

# Lateral Lines

The Monthly Journal of Winchester TU  
Chapter #638

“Give ‘em a break. Bend down your barbs.” C.A.R.

May 2019

Volume 24, Number 5

  
TROUT UNLIMITED  
WINCHESTER  
VIRGINIA  
CHAPTER 638

Next meeting is Thursday,  
May 2, 2019

5:30 p.m. Dinner  
Donato's Touch of Italy  
1361 N Frederick Pike  
Winchester

7:00 p.m. Meeting  
Winchester Red Cross  
561 Fortress Drive  
Winchester



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See you at the meeting on Thursday, May 2, 2019  
Bill Prokopchak, Newsletter Editor  
540-722-2620

## Trout in the Classroom (TIC) News Student Art Exhibit Wildwood Middle School by Mark Zimmerman

Last month, I had the privilege of attending an art exhibit and reception for Carolyn Thomas' 7<sup>th</sup> grade students at the Washington Street Studio and Gallery in Harpers Ferry.

As you certainly know, Carolyn is an award-winning science teacher at Wildwood Middle School in Shenandoah Junction, West Virginia, and she has been a cornerstone of our "Trout in the Classroom" program for almost a decade.

Through TIC, Carolyn's students learn about the life cycle and anatomy of the eastern Brook trout, the water quality that's needed to support wild trout, and the human impact on brook trout habitat.



Recently, utilizing funds from a grant that she received from the Jefferson Arts Council, Carolyn launched a cross-curricular project designed to integrate science and art.

Working with Joy Bridy, a Jefferson County artist and potter, all 140 seventh graders at Wildwood created their own clay versions of a brook trout, fired the clay creations in a kiln, and used acrylics to paint the fish.

Students referred to photographs of brook trout and other art works to guide their paintings; some chose realistic renderings, while others preferred a more "stylized" approach.

“TIC at Wildwood Middle School” continues on the next page.

## Trout in the Classroom (TIC) News -- continued

### Student Art Exhibit

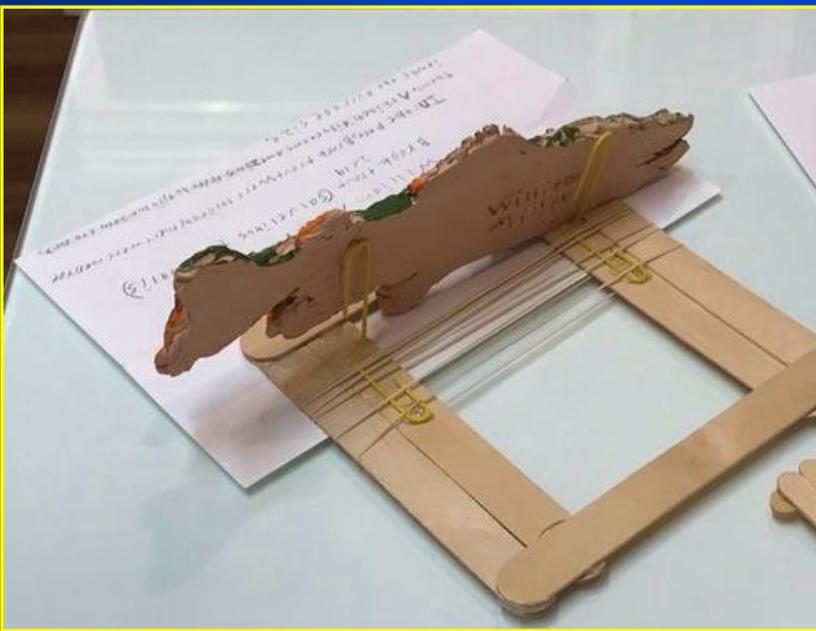
### Wildwood Middle School

by Mark Zimmerman

Students also created a museum label for their art which described the natural history or the modern challenges facing brook trout, based on the essay "To the Brook Trout with Esteem" by George Constantz (published in *Hollows, Peepers, and Highlanders: An Appalachian Mountain Ecology*).

The projects were on display at Wildwood Middle School and in the community, at the Washington Street Studio and Gallery, Shepherd University Library, The Freshwater Institute, and the USGS Fish Health Lab.

The "School of Trout" exhibit and reception was held at the Washington Street Studio and Gallery in Harpers Ferry, WV and featured more than 50 student pieces of art as well as "fishy snacks." The exhibit was beautifully curated, and at the reception I had the opportunity to talk to some of the student artists who were (rightfully so!) very excited with their work.



In order to gain some broader publicity for this amazing project, we're working with Tara Granke in Asheville, North Carolina, the Headwaters Youth Program Coordinator for TU National, to determine the best avenues for media coverage.



Of course, no art show would be complete without snacks.

Carolyn's STEAM (Science, Technology, Engineering, Art, and Math) project was funded in part by a Teaching Arts Creatively Grant from the Jefferson Arts Council, with support from West Virginia Division of Culture and History, and the National Endowment for the Arts, with approval from the West Virginia Commission on the Arts.



# Winchester TU 2018 Speaker Schedule

Mark your calendar now and plan to hear all of these presentations.

**June 6<sup>th</sup> -**

Master hair stacker, **Scott Shendow**, will be here to show his methods for hair stacking as he ties his amazing creations. Just in time for Smallie fishing.



Photo and fly courtesy of Scott Shendow



**August 1<sup>st</sup> -**

**Art Major** will be on board to talk about his many trips to the **Seychelles**.



**September 5<sup>th</sup> -**

**Phil** hammered 'em in Wisconsin. In addition to some hefty bass, Phil hooked his first ever Muskie. Phil promises a photo-packed presentation including his **TWO** most recent Wisconsin fishing trips.

Photo courtesy of Phil Stevens

**October 3<sup>rd</sup> -**

Newly minted Dr., **Lisa LaCivita** is the featured speaker for our annual joint meeting with the Northern Shenandoah Valley Audubon Society. Her topic: **Frederick County Frogs: What are they telling us and why should we care?**



Photo courtesy of Lisa LaCivita

## In Negotiations:

**We are working on a dates for the following presentation**

### Brook Trout Health

We are in negotiations to have a speaker on Brook Trout health and welfare in our region.

If you have an idea for a Winchester TU meeting speaker, please let me know. We are always looking for great programs on topics of interest to the fly angler.



## Bud on the Run: Update on the April Workday and Plans for the May 18<sup>th</sup> Workday at Redbud Run

by Bud Nagelvoort

photos by Bud Nagelvoort

On April 6, the weather was great as was the stream flow -- almost down to flow just through notch at Clark's Crosslog. Haven't seen this level since April of 2018.

Clarke, Robert, and Bud cut a 14' length of red oak for the south channel barrier. It was a wild struggle to slide the log down the bank and get it turned to be dragged by cable and turning block upstream to the head of the island.

This "tuning fork" log is now in place blocking the south island channel with the handle at the sycamore root. Final maneuver was with pry bars. It only took the four of us 5 ½ hours.



**Upper Right:** Robert and Clark prepare to move the "tuning fork" log after cutting it to length. The "tuning fork" log is behind Robert.

**Right:** Using both muscle and Tacoma horse power, Clark, Robert, Fred, and Bud managed to get the "tuning fork" log into place south of Sycamore Island.

**Lower Right:** Bud ponders the next round of back-straining labor for our work party.

**Below:** Fred works on mitigating the potential for a log jam below Clark's Crosslog.



Fred spent some of the time working with his chain saw to clear more of the downstream potential jam that Bill and Bud had worked on at the March session. It is still kind of ugly and needs more work.

The May work session, scheduled for May 18<sup>th</sup>, is to lock in the "tuning fork" log with a channel-bed log and rocks at the bank and island head.

We have lots of big rocks including a fresh supply from Clarke's son. I will announce the start time as we get nearer the May 18<sup>th</sup> date.

Watch for e-mail the evening of the 18<sup>th</sup> for any schedule updates.





## PHW Update Plans for 2019

### Boulder Crest Retreat

The CEO of PHW, COL Todd Desgrosseilliers, Phil Stevens, and Wayne White met with the Executive Director of Boulder Crest Retreat (BCR) recently. The purpose of the visit was to provide Todd with a detailed understanding of the BCR mission: Learning to understand and work through Posttraumatic Stress Disorder (PTSD), with a focus on the entire family.

The end result of the meeting was that PHW and BCR are going to enter into a formal agreement to support each other's mission nationwide. This will benefit PHW in that we will now be able to refer our participants, and their families, directly to BCR, and the benefit to BCR is access to PHW participants on a national basis. Bottom line, veterans, and their families, will have support from two organizations that are dedicated to supporting our wounded warriors.

### Martinsburg Veterans Center

PHW - Martinsburg has been invited to join the Veterans Administration Volunteer Services Committee. This group includes representatives of all the branches of the medical staff and other organizations (VFW, Moose Lodge, AMVETS, Red Cross, etc.) that provide volunteers to the hospital. A seat on this committee will allow us the opportunity to reach out to a broad spectrum of people and organizations who do not know about PHW or our mission. The objective is to work toward a robust outreach to the patient community beyond the borders of the hospital campus.

### PHW Schedule for May

Casting classes have begun at the VA for both the PTSD and drug rehab programs.

Our first outing to Leetown will be Friday 3 May for the drug rehab program.

The PTSD program will visit Leetown on 11 May along with vets from the newly formed Frederick, MD, PHW program.

Anyone interested in assisting with classes please contact:

Program Lead -- Phil Stevens, [phillip.h.stevens@gmail.com](mailto:phillip.h.stevens@gmail.com) , 703-380-4088;

Assistant Program Lead -- Wayne White, [wmwusar99@gmail.com](mailto:wmwusar99@gmail.com), 703-919-2952

Project Healing Waters Fly Fishing, Inc. is dedicated to the physical and emotional rehabilitation of disabled active military service personnel and disabled veterans through fly fishing and associated activities including education and outings.

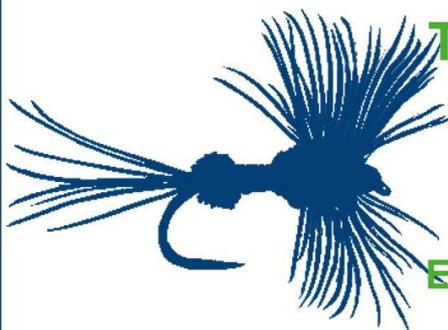


## Winchester TU Monthly "BarFly" Event Wednesday, April 10<sup>th</sup> at 7:00 p.m. Escutcheon Brewery, Commercial St., Winchester

The Winchester Chapter of Trout Unlimited will be gathering at Escutcheon Brewing in Winchester to offer anglers and **non-anglers** in our area the opportunity to learn about Trout Unlimited and to tie some fishing flies.

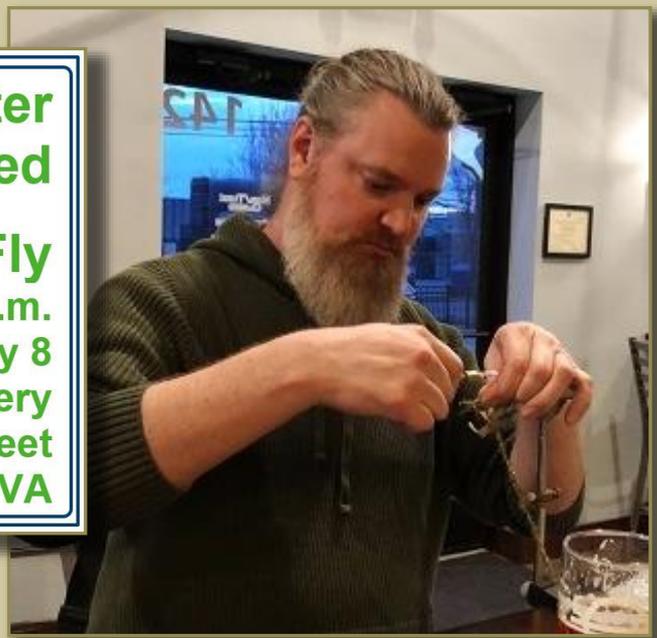
We hope all of you can attend our monthly "BarFly" at Escutcheon Brewery.

The brewery and tasting room are located at  
**142 W. Commercial St.  
Winchester, VA**



**Winchester  
Trout Unlimited**

**BarFly  
7:00 p.m.  
Wednesday, May 8  
Escutcheon Brewery  
Commercial Street  
Winchester, VA**



No fly-tying or fly-fishing  
experience is necessary.

Please invite your friends. We hope to introduce more folks to the Winchester TU chapter and support a local business that supports WTU.



# From the Archives of Winchester Trout Unlimited

On the Fly by Carl Rettenberger

Our old friend, Carl, published this article in *LATERAL LINES* back in 2002.



Well, February is half over, and it won't be long before spring will be here and the trout streams will warm up to the point where the trout will once again be active and ready to dine on our nymphs and other flies that we have been tying all winter. Speaking of which, I went up and fished the North Branch of the Potomac above Kitzmiller last Saturday the 9th of February. If you can recall, it turned out to be a beautiful sunny day, with the air temperature in the afternoon at 58 degrees and little or no wind. Everything was perfect except for the temperature of the water. It was standing at exactly 32 degrees at 0900 hours. I checked it again before I left, and it had gone all the way up to 34 degrees. There was no way, short of foul hooking a fish, that I needed to expect to catch anything, and I succeeded at doing just that. Catching nothing, that is, not even a strike!! Think it's called getting skunked big time. If I didn't know better, I would have sworn that there wasn't a fish in the river.

Speaking of fish in the river, two weeks prior to the 9th of February, Robert Friedensen and I took a trip to Gunpowder Falls. Gunpowder falls is a beautiful tailwater flowing out of Pretty Boy Lake, north of Baltimore. It's reported to have a lot of browns in it, although you wouldn't have thought so on that particular Saturday. Once again, the air temperature was perfect, but the water temperature in the morning 38 degrees and it warmed up to 42 degrees in the afternoon. Like I said, it really is a beautiful stream, but as you can imagine, with its proximity to Baltimore it gets fished very hard. Robert and I fished the stretch from the road up to the dam. I nymphed all morning, without even a strike. When it warmed up in the afternoon I noticed a Black Stone Fly hatch and saw a couple fish sipping them or some other flies off the water. What flies I could see were very small, so I tied on a size 32 Adams. It didn't take long before I caught the two fish I saw feeding. Fishing continued the rest of the afternoon, but the catching part stopped after the second fish. Gunpowder Falls is a two and a half hour, 105 - mile trip from Winchester, so it's nowhere you want to run off to each week-end, but it certainly is worth a trip.

Our even older friend, Bud, published this article in *LATERAL LINES* back in 2002.

Redbud Run (abbreviated article)  
By Bud Nagelvoort



Progress, Progress. Hard to believe, isn't it? With the collaborative efforts of Jim Lawrence and members of TU and The Opequon Watershed (TOW) a Redbud Run Greenway is beginning to take shape. The key property owners and their engineers are now recognizing the importance of protecting Redbud Run and its floodplain on the property, which was added to the Urban Development Area by the Board of Supervisors in December. (The election of the new Board Members, including Lynda Tyler of the Stonewall District, is a powerful encouragement for watershed protection!!).



## The Well-Schooled Angler

Compiled by Barbara Gamble

### Father's Day Creek: Fly Fishing, Fatherhood and the Last Best Place on Earth

**Author:** Dan Rodricks  
**Paperback:** 250 pages  
**ISBN-10:** 162720220X  
**ISBN-13:** 978-1627202206  
**Publisher:** Apprentice House  
**Publication Date:** May 12, 2019

Where would you want to be if you knew the world would end tomorrow?

How would you want to remember life on Earth? For the sake of sanity and soul, everyone should have a place in the outdoors they consider their personal sanctuary, a "spirit-home" that restores faith in the natural world even as climate change threatens it.

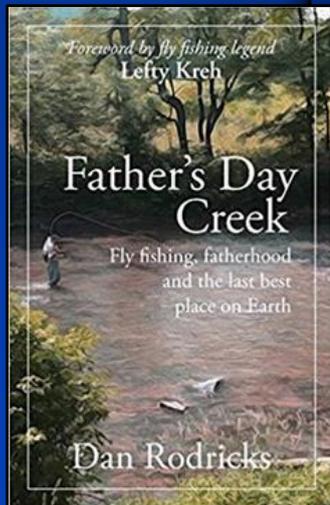
Award-winning journalist and long-time angler Dan Rodricks describes the little piece of paradise he found through fly fishing - Father's Day Creek, his name for a river in Pennsylvania that he considers The Last Best Place on Earth.

The book challenges readers to identify their own Last Best Place and spend time there. The story unfolds over three hours on a single Father's Day morning.

While prospecting for trout, the author reflects, hour by hour, on his experiences with a fly rod and more than 50 years of fishing with his father, friends and children. The book offers advice on fly fishing and parenthood, and explores the wonders of finding one's "spirit-home" midst the noise of modern life. The foreword, by fly fishing legend Lefty Kreh, was composed just a month before his death in 2018.

Dan Rodricks is an award-winning columnist for The Baltimore Sun, and, over a journalism career spanning five decades, he has been the host of local and regional radio and television shows as well as The Sun's podcast, Roughly Speaking. His column, launched in The Baltimore Evening Sun in 1979, is one of the longest-running in the U.S. and has garnered regional and national journalism awards. Over the course of writing some 6,000 columns, and in his broadcasting work, Rodricks from time to time revealed his love of nature and interest in environmental issues. Excerpts of some of his outdoors columns appear in Fathers' Day Creek. Rodricks lives in Baltimore and has been fishing with a fly rod for nearly 30 years. He won a national broadcasting award for a radio documentary about his home waters, the Gunpowder River, north of Baltimore. He has fished extensively in western Maryland and Pennsylvania, and in the Chesapeake Bay.

Sources: amazon.com and the publishers



### Catching Yellowstone's Wild Trout: A Fly-Fishing History & Guide

**Author:** Chris Hunt  
**Paperback:** 144 pages  
**ISBN-10:** 1625858264  
**ISBN-13:** 978-1625858269  
**Publisher:** The History Press  
**Publication Date:** June 17, 2019

*Fly-fishing has its sacred waters the world over. Yellowstone National Park claims some of the craft's most storied destinations.*

*Casting in the Firehole River is like going back in time to when bison roamed nearly every meadow in the West.*

*Restored to their natal streams after near extinction, native Arctic grayling can once again be plucked from icy water at the foot of breathtaking waterfalls.*

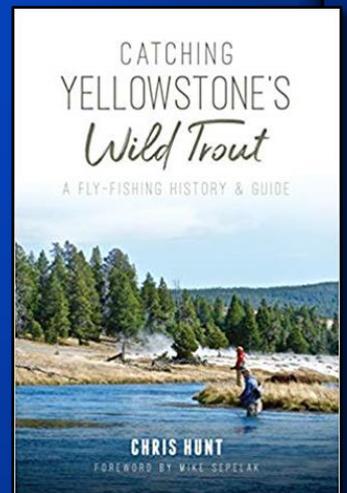
*Meanwhile, a daylong hike into true wild country rewards an angler with a chance to catch trophy native cutthroat trout on a lonely mountain lake. Local journalist and experienced angler Chris Hunt crafts both a guide and homage to Yellowstone's iconic and wild trout.*

*Chris Hunt is an award-winning journalist, author and blogger who lives in Idaho Falls.*

*He works and blogs for Trout Unlimited as the national digital director and is based in Idaho Falls, Idaho.*

*His work has appeared in Trout magazine, Field & Stream, the New York Times, the Flyfish Journal, Hatch Magazine and several newspapers and magazines around the United States. This is his fourth book.*

Sources: amazon.com and the publishers



**Winchester TU  
Recycles Aluminum.**

**Please bring your  
aluminum cans to  
any Winchester TU  
event.**



# ANGLER REFLECTIONS

Fish Stories told through the magic of the digital photo



There are many more reasons to go fishing than simply to catch fish: Nature's Awesome Artistry.

Here are a few examples.



#### Photo Credits

**Upper Left:**  
Scott Trotta

**Above:**  
Bud Nagelvoort

**Left:**  
Bill Prokopchak



# TROUT UNLIMITED TRI-STATE CONSERVATION & FISHING CAMP

FOR 13-17 YEAR-OLDS

**Apply early to ensure your spot for the 2019 Camp.**

Join us for an exciting week of hands-on activities in a beautiful mountain-stream environment, where treasured wild brook trout have survived for thousands of years. Become a skilled and responsible angler and an informed conservationist.

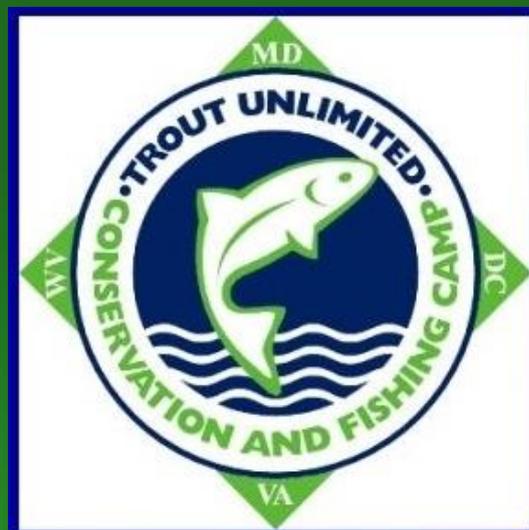
**WHEN:** Note the change of dates from those published earlier

June 23-28, 2019

**WHERE:**

Graves' Mountain Lodge

Syria, Virginia - Next to Shenandoah National Park



**WHO:** Boys and girls currently in the 8th, 9th, 10th or 11th grade, or who will be 13 years-old by June 17, 2019, who enjoy the outdoors, want to learn to fish or improve their fishing skills, and are interested in helping to protect our environment.



**WHAT:** A fun-filled comprehensive 6-day, 5-night residential camp. The Camp fee is \$850; partial or full financial sponsorship is available for campers needing support to attend. Limited to 24 campers. Led by expert instructors and an experienced staff.



For **INFORMATION** and to **APPLY** or **DONATE**, visit [WWW.TUCAMP.ORG](http://WWW.TUCAMP.ORG) or contact Paul Kearney, Camp Director, at [kearney@tucamp.org](mailto:kearney@tucamp.org); 540-229-0563 or George Gaines, Executive Director, at [gaines@tucamp.org](mailto:gaines@tucamp.org); 202-904-3547

**Trout Unlimited Tri-State Conservation and Fishing Camp** is a joint project of Trout Unlimited in Virginia, Maryland/DC, & West Virginia



# 2018 Calendar of Events

## Winchester Trout Unlimited

By Fred Boyer

### See also

<http://winchestertu.org/>

#### May 2019

- ✓ Thursday 2 May 2019 -- 7:00p.m. - TU monthly meeting
- ✓ Monday 6 May 2019 -- 9:00 a.m. - TIC clean-up day at the Redbud DGIF site
- ✓ Wednesday 8 May 2019 -- 7:00 p.m. - BarFly at Escutcheon Brewery
- ✓ Friday & Saturday 10 & 11 May 2019 -- 8:15 a.m. - Brookie release days
- ✓ Saturday 18 May 2019 Redbud Run workday -- Time to be announced at a later date

#### June 2019

- ✓ Thursday 6 June 2019 -- 7:00p.m. - TU monthly meeting - Scott Shendow, master hair stacker, will be our featured speaker and Dan Hyman, DGIF Conservation Officer, will be with us.
- ✓ Saturday 8 June 2019 Redbud Run workday -- Time to be announced at a later date
- ✓ Wednesday 12 June --7:00 p.m. - BarFly at Escutcheon Brewery
- ✓ Sunday 23 June through Friday 28 June 2019 --7:00 p.m. - Tri-State Conservation and Fishing Camp

#### July 2019

- ✓ No monthly meeting in July 2019
- ✓ July Redbud Run workday -- Time to be announced at a later date
- ✓ No BarFly in July 2019

#### August 2019

- ✓ Thursday 1 August 2019 -- 7:00p.m. - TU monthly meeting
- ✓ Saturday 3 August 2019 Redbud Run workday -- Time to be announced at a later date
- ✓ Wednesday 14 August 2019 --7:00 p.m. - BarFly at Escutcheon Brewery

#### September 2019

- ✓ Thursday 5 September 2019 -- 7:00p.m. - TU monthly meeting - Phil Stevens is our featured speaker. His topic: Fishing Wisconsin
- ✓ Saturday 7 September 2019 Redbud Run workday -- Time to be announced at a later date
- ✓ Wednesday 11 September --7:00 p.m. - BarFly at Escutcheon Brewery

#### October 2019

- ✓ Thursday 3 October 2019 -- 7:00p.m. - Annual joint meeting with Northern Shenandoah Audubon
- ✓ Saturday 5 October 2019 Redbud Run workday -- Time to be announced at a later date
- ✓ Wednesday 9 October --7:00 p.m. - BarFly at Escutcheon Brewery

#### November 2019

- ✓ Thursday 7 November 2019 -- 7:00p.m. -- Monthly TU meeting
- ✓ Saturday 9 November 2019 Redbud Run workday -- Time to be announced at a later date
- ✓ Wednesday 13 November --7:00 p.m. - BarFly at Escutcheon Brewery

#### December 2019

- ✓ No Business Meeting in December
- ✓ Saturday 7 December 2019 Redbud Run workday -- Time to be announced at a later date
- ✓ Wednesday 11 December --7:00 p.m. - BarFly at Escutcheon Brewery



The opinions expressed in *Lateral Lines* are those of the individual authors and are not necessarily those of Winchester Trout Unlimited or Trout Unlimited National.

All water sports, including fishing, and stream restoration activities have inherent dangers. Participation in all Winchester Trout Unlimited activities is at the participant's own risk and participants agree to hold harmless Winchester Trout Unlimited and its members. A responsible adult must accompany all minors.

