFly at Escutcheon Brewery

December 2019

- ✓ No Business Meeting in December
- ✓ Saturday 7 December 2019 Redbud Run workday -- Time to be announced at a later date
- ✓ Wednesday 11 December 2019 --7:00 p.m. - BarFly at Escutcheon Brewery

January 2020

- ✓ Thursday 2 January 2020 -- 7:00p.m. -- Monthly TU meeting
- ✓ Saturday 4 January 2020 Redbud Run workday -- Time to be announced at a later date
- ✓ Wednesday 8 January 2020 --7:00 p.m. - BarFly at Escutcheon Brewery

February 2020

- ✓ Thursday 6 February 2020 -- 7:00p.m. -- Monthly TU meeting
- ✓ Saturday 8 February 2020 Redbud Run workday -- Time to be announced at a later date
- ✓ Wednesday 12 February 2020 --7:00 p.m. - BarFly at Escutcheon Brewery

March 2020

- ✓ Thursday 5 March 2020 -- 7:00p.m. -- Monthly TU meeting
- ✓ Saturday 7 March 2020 Redbud Run workday -- Time to be announced at a later date
- ✓ Wednesday 11 March 2020 --7:00 p.m. - BarFly at Escutcheon Brewery



The opinions expressed in *Lateral Lines* are those of the individual authors and are not necessarily those of Winchester Trout Unlimited or Trout Unlimited National.

All water sports, including fishing, and stream restoration activities have inherent dangers. Participation in all Winchester Trout Unlimited activities is at the participant's own risk and participants agree to hold harmless Winchester Trout Unlimited and its members. A responsible adult must accompany all minors.

