

# Lateral Lines

The Monthly Journal of Winchester Trout Unlimited  
 Recognized as VCTU's best newsletter in 2014 & 2015  
 2013 Bollinger Award as TU's Finest Newsletter  
 Chapter #638

September 2017

Volume 22, Number 9

**Next meeting is Thursday,  
 September 7, 2017**

5:30 p.m. Dinner  
 IJ Cann's

7:00 p.m. Meeting  
 NW Works  
 3085 Shawnee Drive  
 Winchester

**Next Redbud workday is Saturday, Sept. 9<sup>th</sup>.**

**Next TU BarFly is Wednesday, Sept. 13<sup>th</sup>.**  
 See page 5 for BarFly details.



See you at the meeting on Thursday, September 7, 2017  
 Bill Prokopchak, Newsletter Editor  
 540-722-2620

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## Featured Speaker at the Winchester TU September Meeting

7:00 p.m. on Thursday, September 7, 2017, at our usual meeting place, NW Works, Winchester.

### Colby Trow: Muskie Fishing

Colby Trow, owner, of Mossy Creek Fly Fishing in Harrisonburg, will be back in Winchester. This time his topic is "Muskie Fishing".

Colby's presentations are always filled with loads of information, great photos, and humor. He is a master angler and always shares his knowledge with his audiences.

On September 7<sup>th</sup>, he will combine his knowledge of this iconic fish with his engaging style of presentation to tell you how you might be able to catch your own Muskie, right here in Virginia.



Photos courtesy of Mossy Creek Fly Fishing

The New **Mossy Creek Fly Fishing Store** will celebrate its grand reopening on Saturday, September 23<sup>rd</sup>. The new store is located at

**480 E Market St  
 Harrisonburg, VA 22801**

At the grand opening, they will have live music, Three Notch'd Beer, and barbecue, along with manufacturers' representatives on site, and demos going on all day.



## Winchester TU 2017 Speaker Schedule

Mark your calendar now and plan to hear all of these presentations.

### September 7<sup>th</sup>: Muskie Fishing

Colby Trow, owner of Mossy Creek Fly Fishing, will be with us again. He will talk about the elusive Muskie and how to catch one in our area.



### October 5<sup>th</sup>: Chesapeake Bay Foundation



Robert Jennings is a Grassroots and Field Specialist for the Foundation. He recruits, engages, and motivates new people located within Virginia's 5th Congressional District to take action to further CBF's program goals.

Please note that our October meeting will be at Lord Fairfax Community College in Middletown, VA, with the local chapter of the Audubon Society.

### Look for the Complete 2018 Speaker Schedule Next Month

Bill is working on the Speaker Schedule for the 2018. If you know of someone that you would like to hear, contact Bill via email or phone. Here's what we have scheduled so far.

### January 4<sup>th</sup>: Tom Carroll of Cherry Log Rods

Tom Carroll, owner of Cherry Log Rods, has been building custom fly rods for over 15 years. Since his retirement from an active dental practice, his full time jobs are wife, grandchildren, fly fishing his "bucket list", and building beautiful high performance fly rods!



### February 1<sup>st</sup>: Potomac Conservancy

Emily Warner of Potomac Conservancy will be here to tell us about her organization and possibility for a partnership with Winchester TU.

In the meantime, Emily has some tree-planting materials to give away. Contact Emily directly at [warner@potomac.org](mailto:warner@potomac.org) if you are interested in any of these items. Act fast the items will go quickly.

- a smallish box of new wooden stakes
- bag of bird netting
- large bag of weed mats
- zip ties
- 5 square-ended transfer shovels
- 1 leaf/grass rake
- heavy duty trash bags for trash clean-ups



Photos and logos courtesy of the speakers' websites.



A couple of fish bums mid-way through a 12-mile paddle with Bud in the lead the whole way

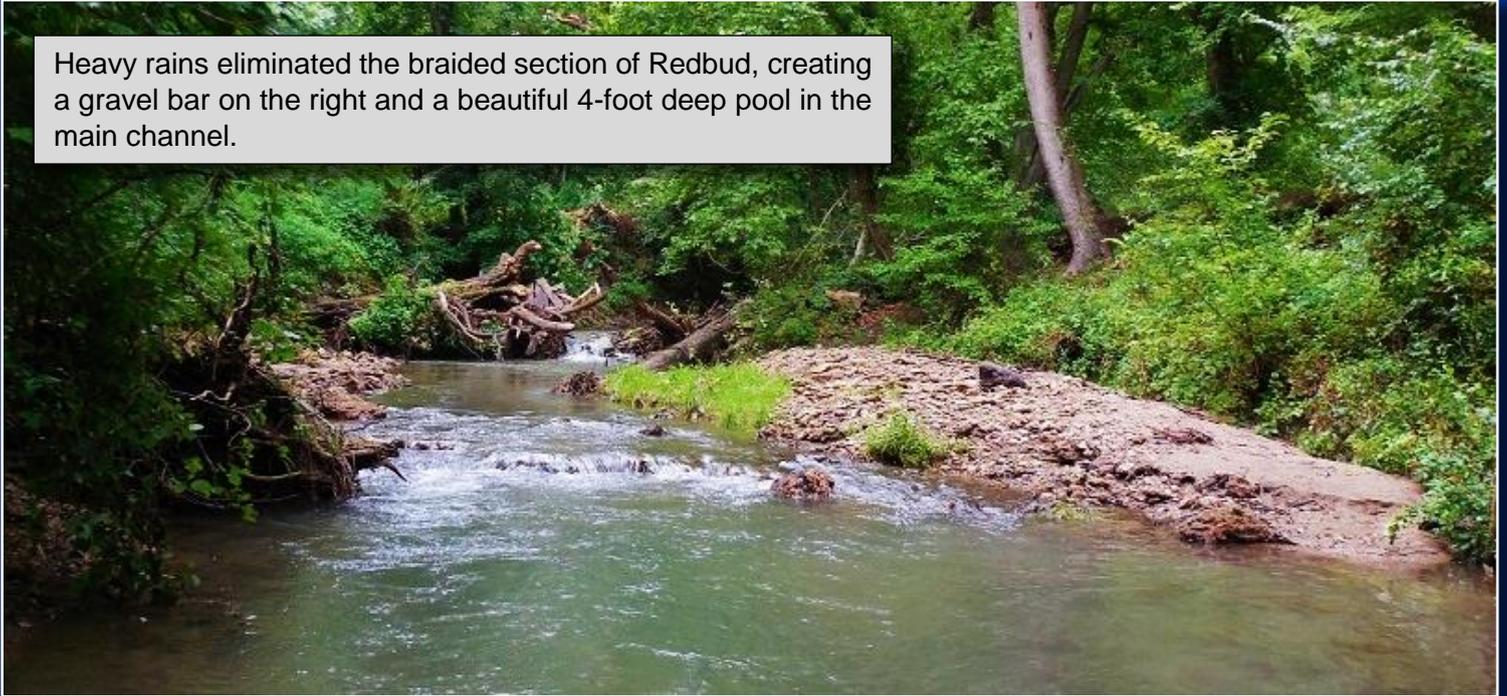


## Bud on the Run Part I: Washout at Redbud Run

Next workday is set for 9:00 a.m. on Saturday, September 9<sup>th</sup>  
 article and photos by Bud Nagelvoort

Both sad and happy news in this report. Starting with the sad news. On July 28 or thereabouts, a 3-inch downpour in a very short time frame combined with grotesque runoff from the hard surfaces in the industrial park just west of I 81 caused a massive flow in Redbud. I don't know anyone who saw the damage immediately afterwards, but I took several pictures on August 10 just before the work session on the 11<sup>th</sup>.

Heavy rains eliminated the braided section of Redbud, creating a gravel bar on the right and a beautiful 4-foot deep pool in the main channel.



The photo above is taken downstream of the big red maple root where we built the first Redbud inverted V structure. Not only did the flow destroy the V, but it took out the log we had placed to divert the flow to the south side of the island.

As if that weren't evidence enough of the power of the flow, this picture shows not only the washout of the island, but also the establishment of a new gravel/rock bar to a level several feet higher than the old island

The photo also shows the total elimination of the small channel along the north side of the old island that had been trying to block with a log!

As if that were not enough, something else good occurred, also evident in this same picture. There is now a long, deep pool extending from the downstream end of the old island almost to the bank protection device we first created using truckloads of shale at the big curve. I could not wade across this pool in my hip boots. It is likely at least 25-30 feet long, 10 feet wide, and 4 feet deep. Can we help it remain that way???



Another part of the bad news is that not only did the flow wash out Dave's V, but at some time another huge limb from the big, dead sycamore (that dropped a major limb during the July work session) just upstream from Dave's V fell on the south corner of Dave's V, adding to the destruction.

We'll take a good look on September 9 and maybe begin repairs there.

**“Bud on the Run” continues  
 on the next page.**

## Bud on the Run: Part II: August Workday Report

Next workday is set for 9:00 a.m. on Saturday, September 9<sup>th</sup>

article by Bud Nagelvoort and photos by Barbara Gamble

And for very positive news, we had a unique work crew of eight on August 11.

The work team began the construction of an exclusion wooden fence along the stretch of pasture where cattle have been entering the stream just above the red maple root V.



Wayne Seipel, Wayne Jr., and their guest, Woody, along with Barbara, Clark, Terry, Robert, and Bud plotted, planned, dug, sawed, and nailed 4 x 4 x 8-foot treated posts (courtesy of Wayne) and 1 x 6 x 12-foot ash boards (courtesy of Terry, George Ohrstrom, and Bud) to create about 30 initial feet of 3-board fence at that site.

Another 90 feet of fence are needed to complete this stretch.



## Bud on the Run: Part III: September Workday Plans

Next workday is set for 9:00 a.m. on Saturday, September 9<sup>th</sup>

by Bud Nagelvoort

Any doubt about the plans for September 9 at 9:00 a.m.? We made good use of two post-hole clam-shell diggers in August along with Clark's siting equipment which we hope will be again available.

Of course, there will be the need for brains and brawn again. With the experience of the first 30 feet last month, we should be able to finish this stretch at the September session, but can assuredly do so with a few more hands. So mark the calendar!





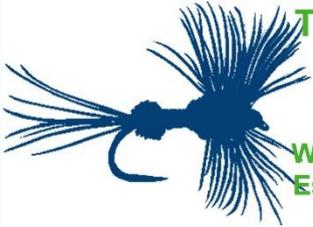
# Winchester TU Monthly "BarFly" Event Wednesday, September 13<sup>th</sup> at 7:00 p.m. Escutcheon Brewery, Commercial St., Winchester

The Winchester Chapter of Trout Unlimited will be gathering at Escutcheon Brewing in Winchester to offer anglers and **non-anglers** in our area the opportunity to learn about Trout Unlimited and to tie some fishing flies.

We hope all of you can attend our monthly "BarFly" at Escutcheon Brewery. The brewery and tasting room are located at **142 W. Commercial St.**



Diane (left) and Carolyn (right) learn to tie from Charlie.



**Winchester Trout Unlimited**  
**BarFly**  
7:00 p.m.  
Wednesday, Sept. 13  
Escutcheon Brewery  
Commercial Street  
Winchester, VA

No fly-tying or fly-fishing experience is necessary.  
Please invite your friends. We hope to introduce more folks to the Winchester TU chapter and support a local business that supports WTU.

Escutcheon logo courtesy of Escutcheon Brewing Co.  
Photo and BarFly Logo by Bill Prokopchak



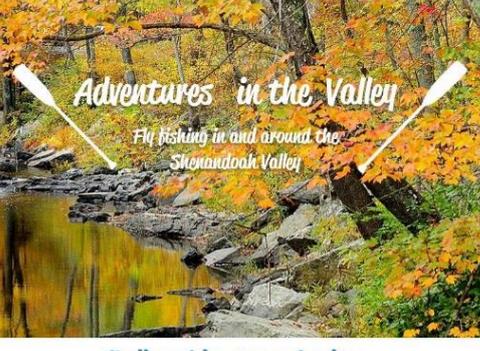

**MOSSY CREEK**  
FLY FISHING

**NEW LOCATION !!!**  
480 East Market Street  
Harrisonburg, VA 22801  
(540) 434-2444  
mossycreekyflyfishing.com




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www.WhiteFlyOutfitters.com



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Please support these fine outfitters that support Winchester Trout Unlimited.



# The Well-Schooled Angler

Compiled by Barbara Gamble

## Modern Steelhead Flies

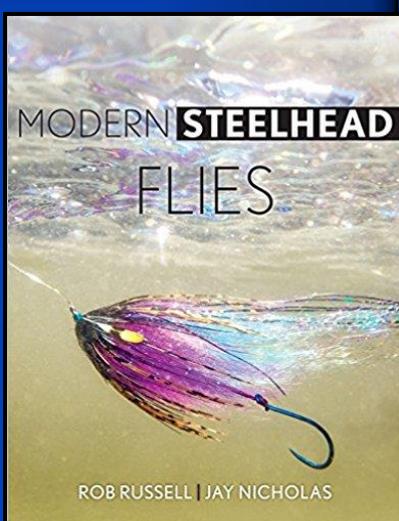
**Authors:** Rob Russell and Jay Nicholas  
**Photographer:** Jon Jensen  
**Hardcover:** 320 pages  
**ISBN-10:** 0811711218  
**ISBN-13:** 978-0811711210  
**Publisher:** Stackpole Books  
**Publication Date:** September 30, 2017

Fly patterns, step-by-step tying instructions, and fishing tips from hardcore West Coast and Great Lakes steelheaders. Includes over 30 tiers from around the country, ranging from British Columbia to Great Lakes. Features in-depth analysis on topics such as important fly design characteristics, unconventional wisdom at the vise and on the water, and tying and fishing the popular style of fly known as Intruders.

- 14 patterns tied in detail with over 400 step by step images
- Fishing and tying tips
- Choosing the right materials
- Gallery of flies from famous anglers and tiers such as April Vokey, Lani Waller, Ed Ward, and Trey Combs

Rob Russell is a devoted angler, fly tier and conservationist who has centered his life around the waters and fish that he loves.

He has written countless magazine articles, served as editor of the FFF's steelhead conservation newsletter, and spent several years as a contributing editor to *Salmon Trout Steelheader* magazine.



He has also contributed stories to the *Oregon Flyfishing Blog* and the Native Fish Society's newsletter, *Strong Runs*. Rob's most intensive steelheading experience came from his ten years working as a fishing guide in Oregon, Russia, and Alaska. In the years since, Rob has found his true calling, building community-based partnerships around habitat restoration projects in the Tillamook Bay watershed. He lives in Bay City, Oregon.

Jay Nicholas's personal and professional life has been framed around his inescapable attraction to fish and fishing. A four-decade career as a fisheries biologist included work with the Oregon Department of Fish and Wildlife and the Wild Salmon Center, serving each entity as Senior Salmon Scientist before his retirement in 2014.

Jay has been tying flies and fly fishing some 55 years; contributed to *Salmon Trout Steelheader* magazine and the *Steelheader's Journal*; writes for the Oregon Flyfishing Blog and fishing with jay; is an active presenter at fly clubs across Oregon; and has self-published twelve books including *Intruder Strategies* and *Sea Run Cutthroat Flies and Fishing*. Jay lives in Corvallis, Oregon, with his family.

Photographer Jon Jensen lives with his wife and daughter in Portland, Oregon. Jon works for some of the nation's top designers and publishers. When not on assignment, he can be found tending his home and garden, cycling the streets of Portland, and casting into Northwest rivers and streams for wild trout and steelhead.

Sources: Amazon.com, Barnesandnoble.com, and the publisher

## So You Want To Flyfish?: It's Not as Hard as You Think!

**Authors:** Mark D. Williams and W. Chad McPhail  
**Paperback:** 208 pages  
**ISBN-10:** 0883911949  
**ISBN-13:** 978-0883911945  
**Publisher:** Frederick Fell Publishers, Inc.  
**Publication Date:** September 3, 2017

Flyfishing is no longer just for the pipe and tweed crowd. This explosion of flyrodding has hit a nostalgic nerve in middle-class baby boomers. But the sport is seeing all kinds taking up the longrod from blue-collar workers to senior citizens to kids to women. Want to know just how popular?

The base of recreational anglers in America is over 70 million recreational anglers per year from age 5 to 85.

The numbers exceed both recreational amateur golfers (25 million) or tennis players (22.4 million) in America combined.

The sport of flyfishing was born in England and remains incredibly popular in Europe and now increasingly across the globe including places like Russia, South Africa, Belize, Costa Rica, Japan, New Zealand, and Australia -- even further expanding the potential reach of flyfishing.

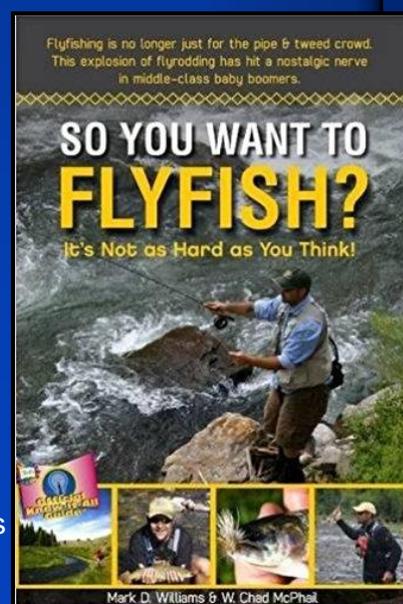
*You Want to Flyfish* is a how-to book written in a conversational style, complete with brief anecdotes, clear instructions, insider tips, and secrets of how to get on the water quickly without weeks and months of practice. This is a technique book that's actually fun and easy to read, complete with color photographs that reinforce the techniques for both beginning and intermediate anglers. The book is designed to get the new angler on the water, but keep providing instruction through their learning curve.

Williams and McPhail have both been on the water fishing since they were children, a combined fifty-five years of flyfishing experience between them. Known for their quirky humor, zany adventures and ability to boil down complicated things to understandable parts, these two fishing buddies have traveled thousands of miles together flyfishing rivers and lakes, honing their skills, parlaying their love of the sport and expertise into articles and books. Both are also award-winning teachers.

W. Chad McPhail has published photographs and written articles for numerous outdoors and fishing publications, as well as written books on camping, the outdoors and contributed to *So Many Fish, So Little Time*.

Williams is the author of twelve travel and outdoor books and is a recognized expert on trout fishing, flyfishing. His popular book, *So Many Fish, So Little Time* (HarperCollins, 2007) has received numerous rave reviews and awards.

Sources: Amazon.com, Barnesandnoble.com, and the publisher



**Poet's Corner:** Poems selected for the angler  
Series created by Bud Nagelvoort

**Cheek to Cheek**

By Irving Berlin  
1888-1989  
USA



Oh I love to go out fishing  
In a river or a creek  
But I don't enjoy it half as much  
As dancing cheek to cheek

Come on and dance with me  
I want my arms about you  
That those charms about you  
Will carry me through

Heaven, I'm in heaven  
And my heart beats so that I can hardly speak  
And I seem to find the happiness I seek  
When we're out together dancing, out together dancing

Out together dancing cheek to cheek

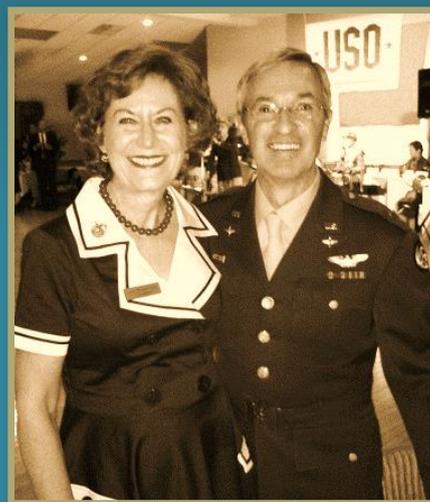
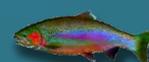


Photo above courtesy Bill & Ann Prokopchak  
Photo left public domain



**Tech on the Water: TROUT AND FEATHER**



This guy does great fly-tying videos. Free on YouTube.  
<http://www.troutandfeather.com>

His name is Tim Cammisa, and he lives in northwestern Pennsylvania -- he's a school teacher as his main profession. I've communicated with him by email about Trout in the Classroom.

-- Mark Zimmerman

The "Trout and Feather" website starts with an introductory video where Tim gives the link to his YouTube channel and tells about the all the other fishing information he has posted.

<https://www.youtube.com/user/tctrout>



Fly Tying: Biot Body CDC Dry Fly

Tim's videos are beautifully produced in high resolution so that you can see every detail. He is not only a master tyer, but a master at explaining every step as he ties each fly.



Fly Tying: Chuck Furimsky's Turbo Tail

Videos on the "Trout and Feather" YouTube channel span the range from tiny dry flies to monsters like this Chuck Furimsky Turbo Tail, capable of handling big Bass, Pike, or Muskies.



## Trout in the Classroom part I: Heads Up Egg Distribution

by Lisa LaCivita, TIC Brookie Egg  
Distribution Coordinator

Chuck Hoysa, formerly of the Virginia Department of Game and inland fisheries, will again serve as our liaison/coordinator/supplier for Brook Trout eggs for the TIC program. Thanks Chuck! At this time (early September), we expect events to be similar to previous years.



Picture courtesy SCDNR

The eggs are typically ready for our pickup and delivery to the participating schools early in October (usually the first week). Unfortunately, we cannot set an exact date -- it is up to the Trout! The eggs are ready when they are ready.

Typically, we have about a week's notice, which makes planning a little challenging, but I am confident that we will have enough member support to make this happen. We already have two volunteers to cover the West Virginia schools, thanks Phil & Mike!

Eggs for the Shenandoah County Schools are usually dropped off on the way back from picking up all the eggs. That leaves Frederick County Schools and one school in Clarke County that will need deliverers. Our meeting place is the Martin's Parking lot in Stephens City (usually 9:00 a.m.) where we will distribute the Brookie eggs to volunteers who deliver them to one, two, three, or four schools depending on the number of (typically two-person) teams. Usually, everyone is back home by about noon.

We also need "rock stars" to collect rocks from Redbud Run, which are delivered with the eggs. The rocks are **CAREFULLY** placed in the tanks so the trout become acclimated to the bacteria found in Redbud Run. The rock collection takes place early on the delivery day so the rocks can be at the Martin's parking lot when the eggs arrive.

If you would like to help with the egg delivery and/or rock collection, please contact Galen Westman at: [Galen@shenandoahvalleyflyfishing.com](mailto:Galen@shenandoahvalleyflyfishing.com)

You can also volunteer at the September meeting, but if you cannot make the meeting, you can still be on the list of potential helpers. We realize that you cannot fully commit to helping until a date is selected; we will work around this by communicating with you by email (or phone) so it is important to provide your contact information (email or phone or both) to Galen. Thank you for your support of the TIC program!



## Trout in the Classroom part II: Shenandoah Valley Discovery Museum

by Mark Zimmerman

I donated a turned bowl to the Discovery Museum for their upcoming fundraiser, and while I was delivering it a few days ago, I decided to stop by and see the remaining Brook Trout from the TIC eggs.

Rick Mabe kept about 20 fish after their release in May, and he's clearly been feeding them like crazy (and doing a great job with the tank!).



As you can see in these pics, they're enormous, the biggest somewhere between 5 and 6 inches, and beautifully colored. We'd all be happy to catch a few like these on the Rapidan! Great work, Rick.



Photos by Mark Zimmerman

I think the plan is to release these fish into Redbud Run sometime in September, before the new batch of eggs become available.

I'll email the new TIC coordinator and hopefully we can keep this program rolling.

That would be great, to have TIC teachers running the show, with us backing them up.





## PHW Update Summer Report

Phil Stevens, PHW Program Lead  
Martinsburg VAMC

Phil Stevens has taken over as PHW Program Lead at the Martinsburg Veterans Medical Center from Kenny Hawthorne as Kenny pursues a master's degree. All of us thank Kenny for his service to our country and his leadership in PHW and wish him well as he pursues his master's.

We held fly-casting classes at the Martinsburg VA Medical Center on 5 and 12 July. Attendance was down a bit because a new group of patients, having arrived only a few days before the first casting class, were still feeling their way around the program.

On 15 July, the troops "invaded" the Leetown Hatchery to put their newly acquired skills to practical use. While I was unable to attend, I understand that there was the usual good humored inter-service rivalries. While I would like to say Army won the "competition" there is no doubt that the Marines, Navy, and Air Force were able to post excellent numbers.

I would like to call out Galen and Sandy Hart, Carl Rettenberger, Mike Nemec, Jim Stonestreet, and all the other volunteers from the Winchester TU Chapter for all their support to PHW. Also, many thanks to Kenny Hawthorn for stepping in to run the Leetown event in my absence. I was on the road to the Great Northern Woods for 10 days of fishing.

I will be coordinating with Leetown Hatchery for a PHW gathering in September. The plan is to have at least two days of casting classes in advance. Stay tuned for updates.

As always, if you are available to volunteer for any of our Project Healing Waters fly-fishing events or classes, please contact me, and I will add you to my email list.

Phil Stevens  
Program Lead  
Email: [phillip.h.stevens@gmail.com](mailto:phillip.h.stevens@gmail.com)

National PHW website:  
<http://www.projecthealingwaters.org/>

Like us on Facebook:  
<https://www.facebook.com/ProjectHealingWatersOfMartinsburgWestVirginia>



## Tree Planting with Allen Glasgow

Learn the art of tree planting with Allen Glasgow and the U.S. Department of Agriculture Natural Resources Conservation Service (NRCS).



Allen will be doing a major tree planting with NRCS in the floodplain at his tree farm near Pawpaw, WV, on Oct. 14<sup>th</sup>. He says, "We are going to plant about 400 trees along the Cacapon River. There will be no heavy digging, because we will be using a post-hole digger. Trees will be in pots. We will put trees in holes, replace dirt, and protect the trees with a cage and stake." Allen has planted thousands of trees generally with good success. If you would like to help and learn how Allen does it, he would appreciate your help. He will supply lunch, so he needs a head count.

Allen will be helping with a much bigger planting over the next few years at the Third Winchester Battlefield. They have had very poor results with plantings and may try his highly successful techniques. "They want forest where there was forest and fields where there were fields." This is part of the Redbud drainage area but the original forest was not creekside. The planting is so large Allen has suggested doing it over 4-5 years starting in the spring.

Contact Allen at (540) 667-6159 or [glasgow1395@comcast.net](mailto:glasgow1395@comcast.net) to volunteer.



Please  
No steel cans.  
Aluminum  
cans only.

## Winchester TU Recycles Aluminum.

## Please bring your aluminum cans to any Winchester TU event.

# 2017 Calendar of Events

## Winchester Trout Unlimited

By Fred Boyer

See the complete calendar  
of Winchester TU events at  
<http://winchestertu.org/>

### September 2017

- ✓ **Thursday 7 September 2017** -- 7:00 p.m. - TU monthly meeting -- Featured speaker: Colby Trow on Muskie Fishing
- ✓ **Saturday 9 September 2017** -- 9:00 a.m. TU workday at Redbud Run and Morgan's Mill Road
- ✓ **Wednesday 13 September 2017** --7:00 p.m. - BarFly at Escutcheon Brewery

### October 2017

- ✓ **TBA October 2017** -- 9:00 a.m. - Winchester TU TIC Brookie Egg Distribution and 8:00 a.m. Rock Collection -- Lisa and Galen are the contact folks for the distribution. We need lots of hands for this project
- ✓ **Thursday 5 October 2017** -- 7:00 p.m. - TU monthly meeting at Lord Fairfax Community College -- Robert Jennings of the Chesapeake Bay Foundation is the featured speaker  
WTU -- Chapter elections
- ✓ **Saturday 7 October 2017** -- 9:00 a.m. TU workday at Redbud Run and Morgan's Mill Road
- ✓ **Wednesday 11 October 2017** --7:00 p.m. - BarFly at Escutcheon Brewery

### November 2017

- ✓ **TBA November 2017** -- 7:00 p.m. - TU Steelhead trip to Erie, PA
- ✓ **Thursday 2 November 2017** -- 7:00 p.m. - TU monthly meeting -- Chapter elections
- ✓ **Saturday 4 November 2017** -- 9:00 a.m. TU workday at Redbud Run and Morgan's Mill Road
- ✓ **Wednesday 8 November 2017** --7:00 p.m. - BarFly at Escutcheon Brewery

### December 2017

- ✓ **No monthly meeting in December**
- ✓ **Saturday 9 December 2017** -- 9:00 a.m. TU workday at Redbud Run and Morgan's Mill Road
- ✓ **Wednesday 13 December 2017** --7:00 p.m. - BarFly at Escutcheon Brewery

### January 2018

- ✓ **Thursday 4 January 2018** -- 7:00 p.m. - TU monthly meeting -- Featured speaker is Tom Carroll of Cherry Log Rods
- ✓ **Saturday 6 January 2018** -- 9:00 a.m. TU workday at Redbud Run and Morgan's Mill Road
- ✓ **Wednesday 10 January 2018** --7:00 p.m. - BarFly at Escutcheon Brewery

### February 2018

- ✓ **Thursday 1 February 2018** -- 7:00 p.m. - TU monthly meeting -- Featured speaker is Emily Warner of Potomac Conservancy
- ✓ **Saturday 3 February 2018** -- 9:00 a.m. TU workday at Redbud Run and Morgan's Mill Road
- ✓ **Wednesday 14 February 2018** --7:00 p.m. - BarFly at Escutcheon Brewery

### March 2018

- ✓ **Thursday 1 March 2018** -- 7:00 p.m. - TU monthly meeting
- ✓ **Saturday 3 March 2018** -- 9:00 a.m. TU workday at Redbud Run and Morgan's Mill Road
- ✓ **Wednesday 14 March 2018** --7:00 p.m. - BarFly at Escutcheon Brewery



The opinions expressed in *Lateral Lines* are those of the individual authors and are not necessarily those of Winchester Trout Unlimited or Trout Unlimited National.

All water sports, including fishing, and stream restoration activities have inherent dangers. Participation in all Winchester Trout Unlimited activities is at the participant's own risk and participants agree to hold harmless Winchester Trout Unlimited and its members. A responsible adult must accompany all minors.

