

# Lateral Lines

The Monthly Journal of Winchester Trout Unlimited  
Chapter #638

“Give ‘em a break. Bend down your barbs.” C.A.R.

March 2018

Volume 23, Number 3

Next meeting is Thursday,  
March 1, 2018

5:30 p.m. Dinner  
Donato's Touch of Italy  
2361 N Frederick Pike  
Winchester

7:00 p.m. Meeting  
Winchester Red Cross  
561 Fortress Drive  
Winchester



See you at the meeting on Thursday, March 1, 2018  
Bill Prokopchak, Newsletter Editor  
540-722-2620

## In This Edition

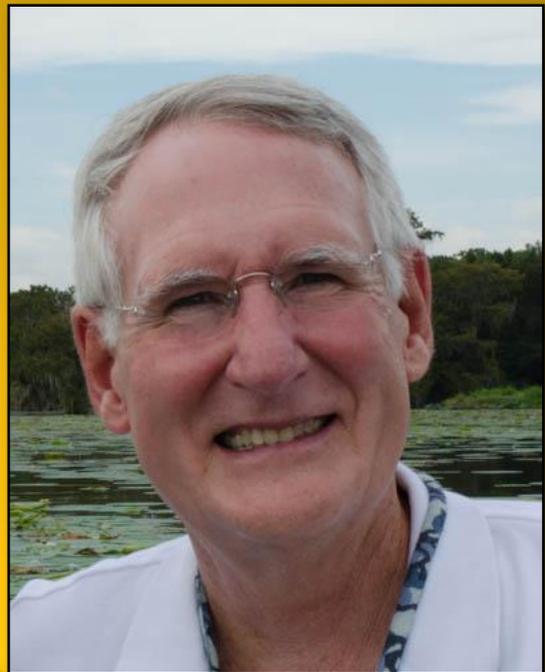
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## March Featured Speaker

### March 1<sup>st</sup>: Vic Brugh of Reel Recovery

Dr. Vic Brugh is the Regional Director of Reel Recovery. Reel Recovery was founded in 2003 by a group of avid fly anglers, inspired by their fishing buddy's ongoing battle with brain cancer. Witnessing first-hand the beneficial impact that fly fishing provided for their friend, they created Reel Recovery to provide the same opportunity for other men battling the disease.

Combining expert fly-fishing instruction with directed "courageous conversations", the organization provides men with all forms of cancer a unique opportunity to share their stories, learn a new skill, form lasting friendships, and gain renewed hope as they confront the challenges of cancer.



## Winchester TU 2018 Speaker Schedule

Mark your calendar now and plan to hear all of these presentations.

### April 5<sup>th</sup> - The Art of Tenkara with Tom Sadler



Tom has been a professional guide and instructor for 25 years. He is senior board member of the American Fly Fishing Trade Association and very well connected in the fly fishing industry.

He is a dedicated Tenkara fly fisherman and Mossy Creek's exclusive Tenkara guide. Tom's passion for Tenkara was honed in Virginia's mountain streams where he chases native brook trout.

He shares his extensive knowledge of Tenkara on his blog [MiddleRiverDispatches.com](http://MiddleRiverDispatches.com). His reputation as a Tenkara devotee makes him sought after as a guide and speaker. Tom's day job is Deputy Director of the Marine Fish Conservation Network.

### May 3<sup>rd</sup> - Fly Tying with Art Overcash

Master fly-tyer, Art Overcash, will be here in May to tie some flies with us. He is active with the Potomac Valley Fly Fishers, Frederick, MD, who provided this photo.

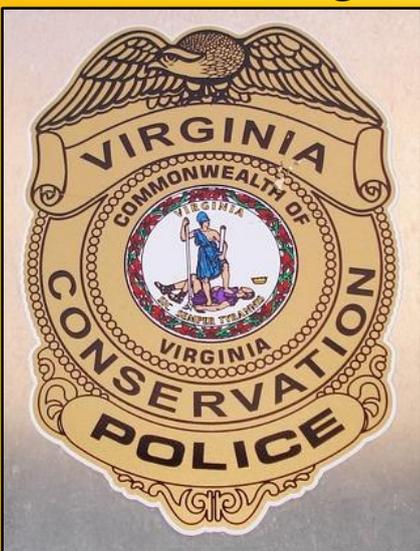
Tom says, "I remembering dabbling in fly tying in my youth. I would give my flies to friends who fly fished to try and report back to me on their success. I personally never picked up a fly rod until much later in life.

"I returned to fly tying in 1996 after the death of my 11 year old daughter from cancer to help alleviate the heartache of such a loss. I followed the tying techniques of many of the old-school tiers and developed many of my own techniques that worked best for me over the years."

Tom has taught students of all ages, from Cub Scouts to senior citizens. He now teaches a fly-of-the-month at the Beaver Creek Fly Shop in Hagerstown.



### June 7<sup>th</sup> - Virginia Conservation Officer



The Winchester TU Programs Committee is planning to have a Virginia Conservation Officer speak at our June meeting. We will publish details once they are finalized.

If you have an idea for a Winchester TU meeting speaker, please let Phil know. We are always looking for great programs on topics of interest to the fly angler.



## Bud on the Run: Update on the February Workday and Plans for the March 3<sup>rd</sup> Workday at Redbud Run

Next workday is set for 9:00 a.m. on Saturday, March 3<sup>rd</sup>

article by Bud Nagelvoort, photos by Terry Lay and Bill Prokopchak



It was a beautiful day (Editor's Note: It was cold, rainy, and muddy. Beautiful.) at Redbud on February 10<sup>th</sup> with an aggressive crew tackling nature's objections to fishing access at several choice locations upstream from the livestock watering/crossing.

A long, deep run was intellectually and physically cleared of remnants of previous sessions' remains of several big, branchy red oaks. Those remnants are stacked on banks ready to be constructively placed to provide cover at this run and maybe another just upstream.

Both runs have great potential for holding and nourishing fish of the year and encouraging growth to 12-, 14-, 16-inch Redbud Run special rainbows.



Speaking of the next run upstream, this run and its lower twin may qualify for unique log structures akin to inverted Vs, but more duplicative of cross logs with center notches concentrating flows in mid-stream (à la Clark's "dam" on his stream in northern PA). This approach may be more resistant to damage from torrential flows that last year destroyed both inverted Vs installed further downstream.

New ones will be custom tapered at the stream-bed side to match the angle to the bank and anchored at each end with pile-driver-driven T posts. Further resistance to high flows will be provided by the largest rocks we can manage from the new supply brought in by Justin Mackay-Smith from his farm south of Route 50. Thank you Justin – I think.



If conditions allow, we may also witness Terry at work with his big saw removing the threat of the dead giant sycamore just upstream from the remnants of Dave's V. The major part of the trunk may need to fall across the stream, but then it could become a bridge for quick passage from one bank to the other at least for a few years.

I did not mean to neglect mentioning that Bill, Clark, and Bud, along with Terry, wrestled with the red oaks on the 10<sup>th</sup>. Hopefully the weather will again accommodate us, and March 3<sup>rd</sup> at 9:00 a.m. will usher in more spring weather to entice the more timid to join in these new creations about to be born.

**"Bud on the Run" continues on the next page.**

## Bud on the Run: Update on the February Workday and Plans for the March 3<sup>rd</sup> Workday at Redbud Run - continued

Watch for a late e-mail message Friday evening to advise of any change in plans.

And by the way, Bud caught four fish at DGIF Redbud Run on Feb. 21<sup>st</sup> in 80-degree weather even though some vehicle with rod cases in the back was already there at 1:00 p.m.

The owner had departed when I passed the parking lot at 3:00 so I could not determine if I had fished virgin water or not. On the other hand, these were only two 6" rainbows (maybe a year old) and two 3-inch black-nosed dace from the lower stretch.

The heat got to me and I fished only just past the parked truck on the south side and was home by four.



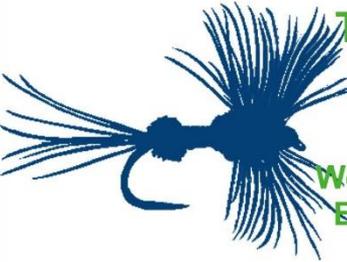
## Winchester TU Monthly "BarFly" Event Wednesday, February 14<sup>th</sup> at 7:00 p.m. Escutcheon Brewery, Commercial St., Winchester

The Winchester Chapter of Trout Unlimited will be gathering at Escutcheon Brewing in Winchester to offer anglers and **non-anglers** in our area the opportunity to learn about Trout Unlimited and to tie some fishing flies.

We hope all of you can attend our monthly "BarFly" at Escutcheon Brewery.

The brewery and tasting room are located at  
**142 W. Commercial St.  
Winchester, VA**





**Winchester  
Trout Unlimited**

**BarFly  
7:00 p.m.  
Wednesday, March 14  
Escutcheon Brewery  
Commercial Street  
Winchester, VA**



No fly-tying or fly-fishing experience is necessary.

Please invite your friends. We hope to introduce more folks to the Winchester TU chapter and support a local business that supports WTU.

Escutcheon logo courtesy of Escutcheon Brewing Co.  
Photos and BarFly logo by Bill Prokopchak



# The Well-Schooled Angler

Compiled by Barbara Gamble

## The Art of the Fishing Fly

**Author:** Tony Lolli  
**Photographer:** Bruce Curtis  
**Preface:** Glenn Pontier  
**Foreword:** Jimmy Carter  
**Hardcover:** 240 pages  
**ISBN-10:** 1454929022  
**ISBN-13:** 978-1454929024  
**Publisher:** Sterling  
**Publication Date:** April 24, 2018

The ultimate book for fly fishing enthusiasts, featuring stunning photography of flies and the anglers who use them.

*Features a foreword by President Jimmy Carter!*

For the millions of fly fishers who are passionate about their sport, this gorgeous book is both a visual feast and the perfect reference.

*THE ART OF THE FISHING FLY* includes a history of fly fishing focusing on the evolution of fishing flies; a guide to essential

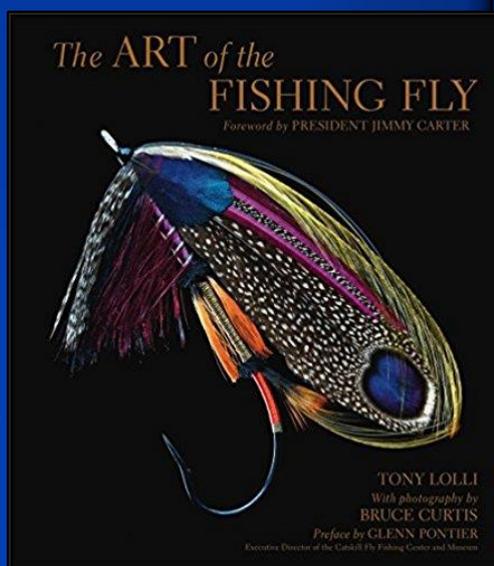
equipment; a how-to section on tying three key flies by three top fly tyers; and essays by noted experts. The book's core includes 75 profiles of flies -- the soul of the sport -- with absolutely stunning color photographs of each fly and fascinating stories behind the flies, inspirational photographs of fly fishers in action, and profiles of the top 19 fly fishing locations around the world.

Tony Lolli is an author, columnist, and fly-fishing guide. His columns have appeared in *HUNTING AND FISHING NEWS*, *AMERICAN ANGLER*, and *ON THE WATER* magazine, among others. He has written several books on fly fishing and tying. The New England Outdoor Writer's Association selected his *AMAZING FISHING: FACTS AND TRIVIA* (Chartwell) as one of the three best books for 2012.

Bruce Richard Curtis has chronicled many significant events of the last decades of the twentieth century as a photographer for *TIME*, *LIFE*, and *SPORTS ILLUSTRATED*, from the front lines of the Vietnam War, to the explorations of Jacques Cousteau, to the action on fast-paced sports fields. Curtis's photographs have been in dozens of books. He is an avid fly fisherman who travels around the world from the Amazon to Scotland fishing and photographing.

The Catskill Fly Fishing Center and Museum is a nonprofit educational organization dedicated to preserving the fly fishing heritage, teaching the next generation of anglers and promoting the future of fly fishing. The center operates a historical and contemporary museum and an education center, and is a gathering place for the entire fly fishing community to share their ideas and experiences.

Sources: amazon.com and the publishers



## Streamwalker's Journey: Fishing the Triple Divide

**Author:** Walt Franklin  
**Paperback:** 202 pages  
**ISBN-10:** 0990334376  
**ISBN-13:** 978-0990334378  
**Publisher:** Wood Thrush Books  
**Publication Date:** February 17, 2018

The essays in *STREAMWALKER'S JOURNEY* are a celebration of the fly-fishing life, with a focus on the triple divide of watersheds in north-central Pennsylvania and upstate New York: the Genesee River, the Allegheny River, and Pine Creek.

These are among the author's favorite trout streams, plied over decades so he knows them well. As he walks these waters with fly rod in hand, he delves into their natural history, local lore, and conservation efforts to protect them. He shares the methods and fly patterns he uses to tease trout into striking, while occasionally telling tales of anglers past and present.

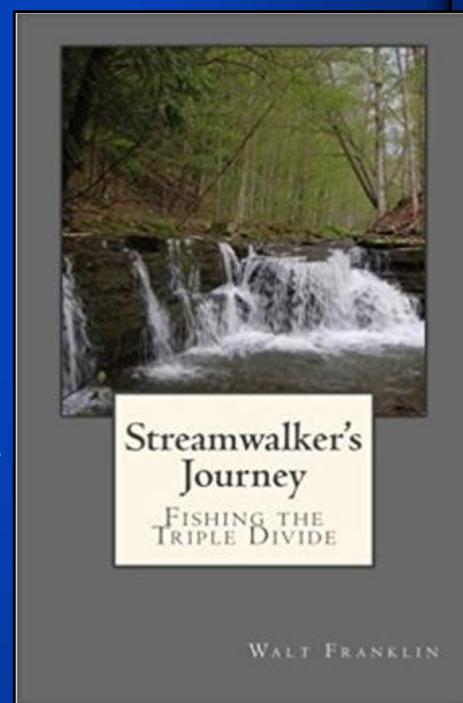
But most of all, Walt Franklin writes with skill, passion, and a touch of humor about his experiences on these trout streams as well as his interactions with the natural world at large.

Walt Franklin is a writer, educator, and naturalist who ventures outdoors as much as possible. He is an active member of the Slate Run Sportsmen in Pennsylvania and Trout Unlimited in New York.

His collection of fly-fishing essays, *RIVER'S EDGE*, is in print along with several other collections, *BEAUTIFUL LIKE A MAYFLY*, *A RIVERTOP JOURNAL*, and *SAND & SAGE*.

He has also written and published numerous volumes of poetry, including *EARTHSTARS*, *CHANTERELLES*, *DESTROYING ANGELS*, and *UPLANDS HAUNTED BY THE SEA*. He lives in rural Greenwood, New York with his wife, Leighanne.

Sources: amazon.com and the publishers



**Winchester TU  
Recycles Aluminum.**

**Please bring your  
aluminum cans to any  
Winchester TU event.**



Sources: amazon.com and the publishers

# From the Archives of Winchester Trout Unlimited

On The Fly by Carl Rettenberger

Our old friend Carl wrote this piece for *LATERAL LINES* back in February 2001.



o me, using both "Maryland" and "trout streams" in the same sentence always seems to be a paradox. Maybe it's because whenever I think about Maryland I envision the Eastern Shore with its relatively flat topography and Blue Shell Crabs. But Maryland does indeed have some beautiful trout streams. The Savage, located in the western panhandle, is one I have already praised in past articles. I spent a lot of time on the Savage late last summer and throughout autumn. For those of you who have never fished it, I recommend you do so at your first opportunity.

The Savage, however, is not what I want to talk about at this time. My latest discovery is Big Hunting Creek. Big Hunting is a classic freestone mountain stream nestled in the Catoctin Mountains above the little town of Thurmont, approximately at the point where the panhandle joins the rest of the State. From my home in the northwestern section of Frederick County, I take Route 81 north to Inwood, then Route 51 east to Charlestown, then Route 340 northeast to Frederick, then Route 15 north to Thurmont. Mileage-wise it's only 67.2 miles from my home, which is a short ride for me compared to most of the streams I haunt. Big Hunting Creek was the first Maryland stream to be designated as catch and release, and for many years the sole stream that was marked for fly-fishing only.

Big Hunting Creek has all the features one usually looks for in a quality trout fishery. It's a visually beautiful stream, which meanders through the Catoctin Mountain National Park. Hemlocks and hardwoods line its banks as well as the surrounding mountains. The stream is lined with rocks, boulders, and little falls. I would describe both slope and flow velocity as moderate. It contains a series of runs, riffles, pocket water, and beautiful sparkling pools. The rocky bottom has an abundance of clean gravel, which is great spawning habitat for the wild trout that live in it. From a wading standpoint, I would rank it as a number five on a scale of one to ten.

I fished the lower section, known as the canyon, on February 2<sup>nd</sup>. It was a cold and windy day, the kind that keeps you pulling your fingers back into the mitts of your fingerless gloves, long enough to make sure they're still there. The stream flows in a direct west to east direction so the sun does shine on it for the major portion of the day.

The Sun and some good gear kept me comfortable except for my fingertips. I fished a bead head prince with a bead head hare's ear dropper all day. Why? Because I have all the faith in the world in the combination. It's what I always use when I'm fishing new water. I did manage to catch two nice rainbows, one of which was 15 ½ inches long and the other a flat 16. I also caught a nice 8-inch Brookie, which was full of fight. I'm told the stream is also home to some darn nice wild brown trout. Well, I need to get my gear together to brave the elements tomorrow. I know I might just go back to see what the upper section of the Big Hunting looks like. I'll let you know next month.

\*\*\*\*\*



## Poet's Corner:

### Poems selected for the angler

#### Yarrow Unvisited

By William Wordsworth  
1710-1850  
England



#### Editor's Note:

Known as *Yarrow Water*, the Yarrow is a river in southeast Scotland and is a renowned Trout and Salmon river. William Wordsworth wrote three poems about the river. This is the second.

#### Footnotes

<sup>1</sup>Braes = hillsides

<sup>2</sup>frae = from

<sup>3</sup>lintwhite = kind of a finch

<sup>4</sup>holms = islands or possibly riverbanks

<sup>5</sup>kine = cows

<sup>6</sup>marrow = spouse or close friend

From Stirling castle we had seen  
The mazy Forth unravelled;  
Had trod the banks of Clyde, and Tay,  
And with the Tweed had travelled;  
And when we came to Clovenford,  
Then said my "*winsome Marrow*,"  
"Whate'er betide, we'll turn aside,  
And see the Braes<sup>1</sup> of Yarrow."

"Let Yarrow folk, *frae*<sup>2</sup> Selkirk town,  
Who have been buying, selling,  
Go back to Yarrow, 'tis their own;  
Each maiden to her dwelling!  
On Yarrow's banks let her herons feed,  
Hares couch, and rabbits burrow!  
But we will downward with the Tweed  
Nor turn aside to Yarrow.

"There's Galla Water, Leader Haughs,  
Both lying right before us;  
And Dryborough, where with chiming Tweed  
The lintwhites<sup>3</sup> sing in chorus;  
There's pleasant Tiviot-dale, a land  
Made blithe with plough and harrow:  
Why throw away a needful day  
To go in search of Yarrow?"

"What's Yarrow but a river bare,  
That glides the dark hills under?  
There are a thousand such elsewhere  
As worthy of your wonder."  
—Strange words they seemed of slight and  
scorn;  
My True-love sighed for sorrow;  
And looked me in the face, to think  
I thus could speak of Yarrow!

"Oh! green," said I, "are Yarrow's holms<sup>4</sup>,  
And sweet is Yarrow flowing!  
Fair hangs the apple frae the rock,  
But we will leave it growing.  
O'er hilly path, and open Strath,  
We'll wander Scotland thorough;  
But, though so near, we will not turn  
Into the dale of Yarrow.

"Let beeves and home-bred kine<sup>5</sup> partake  
The sweets of Burn-mill meadow,  
The swan on still St. Mary's Lake  
Float double, swan and shadow!  
We will not see them; will not go,  
To-day, nor yet to-morrow;  
Enough if in our hearts we know  
There's such a place as Yarrow.

"Be Yarrow stream unseen, unknown!  
It must, or we shall rue it:  
We have a vision of our own;  
Ah! why should we undo it?  
The treasured dreams of times long past,  
We'll keep them, winsome Marrow<sup>6</sup>!  
For when we'er there, although 'tis fair,  
'Twill be another Yarrow!

"If Care with freezing years should come,  
And wandering seem but folly,—  
Should we be loth to stir from home,  
And yet be melancholy;  
Should life be dull, and spirits low,  
'Twill soothe us in our sorrow,  
That earth has something yet to show,  
The bonny holms<sup>4</sup> of Yarrow!"



## *Lateral Lines* Best Newsletter in VCTU 2017

### Thanks to Winchester TU Members Who Contributed to *Lateral Lines* in 2017

Karen Andersen  
Barbara Gamble  
Stan Ikonen  
Terry Lay  
Brittany Miller  
Drew Patterson  
Clark Thomas

Fred Boyer  
Allen Glasgow  
Dave Juth  
Gene Lewis  
James Montgomery  
Carl Rettenberger  
Galen Westman

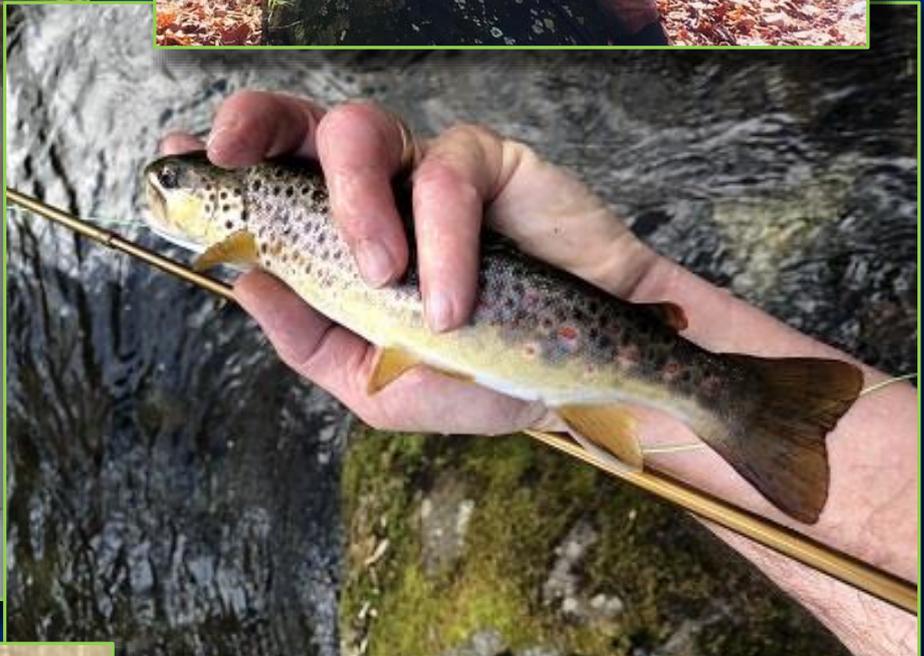
Dan Brakensiek  
Galen Hart  
Bryan Kelly  
Charlie Loudermilk  
Bud Nagelvoort  
Phil Stevens  
Mark Zimmerman

Tom Carroll  
Kenny Hawthorne  
Lisa LaCivita  
Pat Mason  
Mike Nemeč  
Carolyn Thomas

# A Gallery of Photos from WTU Anglers



**Clockwise from upper left**  
Discovery Museum Brookies photo by Mark Zimmerman  
Pat Mason on the Conway by Tom Carroll  
Bill's Beautiful Brown by Bill Prokopchak  
Fred Boyer on the Conway by Tom Carroll  
Tom Carroll on the Conway by Fred Boyer  
Dave's Feisty Brookie by Dave Juth



# 2018 Calendar of Events

## Winchester Trout Unlimited

By Fred Boyer

See the complete calendar  
of Winchester TU events at  
<http://winchestertu.org/>

### March 2018

- ✓ **Thursday 1 March 2018** -- 7:00 p.m. - TU monthly meeting -- Featured speaker is Vic Brugh of Reel Recovery
- ✓ **Saturday 3 March 2018** -- 9:00 a.m. TU workday at Redbud Run and Morgan's Mill Road
- ✓ **Friday 9 March 2018** -- FOSR Water Sampling - Robert Friedensen
- ✓ **Wednesday 14 March 2018** -- 7:00 p.m. - BarFly at Escutcheon Brewery
- ✓ **Friday 23 March 2018** -- FOSR Water Sampling - Bud Nagelvoort
- ✓ **Saturday 24 March 2018** -- Mossy Creek Open House and Fly-Fishing Film Tour, Harrisonburg, VA

### April 2018

- ✓ **Thursday 5 April 2018** -- 7:00 p.m. - TU monthly meeting -- Featured speaker is Tom Sadler on The Art of Tenkara Fly Fishing
- ✓ **Saturday 7 April 2018** -- 9:00 a.m. TU workday at Redbud Run and Morgan's Mill Road
- ✓ **Wednesday 11 April 2018** --7:00 p.m. - BarFly at Escutcheon Brewery
- ✓ **Friday 13 April 2018** -- FOSR Water Sampling - Terry Lay
- ✓ **Friday 27 April 2018** -- FOSR Water Sampling - Nolan Thomas

### May 2018

- ✓ **Thursday 3 May 2018** -- 7:00 p.m. - TU monthly meeting -- Featured speaker is Art Overcash on Fly Tying
- ✓ **Saturday 5 May 2018** -- 9:00 a.m. TU workday at Redbud Run and Morgan's Mill Road
- ✓ **Wednesday 9 May 2018** --7:00 p.m. - BarFly at Escutcheon Brewery
- ✓ **Date to Be Arranged** - TIC Brookie Releases
- ✓ **Friday 11 May 2018** -- FOSR Water Sampling - Fred Boyer

### June 2018

- ✓ **Thursday 7 June 2018** -- 7:00 p.m. - TU monthly meeting -- Featured speaker is a Virginia Conservation Officer
- ✓ **Friday 8 June 2018** -- FOSR Water Sampling - Bill Prokopchak
- ✓ **Saturday 9 June 2018** -- 9:00 a.m. TU workday at Redbud Run and Morgan's Mill Road
- ✓ **Wednesday 13 June 2018** --7:00 p.m. - BarFly at Escutcheon Brewery
- ✓ **Friday 22 June 2018** -- FOSR Water Sampling - Bud Nagelvoort

### July 2018

- ✓ **No Winchester TU monthly meeting in July**
- ✓ **July 2018 Redbud Run workday** -- to be announced at a later date
- ✓ **No Winchester TU BarFly in July**
- ✓ **Friday 13 July 2018** -- FOSR Water Sampling - Robert Friedensen
- ✓ **Friday 27 July 2018** -- FOSR Water Sampling - Fred Boyer



The opinions expressed in *Lateral Lines* are those of the individual authors and are not necessarily those of Winchester Trout Unlimited or Trout Unlimited National.

All water sports, including fishing, and stream restoration activities have inherent dangers. Participation in all Winchester Trout Unlimited activities is at the participant's own risk and participants agree to hold harmless Winchester Trout Unlimited and its members. A responsible adult must accompany all minors.

