

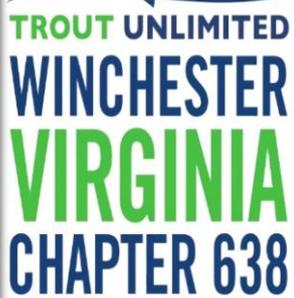
Lateral Lines

The Monthly Journal of Winchester Trout Unlimited
Chapter #638

“Give ‘em a break. Bend down your barbs.” C.A.R.

December 2017

Volume 22, Number 12



TROUT UNLIMITED
WINCHESTER
VIRGINIA
CHAPTER 638

**Next meeting is Thursday,
January 4, 2018**

5:30 p.m. Dinner
At a location to be announced

7:00 p.m. Meeting
At a location to be announced

Next Redbud workday is Saturday, Dec. 9th.

Next TU BarFly is Wednesday, Dec. 13th.
See page 6 for BarFly details.



See you at the meeting on Thursday, November 2, 2017
Bill Prokopchak, Newsletter Editor
540-722-2620

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Trout in the Classroom: The Brookie are Growing by Brittany Miller

The first thing most fourth graders think about on a Monday morning is probably not trout. Most fourth graders don't know anything about the importance of an egg sac to an alevin or how to conduct a water test for nitrites.

Luckily, mine do.

On the first day of each week, my students rush into the room to find out who is on “fish duty”. This job involves the exciting tasks of checking on our class tank, water levels, and counting fish. They love it!



The Brookies in Brittany Miller's fourth-grade class are watching their baby Brookies grow as they learn about the importance of cold, clean water for their fish.

This year TIC has become an even larger part of my classroom. My students have “Trout Journals” that they began even before our eggs arrived. The anticipation of having live animals that we are raising was evident in all of their entries.

Once the eggs arrived, students worked to research how these fish can transform from tiny orange “beads” into full size trout. Our tank now has about 60 or so fry and just this week they have all left the safety of the egg basket. To my students delight, the fry can now be seen swimming around the tank and rising to eat.

The most powerful part of TIC to me is the connection my students begin to make with our local waters. While the trout still have a way to go before release in the spring, my students have already begun to ask about where “their” trout will go. This creates so many opportunities to teach about local habitats, ecosystems, and food chains and the important impact we as humans can have on all three.

We have had lively discussions about where the trout live naturally, how they hide, water temperatures in local streams, and keeping our streams clean. Seeing a group of 10-year-olds getting excited about conservation and stream rehab is not something you see all the time. Luckily, I do.



Winchester TU 2018 Speaker Schedule

Mark your calendar now and plan to hear all of these presentations.

January 4th: Tom Carroll of Cherry Log Rods

Tom Carroll, owner of Cherry Log Rods, has been building custom fly rods for over 15 years. Since his retirement from an active dental practice, his full time jobs are wife, grandchildren, fly fishing his "bucket list", and building beautiful high performance fly rods!



February 1st: Emily Warner of the Potomac Conservancy



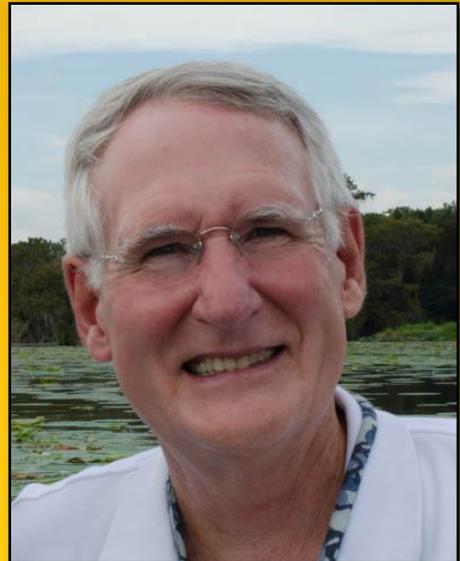
Emily Warner, Senior Director of Land Conservation, will be here to tell us about her organization and possibility for a partnership with Winchester TU. Emily is experienced with high-altitude environments, vegetation monitoring, and plant identification.

She holds degrees in environmental studies and natural resources stewardship.



March 1st: Vic Brugh of Reel Recovery

Dr. Vic Brugh is the Regional Director of Reel Recovery. Reel Recovery was founded in 2003 by a group of avid fly anglers, inspired by their fishing buddy's ongoing battle with brain cancer. Witnessing first-hand the beneficial impact that fly fishing provided for their friend, they created Reel Recovery to provide the same opportunity for other man battling the disease.



April 5th: Tentative - The Art of Tenkara



We are hoping to have a presentation about Tenkara fishing in April. Tenkara is the ancient art of fly fishing perfected in Japan which features a long Tenkara rod without reel, a thoroughly unfamiliar kind of fly line, and a single Kebari (fly). Watch this column for details once we finalize plans for the Tenkara presentation.



Bud on the Run: Update of the November Workday and Plans for the December 9th Workday at Redbud Run

Next workday is set for 9:00 a.m. on Saturday, December 9th

by Bud Nagelvoort

November 4 proved something; although, I don't know what. In any event, it was a first.

Earlier in the week, Justin MacKay-Smith delivered a load of big rocks (see photo at right) to the site which may have frightened our regulars. Some of those rocks will require 12 ablebodieds and a horse to move. Another load arrived later in the month with several more planned.



Photos above
by Bud Nagelvoort

In any event, yours truly had the opportunity to view the stream by hisself [sic], digest the effect of the latest windy day (see photo at left), clear some of the new debris from three fallen trees below the red maple root wad and former site of inverted V #1.

There was also the opportunity to clear some of the V remnants from the jam below its former site and begin to contemplate the installation of a tougher replacement V there and at the site of Dave's V.

Work at Dave's V is still contingent on removal of the dead giant sycamore still threatening life and limb at that site. Dropping that hazard is not reasonable for Terry's tactics. Wayne has a professional who may be able to take care of it, but his involvement remains to be seen.

So the next work session is scheduled for Dec. 9. We'll attack the jam at the maple root and determine how/if to replace the destroyed V there and repair the bank protection along the north edge of the stream there.

By the way, the pool below the maple root has improved substantially in depth and width. A 6' T post is present there, formerly "anchoring" the sycamore deflector destroyed on July 28, to be extracted and utilized at a new home.

Beyond those relatively minor efforts, we'll take a look at several trees that fell across the stream above the crossing during the same high wind in late October and begin the process to turn them into bank protection devices.



Photo by Mike Nemeč

"Bud on the Run" continues on the next page.

Bud on the Run: Continued Update of the November Workday and Plans for the December 9th Workday at Redbud Run

Next workday is set for 9:00 a.m. on Saturday, December 9th

by Bud Nagelvoort

Incidentally, during the two 60+ degree days on Nov. 28 and 29, I spent a few hours with the paint roller and installed a layer of black paint (see photo at right) on our new fence at the site.

Some minor work with a small brush remains at the joints if/when there is another warm, dry day in December, but otherwise the boards now have a protective coat to help them last through a few winters.



And as a reminder of the importance of this stretch of Redbud Run for fishing at the DGIF stretch, here are two pics of Redbud Run naturally reproduced rainbows.

I caught the first (see photo at right) just below the bridge above the DGIF parking lot on Nov. 17 when I fished from the bottom of DGIF water up to the place where we place TIC fish.



The second two (see photo at left) are from a fairly shallow pool close to the top of the DGIF water when I fished from the TIC site to the top of DGIF water on Nov. 21.

Fished for about two hours each day and touched and/or landed a total of about 12 rainbows. Astounding natural reproduction in this beautiful spring flow located within a few minutes of most of our Winchester TU Chapter members.



Smithsonian Traveling Exhibition “Water/Ways” Coming to the Shenandoah Valley Discovery Museum

by Mark Zimmerman

The Virginia Foundation for the Humanities, in cooperation with the Virginia Association of Museums and six organizations across the state, will help visitors examine water as an environmental necessity and an important cultural element through “Water/Ways,” a traveling exhibition from the Smithsonian’s Museum on Main Street program.

Launching at the Shenandoah Valley Discovery Museum on December 16th, 2017, and running through January 21st, 2018, the traveling exhibition will be amply accompanied by hands-on learning opportunities at the museum on

**19 W. Cork Street
Winchester, VA.**

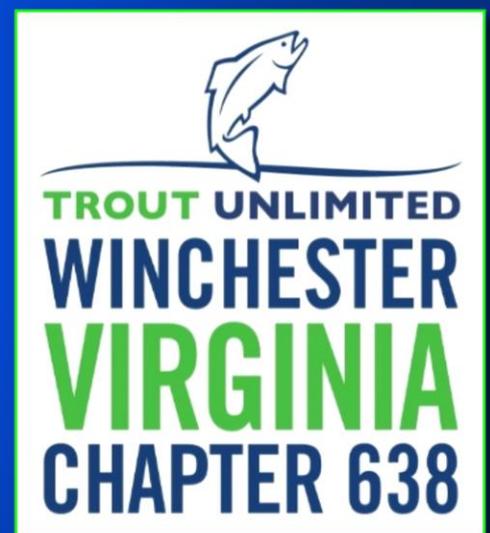


Featured on the museum’s third floor, the exhibition will raise people’s understanding about what water means in their own community. The interaction between humanity and water, climate and water, as well as practical means to protect this valuable resource will be explored.



Complementing the **Water/Ways** exhibits and videos will be a new series at the museum entitled “Saturdays with a Scientist.” A rich, rotating array of professionals will share their insights into various environmental and cultural aspects of water.

Our Trout Unlimited chapter will be one of the co-sponsors of the exhibit, and I’m currently participating on the steering committee that is planning the implementation of the project. In conjunction with our chapter and the Trout in the Classroom program, we’ve agreed to coordinate one of the “Saturdays with a Scientist” series based on our water testing capabilities.



The exact date hasn’t been nailed down yet, but it will probably be early in the new year. I’ll need some help with the program, so if you’re interested in participating please let me know (mbzimmerman@comcast.net; 540-722-4914).

We’ve also set up a second small TIC tank on the third floor of the Museum which will be incorporated into the exhibit, and which is currently “housing” a few of the enormous brook trout that Rick Mabe kept over the summer from last year’s batch of eggs. If you get a chance, stop by the Museum to see the bruisers that Rick raised – they’re really impressive! I would be happy to catch them on the Rapidan.

Please watch future newsletters for more information about the Water/Ways exhibit, and if you’d like to learn more now, here are a couple of links:

https://museumonmainstreet.org/content/resources?field_resource_exhibition_tid=29

A link to all of the available curriculum, exhibition specifications, and other resources for the Water/Ways Exhibition.

<https://www.youtube.com/watch?v=HsqGa6yly4g&feature=youtu.be>

Water/Ways sneak peek video

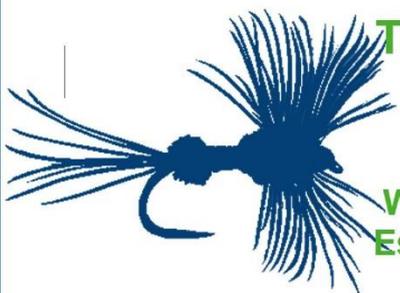


Winchester TU Monthly "BarFly" Event Wednesday, December 13th at 7:00 p.m. Escutcheon Brewery, Commercial St., Winchester

The Winchester Chapter of Trout Unlimited will be gathering at Escutcheon Brewing in Winchester to offer anglers and **non-anglers** in our area the opportunity to learn about Trout Unlimited and to tie some fishing flies.

We hope all of you can attend our monthly "BarFly" at Escutcheon Brewery.

The brewery and tasting room are located at
**142 W. Commercial St.
Winchester, VA**

Winchester Trout Unlimited

BarFly
7:00 p.m.
Wednesday, Dec. 13
Escutcheon Brewery
Commercial Street
Winchester, VA



No fly-tying or fly-fishing experience is necessary.

Please invite your friends. We hope to introduce more folks to the Winchester TU chapter and support a local business that supports WTU.

*December featured fly:
the Kebari*

Escutcheon logo courtesy of Escutcheon Brewing Co.
Photo by Gene Lewis
BarFly logo by Bill Prokopchak




MOSSY CREEK FLY FISHING

NEW LOCATION !!!
480 East Market Street
Harrisonburg, VA 22801
(540) 434-2444
mossycreekyflyfishing.com



White Fly OUTFITTERS

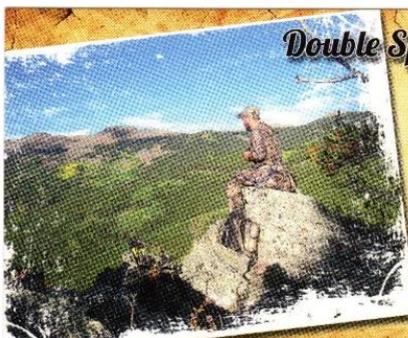
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Trout Fishing

Please support these fine outfitters that support Winchester Trout Unlimited.



The Well-Schooled Angler

Compiled by Barbara Gamble

Selective Trout: The Last Word on Stream Entomology and Aquatic Insect Imitation

Author: Doug Swisher and Carl Richards
Illustrator: Dave Whitlock
Paperback: 272 pages
ISBN-10: 1510729852
ISBN-13: 978-1510729858
Publisher: Skyhorse Publishing
Publication Date: January 2, 2018

When it was originally published in 1971, *Selective Trout* was universally acclaimed as the most revolutionary approach to aquatic insect imitation in the twentieth century.

Using common sense, science, and imagination, authors Doug Swisher and Carl Richards developed a wide array of new patterns that were in sharp contrast to those offerings used by American fly anglers up to that time.

Their radical no-hackle dry fly, in particular, proved to be a more convincing, natural silhouette than anything anglers had ever seen before.

With hatch charts covering different regions of the country, and featuring detailed tying instructions for flies that could be used in those regions, all liberally illustrated, the book provided anglers with a new arsenal of deadly fly patterns.

Thirty years later, and after more than 200,000 copies of the first edition had been sold, a Thirtieth Anniversary Edition has been brought out. Updated and revised by the authors, with new observations on trout behavior as well as detailed instructions on how to keep useful fishing logs, the book also featured detailed appendices on terrestrials, mayflies, caddisflies, and stoneflies.

Not only that, but the new edition included hundreds of color illustrations by the renowned artist and fly-fishing innovator Dave Whitlock. It's hard to imagine how anything could top that.

In this new paperback edition of *Selective Trout*, we know that we can't top what's been done previously. But we do know that this deserves to stay in print, because it's the type of book that every fly fisherman should own and read.

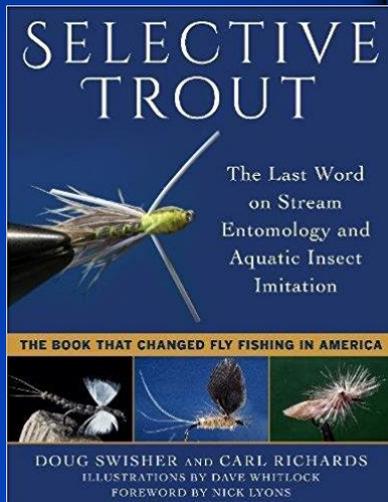
Review

"The most important book on fly fishing of this decade."
 -- Fly Fisherman magazine

"It's like a college degree for trout fisherman!" -- Art Flick

"Selective Trout outlined many of the most important mayfly hatches in the best-known trout-fishing regions, and from that solid entomological foundation it introduced a striking and still-provocative series of flies."
 -- Paul Schullery

Sources: Amazon.com, Barnesandnoble.com, and the publisher



Smallmouth: Modern Fly-Fishing Methods, Tactics, and Techniques

Author: Dave Karczynski and Tim Landwehr
Foreword: Dave Whitlock
Paperback: 240 pages
ISBN-10: 0811715590
ISBN-13: 978-0811715591
Publisher: Stackpole Books
Publication Date: October 1, 2017

Smallmouth bass swim in more streams, rivers, lakes, and reservoirs than any other gamefish, and exceptional, world-class fishing opportunities for them are found across the country.

While numerous books have been written on smallmouth, this is the first book to cover the cutting-edge techniques and fly patterns being used by some of the country's top fly fishing guides. Though most of these flies and techniques have been developed and refined in the rivers and lakes of the Midwest (a hotbed of smallmouth fly fishing) anglers can adapt them for their waters.

Cutting edge fly patterns for smallmouth, including full color plates and recipes, as well as new techniques for fishing these patterns

A "tips" section from various guides, both old school and new, including Luke Kavajecz, Kyle Zempel, Austin Adduci, Kip Vieth, and Bart Landwehr

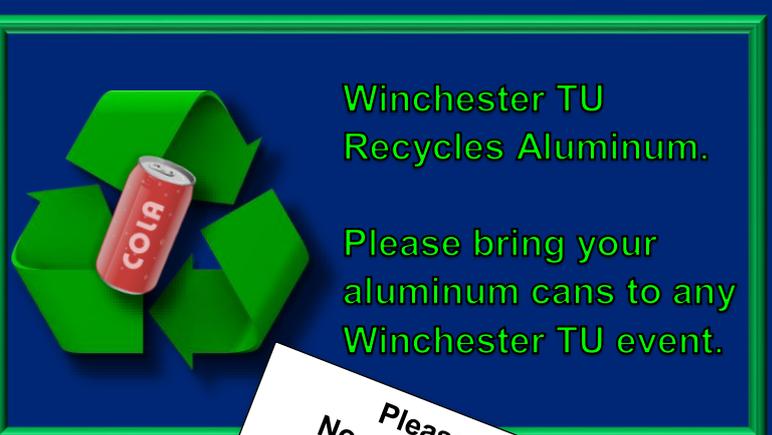
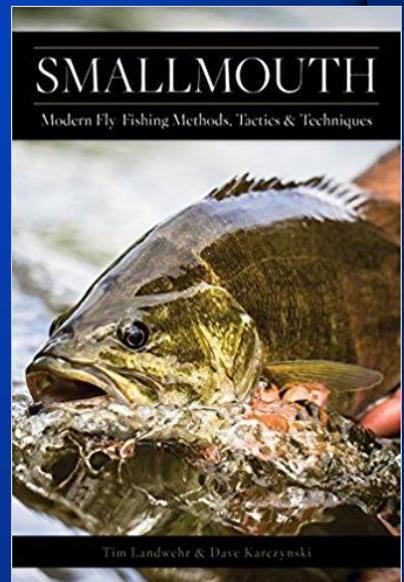
Covers smallmouth bass essentials including biology, behavior, and where to find trophy bass

Interviews with Mike Schultz, Lefty Kreh, Chuck Kraft, and Larry Dahlberg

Writer and photographer Dave Karczynski is a regular contributor to *Outdoor Life*, *Fly Rod & Reel*, *The Drake Magazine*, *MidCurrent.com*, and many others.

Tim Landwehr owns and operates Tight Lines Fly Shop in DePere, Wisconsin. Tim has been guiding for smallmouth bass for the majority of his adult life in the cradle of smallmouth civilization: the brawling freestoners of Northern Wisconsin.

Sources: Amazon.com, Barnesandnoble.com, and the publisher



Please
 No steel cans.
 Aluminum cans only.

Poet's Corner: Poems selected for the angler

Leven Waters¹

By Tobias Smollett
1721-1771
Scotland



Pure stream, in whose transparent wave
My youthful limbs I wont to lave,

No torrents stain thy limpid source;
No rocks impede thy dimpling course,

That sweetly warbles o'er its bed,
With white, round, polish'd pebbles spread;

While, lightly poised, the scaly flood;
The springing trout, in speckled pride
The salmon, monarch of the tide,

The ruthless pike, intent on war,
The silver eel, the mottled par.
Devolving from thy parent lake,

A charming maze thy waters make,
By bowers of birch, and groves of pine,
And edges flower'd with eglantine.

¹ The River Leven in Scotland flows out of Loch Lomond.
Only six miles long, it is a popular Salmon River.



ANGLER REFLECTIONS

NY Steelhead

article and photos provided by Galen Westman



Every fall I start wishing for awful weather. I guess that's from growing up in Michigan where the weather is miserable from October through March. This time of year I, always start getting restless to go stand in 37-degree river water in 33-degree rain. This time of year there is only one thing on my brain: Steel. As in Steelhead. Every year when the leaves fall off the trees, the wind starts blowing out of the north, and the cold rain starts to fall, my mind drifts back to searching for chrome. Well this weekend I had enough daydreaming and rounded up a few friends and headed to the closest steelhead water. New York.

The first place we went to was all blown out with chocolate-milk-colored water. Bail.

The second place had a slight stain to it with about 18" of viability which is perfect. My two friends, who rarely fish, and have NEVER caught a steelhead were, of course, the first two to land two nice hens.

I had been hooking into quite a few fish throughout the day, but they kept breaking me off or throwing the hook. On the way out of the river for the day, I tried one more hole. ALWAYS try "one more hole".

I drifted a cream colored sucker spawn down a promising looking run and on the third drift a colorful buck grabbed it and started heading back to the Big Lake. After a few more runs and a couple of jumps, he was in the net. Nice!



Galen's article continues on the next page.

ANGLER REFLECTIONS -- CONTINUED

NY Steelhead

article and photos provided by Galen Westman

The next day we headed back to the same creek for round 2. My buddies Jesse and Chad, and I headed up stream to find some holes that were less pressured than the ones closer to the parking area. They took the first run we came to and I continued on the next one which was still in earshot of them.

As I was talking s_____ to Jesse, Chad hooked into his second fish. Ever!

Two fish, two steelhead. Lucky b_____!

I sprinted down stream to net for him, but by the time I got there, he had the fish pinned to the shore. Not really, the most gentle way to land a fish, but I can't blame Chad for the enthusiasm.

As Chad and Jesse were taking their celebratory photos, I threw my blue sucker spawn fly to the run where Chad had just found his buck. WHAM! Fish on! I landed that one and then worked with Jesse on his dead drift. After he missed his third strike, the ridicule and more s_____ talking started. I can't tell you how important it is to be on your game with seeing strikes, and having a good hook set. These aren't trout, they're steelhead. You need to set like they're steelhead.



I hooked into two more fish and landed 1 of them before the darkness and the thought of cold beer and hot food pushed us off the river. We went back to the campsite (yeah, camping in November) and cooked some hot dinner before turning in for the night.

Throughout the night, we could hear rain drops on the tent and the wind really began to whistle through the trees overhead. The next morning we woke up to wind, but not rain.



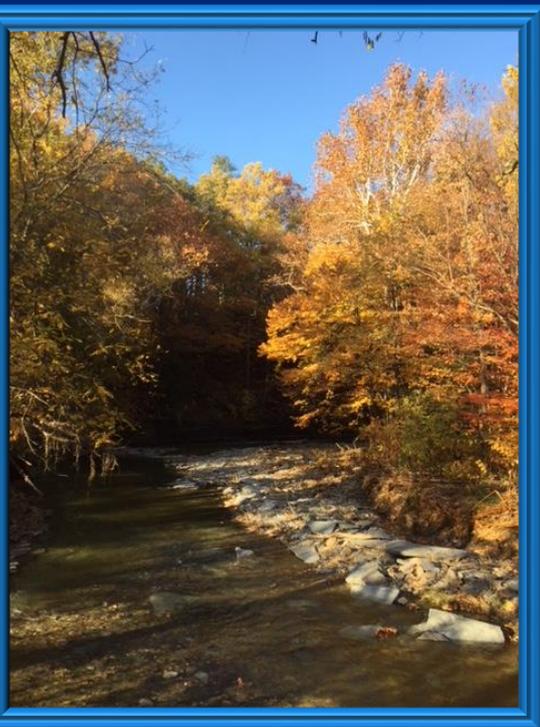
We quickly broke camp and threw everything into the back of the truck. We headed to the river with the hopes of getting a few more hours on the water before the predicted snow and wintry mix started.

When we got to the river, we knew that we were headed home early. The water was the color of dark chocolate milk and about 2 feet higher than it was the day before. Blown out and shut down.

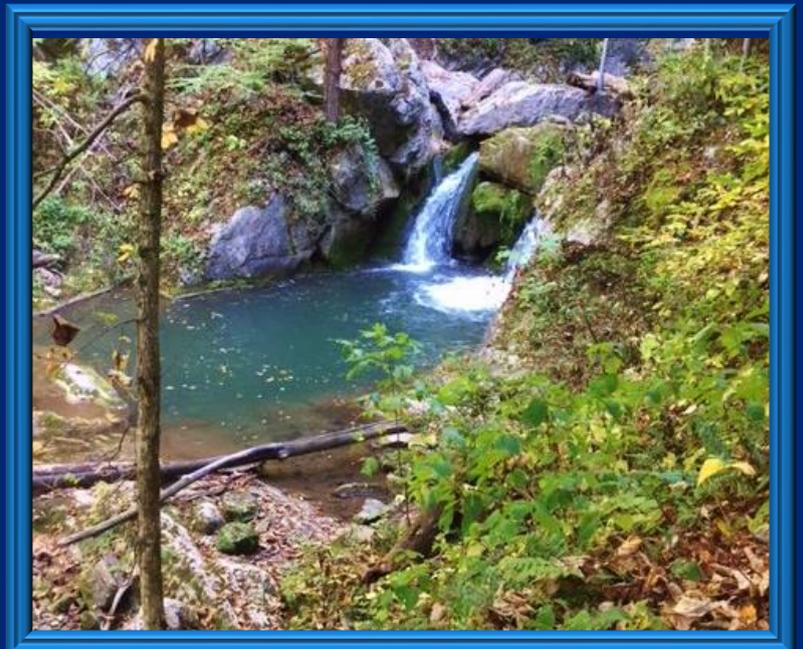
We checked a few more rivers hoping to find something what was fishable, but everything was blown out.

We headed back to Virginia with the smell of fish on our gear, and memories in our minds. I'm not sure if this trip quenched my steelhead thirst, or made it worse.

Nevertheless, it brought back some great memories of suffering from my childhood.



One more reason to go fishing:
It's a beautiful world out there.





PHW Update Summer Report

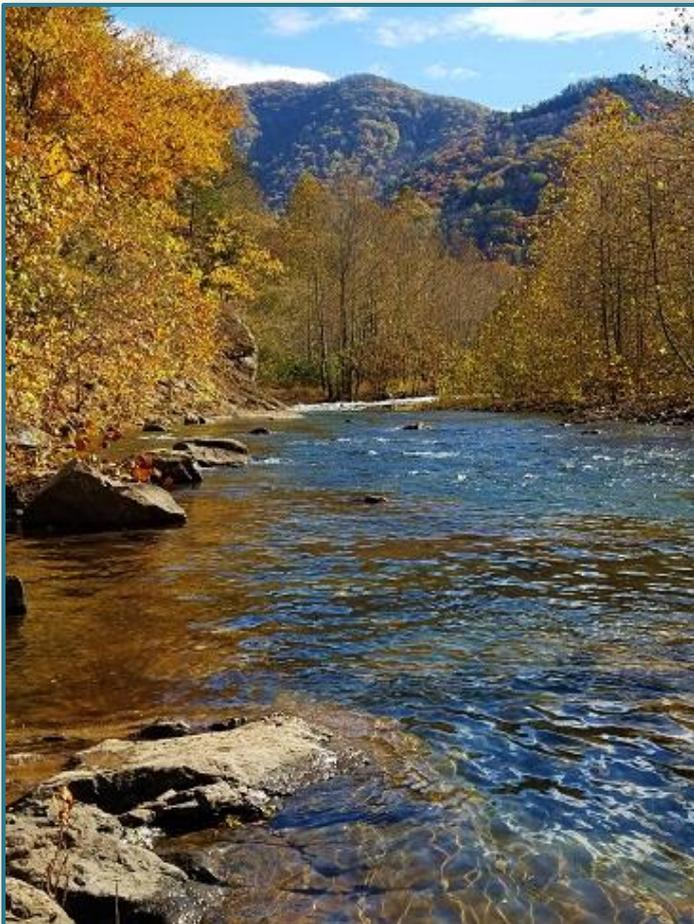
Phil Stevens, PHW Program Lead
Martinsburg VAMC

In early November, Project Healing Waters - Martinsburg and the Winchester TU Chapter provided guides for a group of veterans over a two-day period at Harman's Cabins, WV.

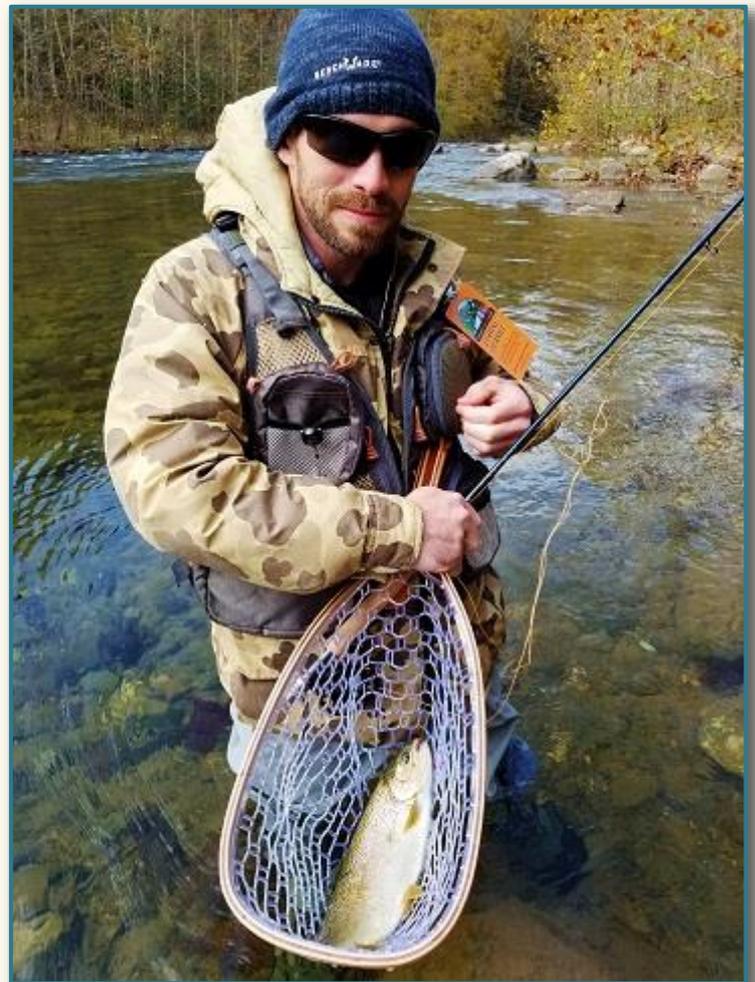
There were ten vets from around West Virginia covering all of the military services.



Photos provided by Phil Stevens



The river was up and flowing very nicely, and there were a lot of visible trout. Unfortunately, for some reason it seemed that no matter what the vets threw at them the trout decided to only occasionally to take the offered fly. However, all of the vets caught a few.



Good fish story: Brad Flook, the vet that Phil guided, saw a pink strike indicator floating downstream, then realized that there was a trout attached to it.

Brad threw his fly perfectly, let it drift, and then began to slowly strip it back. Brad suddenly realized that as he stripped, the indicator was moving at the same speed and direction.....straight back to where he was standing. Brad brought the indicator and the trout back and Phil scooped both into a net. Good catch Marine!

Phil Stevens
Program Lead
Email: phillip.h.stevens@gmail.com

National PHW website:
<http://www.projecthealingwaters.org/>

Like us on Facebook:
<https://www.facebook.com/ProjectHealingWatersOfMartinsburgWestVirginia>



2017 Calendar of Events

Winchester Trout Unlimited

By Fred Boyer

See the complete calendar
of Winchester TU events at
<http://winchestertu.org/>

December 2017

- ✓ No monthly meeting in December
- ✓ Saturday 9 December 2017 -- 9:00 a.m. TU workday at Redbud Run and Morgan's Mill Road
- ✓ Sunday 10 December 2017 -- Winchester TU Holiday Gathering -- more information to follow
- ✓ Wednesday 13 December 2017 --7:00 p.m. - BarFly at Escutcheon Brewery

January 2018

- ✓ Thursday 4 January 2018 -- 7:00 p.m. - TU monthly meeting -- Featured speaker is Tom Carroll of Cherry Log Rods
- ✓ Saturday 6 January 2018 -- 9:00 a.m. TU workday at Redbud Run and Morgan's Mill Road
- ✓ Wednesday 10 January 2018 --7:00 p.m. - BarFly at Escutcheon Brewery

February 2018

- ✓ Thursday 1 February 2018 -- 7:00 p.m. - TU monthly meeting -- Featured speaker is Emily Warner of Potomac Conservancy
- ✓ Saturday 3 February 2018 -- 9:00 a.m. TU workday at Redbud Run and Morgan's Mill Road
- ✓ Wednesday 14 February 2018 --7:00 p.m. - BarFly at Escutcheon Brewery

March 2018

- ✓ Thursday 1 March 2018 -- 7:00 p.m. - TU monthly meeting -- Featured speaker is Vic Brugh of Reel Recovery
- ✓ Saturday 3 March 2018 -- 9:00 a.m. TU workday at Redbud Run and Morgan's Mill Road
- ✓ Wednesday 14 March 2018 --7:00 p.m. - BarFly at Escutcheon Brewery

April 2018

- ✓ Thursday 5 April 2018 -- 7:00 p.m. - TU monthly meeting
- ✓ Saturday 7 April 2018 -- 9:00 a.m. TU workday at Redbud Run and Morgan's Mill Road
- ✓ Wednesday 11 April 2018 --7:00 p.m. - BarFly at Escutcheon Brewery

May 2018

- ✓ Thursday 3 May 2018 -- 7:00 p.m. - TU monthly meeting
- ✓ Saturday 5 May 2018 -- 9:00 a.m. TU workday at Redbud Run and Morgan's Mill Road
- ✓ Wednesday 9 May 2018 --7:00 p.m. - BarFly at Escutcheon Brewery
- ✓ Date to Be Arranged - TIC Brookie Releases

June 2018

- ✓ Thursday 7 June 2018 -- 7:00 p.m. - TU monthly meeting
- ✓ Saturday 9 June 2018 -- 9:00 a.m. TU workday at Redbud Run and Morgan's Mill Road
- ✓ Wednesday 13 June 2018 --7:00 p.m. - BarFly at Escutcheon Brewery



The opinions expressed in *Lateral Lines* are those of the individual authors and are not necessarily those of Winchester Trout Unlimited or Trout Unlimited National.

All water sports, including fishing, and stream restoration activities have inherent dangers. Participation in all Winchester Trout Unlimited activities is at the participant's own risk and participants agree to hold harmless Winchester Trout Unlimited and its members. A responsible adult must accompany all minors.

