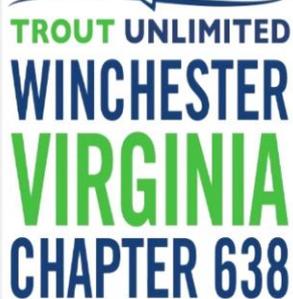


Lateral Lines

The Monthly Newsletter of Winchester Trout Unlimited
Recognized as VCTU's best newsletter in 2014 & 2015
2013 Bollinger Award as TU's Finest Newsletter
Chapter #638

November 2016

Volume 21, Number 11



Next meeting is Thursday,
November 10, 2016

Please note change of date
5:30 p.m. Dinner
IJ Cann's

7:00 p.m. Meeting
NW Works
3085 Shawnee Drive
Winchester

Next Redbud workday is Saturday, Nov. 5th

Next TU BarFly is Wednesday, Nov. 9th



In This Edition

- Brookie Egg Delivery ----- Page 1
- Bud on the Run: September Rain ----- Page 3
- PHW: Hawthorne to Succeed Wilson --- Page 4
- BarFly Event: November 9th ----- Page 5
- Well-Schooled Angler ----- Page 6
- On the Fly: Crow Beetle Variant ----- Page 7
- Winchester TU Calendar ----- Page 9

See you at the meeting on Thursday, November 10, 2016
Bill Prokopchak, Newsletter Editor
540-722-2620

Trout in the Classroom (TIC) News "Brookie Egg Delivery in October" by Mark Zimmerman

We had a successful "Trout in the Classroom" egg delivery day on October 4th -- many thanks to the group of dedicated folks who helped us gather rocks at Redbud Run and make the deliveries to all of the schools and the Discovery Museum:

- | | |
|----------------|-----------------|
| Dan Brakensiek | Seth Coffman |
| Grover Czech | Allen Glasgow |
| Bruce Johnson | Lisa LaCavita |
| Steve Lander | Bud Nagelvoort |
| Mike Nemec | Bill Prokopchak |
| Bob Ryan | |



Above: Lisa transfers rocks for delivery to the Trout in the Classroom schools and museum.



Left: Winchester TU volunteers prepare to deliver Brookie eggs and cold-water aquarium supplies across our region.

Photos by Bill Prokopchak

"Trout in the Classroom News" continues on the next page.

Trout in the Classroom (TIC) News -- continued

“Brookie Egg Delivery in October”

by Mark Zimmerman

And a special thanks to Chuck Hoysa from VCTU and the Rapidan TU chapter, as well as Jason Hallacher from DGIF in Verona, for coordinating the brook trout egg transfer from the hatchery in Paint Bank and assembling all of the egg and food packets for distribution to the northern Virginia TIC community. Our TIC program wouldn't run nearly as smoothly without the efforts and support of Chuck and Jason.



Above: A Winchester TU member delivers Brookie eggs to the Shenandoah Valley Discovery Museum. Tiny black eye spots are visible in viable eggs. Opaque eggs are not viable.

Photo by Diane Schnoor



Left: In just a few days, the eggs have hatched into alevins, baby Brook trout that are still attached to their yolk sacs.

Photo by Mark Zimmerman

Right and Below: Brookie egg delivery day is exciting for the fourth graders of Monica Grabowska's class at Shepherdstown Elementary School. The founder of Winchester TU's TIC program, Mark Zimmerman holds the eggs for the children to see.

Photo by Monica Grabowska



It seems that we have gotten a healthy batch of eggs this year, and by now, they have all hatched into alevin and are wriggling around the hatching baskets. We've had a few chiller problems, again, and have been using our Chesapeake Bay Restoration Grant monies to replace them as necessary. And a couple of schools have had hatching basket mishaps which have resulted in the loss of most of their alevin, but we'll be able to restock them with fish from other tanks, so hopefully everyone will be up and running again soon.

As always, many, many thanks to all of our TIC participants for making the program a great success -- your dedication is so appreciated!



Bud on the Run:

Update on the October Work Day at Redbud Run

Next workday is set for 9:00 a.m. on Saturday, November 5th
 article and photo by Bud Nagelvoort

October 15 was a lovely day, much better than the preceding Saturday when it poured most of the morning and fully justified postponement for a week. Mike, Bud, and son Charles took on repairs at the big silver maple where the 5-inch rain had washed out most of the nailed boards along the sycamore deflector log. Mike and Charles did most of the pounding and re-nailing while Bud cut boards and Terry explored and planned for moving back into place the big tree at Boyer's Bog.

Terry's unique engineering skills determined there was no way a six-ton come-along would move that log without a 4-gang pulley set-up which was not among the supplies in the Takoma or Terry's truck. At the same time he determined not to use a come-along because it would take hours at the rate of a few inches at a crank to use the come-along, but the old Takoma with the 4-gang set-up could easily move the major 20 feet of the log into its proper place upstream just below Dave's V if separated from its lower 15 feet.

So we will cut off the lower 15 feet, which will be moved slightly and easily to provide some additional cover along the two bank-protection logs we installed four months ago. Enough of a hint as to what's in store for Nov. 5's work session?

I think you know the Bog at Boyer's Bog no longer exists. The rock gatherers for the TIC egg delivery saw all that silt deposited along the bank at the DGIF section of Redbud.

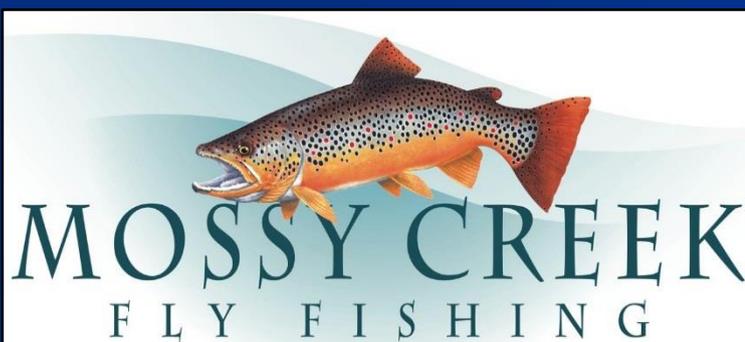
The rains of September destroyed the old and abandoned beaver dam on Redbud Run releasing a heavy silt load.



Once more, if we get the big log 4-ganged into place and then finish off Dave's V, we'll slide upstream to the old beaver dam and finish dropping the channel to its natural level. In so-doing, we'll eliminate the silt trap that extends upstream for several hundred feet.

Only one pic this time. You need to imagine the scene and join in the fun.

9:00 a.m., November 5. Let me know if you will be there. We'll be certain to talk about politics during the frequent breaks.



1790 E Market St #92
 Harrisonburg, VA 22801
 (540) 434-2444
mossycreekflyfishing.com



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PHW Update

Kenny Hawthorne to Succeed Paul Wilson as PHW Leader

by Paul Wilson, PHW Program Leader,
Martinsburg VAMC



We finally got past the deadly -- to fish and man alike! -- heat of summer and took 16 vets from the Martinsburg VA Hospital fly-fishing at the Leetown pond in late September.

This group was one highly motivated. Even the few non-fishing vets were helping out with the nets and releasing caught fish.



A couple of vets thanked us and told us that all they thought about for a few hours was casting and catching that fish: that they really saw the benefit and pleasure of fly-fishing as a cognitive therapy activity. Quite satisfying for those of us who have been preaching this message for the past four years!

All in all, it was a great outing, and probably the last one for the year. I have turned over the reins of Program Lead to Kenny Hawthorne who has been acting as Assistant PL and who was an early PHW participant while a patient at the Martinsburg VA Medical Center.



Vets and PHW volunteers enjoy a day of Trout fishing at the Leetown facility.
Photos by Galen Hart and Paul Wilson

Please give Kenny your support, time, energy, and fly-fishing skills to continue what has been a great volunteer program not only for our TU chapter but also for the local Veterans Hospital.

The reason for this change is fairly simple. In December, I will be moving to Pagosa Springs, Colorado. I have a contract on a new, energy-efficient home in a small subdivision just north of Pagosa Lake. Yes, there is fishing in the lake, but also in the San Juan River that runs down from the 11,000-foot Wolf Creek Pass right through downtown Pagosa Springs.

This is a big fishing and hunting area as the town is surrounded by the San Juan National Forest and a couple of designated Wilderness Areas. It is also close to the Four Corners area and 60 miles east of Durango, Colorado, 3 hours from Santa Fe, New Mexico, and probably 6-7 hours from Denver.

There is a guest room and some great local fishing. And it is my intent to start a PHW Program either in Pagosa Springs or in Durango where this is a VA Clinic and a TU chapter. But do not worry, I will not ask you to teach a casting class or fly-tying class! Just concentrate on the great fishing and the local scenery.

Lastly, it has been my honor to work with you all on this Project Healing Waters Program. Many of you know my skills are fairly limited -- but improving! So I am very appreciative of all our members who have embraced this program and have willingly given of their time and skills. Truly, it has been one of the joys of my life.

So, till we meet on the San Juan or some other stream, I wish you all tight lines and big fish. Paul W.

As always, if you are available to volunteer for any of our Project Healing Waters fly-fishing events or classes, please contact Kenny. He will add you to the email list.

Kenny Hawthorne
Program Lead
Email: kennyhawthorne@gmail.com

Check out our Website:
<http://www.healingwatersmartinsburg.org/>

National PHW website:
<http://www.projecthealingwaters.org/>

Like us on Facebook:
<https://www.facebook.com/ProjectHealingWatersOfMartinsburgWestVirginia>

Thanks to the Winchester TU members who made this event possible: Dan Brakensiek, Sandra & Galen Hart, Kenny Hawthorne, Mike Nemec, Carl Rettenberger, Phil Stevens, Jim Stonestreet, and Paul Wilson



Winchester TU Monthly “BarFly” Event Wednesday, November 9th at 7:00 p.m. Escutcheon Brewery, Commercial St., Winchester

The Winchester Chapter of Trout Unlimited will be gathering at Escutcheon Brewing in Winchester to offer anglers and **non-anglers** in our area the opportunity to learn about Trout Unlimited and to tie some fishing flies.

We hope all of you can attend our monthly “BarFly” at Escutcheon Brewery.

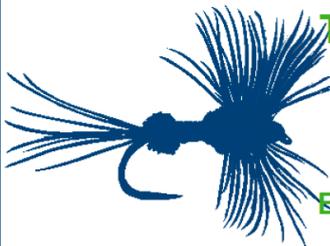


The brewery and tasting room are located at
**142 W. Commercial St.
 Winchester, VA**

No fly-tying or fly-fishing experience is necessary.

Please invite your friends. We hope to introduce more folks to the Winchester TU chapter and support a local business that supports TU.





**Winchester
 Trout Unlimited**

BarFly
 7:00 p.m.
 Wednesday, Nov. 9
 Escutcheon Brewery
 Commercial Street
 Winchester, VA

Top: Davey ties a bright red woolly bugger.

Above: Ben turns out two nice buggers.

Above right: Winchester TU member, Charlie, teaches Mary Ellen how to tie a Clouser.

Escutcheon logo courtesy of Escutcheon Brewing Co.
 Photos and BarFly Logo by Bill Prokopchak



The Well-Schooled Angler

Compiled by Barbara Gamble

Nymph Masters: Fly-Fishing Secrets from Expert Anglers

Author: Jason Randall
Hardcover: 224 pages
ISBN-10: 0811716791
ISBN-13: 978-0811716796
Publisher: Stackpole Books
Publication Date: January 1, 2017

Ever wonder what it would be like to take a fishing trip with the country's best anglers? Author Jason Randall fishes with fly fishing giants such as George Daniel, Landon Mayer, Lefty Kreh, Ed Jaworowski, Ed Engle, Gary Borger, and Joe Humphreys and shares their top nymphing techniques, flies, and tactics with you.

Randall covers everything from rigging flies, reading the water, casting, and fighting fish as he travels the country, from Pennsylvania to Alaska, in his quest to learn the methods of the masters.

"Reading this book, the superb photography, illustrations, and advice, is almost like having a guide at your side. If you want to be a better nymph fisherman, you could not better invest your money."

--Lefty Kreh, fly fishing legend and author of numerous books, including *Casting with Lefty Kreh*, *Fly-Casting Fundamentals*, and *101 Fish*.

With 80% of a trout's diet located in subsurface conditions, this book is a must have for any angler's library. Jason Randall breaks down the art of nymphing with his own knowledge as well as insight from some of the best teachers in the sport.

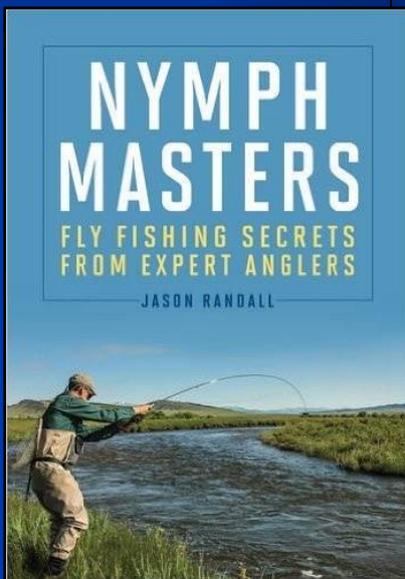
"It was an honor to work with Jason on his book and I am excited to gain even more knowledge from reading its pages."

--Landon Mayer, author of *How to Catch the Biggest Trout of Your Life*, *101 Trout Tips*, and *Colorado's Best Fly Fishing*.

DR. JASON RANDALL's feature articles appear regularly in *American Angler*, as well as *Fly Fisherman*, *Eastern Fly Fishing*, *Northwest Fly Fishing*, and many other outdoor magazines.

He is a veterinarian certified in fish health and medicine and a member of the World Aquatic Veterinary Medical Association and the Society for Freshwater Science. His three books published by Stackpole -- *Moving Water*, *Feeding Time*, and *Trout Sense* -- have received widespread acclaim among fly fishing experts. He lives in Woodstock, Illinois.

Sources: Amazon.com, Barnesandnoble.com, and the publisher



Turning Homeward: Restoring Hope and Nature in the Urban Wild

Author: Adrienne Ross Scanlan
Hardcover
ISBN-10: 1680510622
ISBN-13: 978-1680510621
Publisher: Mountaineers Books
Publication Date: September 1, 2016

"Joyfully welcome a new voice in a new generation of nature writers. Adrienne Ross Scanlan's journey from New York City's beaches to Seattle's salmon streams, from winter to spring, from Yom Kippur to Purim, from searching to celebration, continually delights, surprises, and inspires."

--Kathleen Dean Moore, author of *Wild Comfort*

Set in Seattle and Western Washington's urban, suburban, and other "altered" landscapes, *Turning Homeward* creates an accessible narrative of the complicated joys of rolling up one's sleeves and reaching out to help repair our beautiful, broken world.

While not a straightforward memoir, Scanlan weaves her personal story with the natural history of Puget Sound and the complex issues around urban renewal and river restoration. In the process, readers move with her into a meaningful, hope-filled engagement with place and the idea of home.

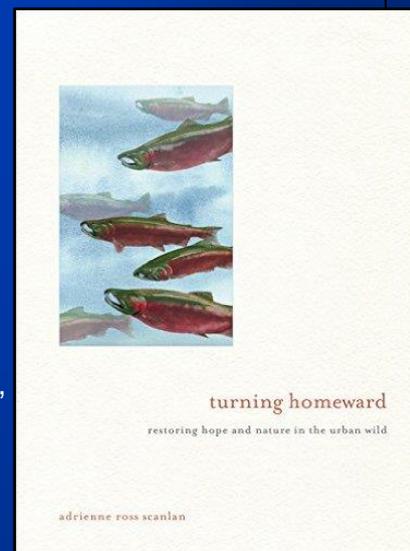
"Adrienne Ross Scanlan writes beautifully about salmon restoration and citizen science, as well as about how 'to stay alert for beauty in overlooked places.' Bittersweet and yet inspiring, her book asks the important questions: how can we share our home with wildlife and wild places in an increasingly urbanized metropolis?"

--Barbara Sjöholm, author of *The Palace of the Snow Queen*

"In this beautiful book Adrienne Ross Scanlan seamlessly interweaves themes of life, place, science, and spirit. Feeling uprooted after moving to the west, she discovers the surest path to home: participation in the natural world. Bees, wrens, herons, turtles, and salmon become her guides. The stories she shares will inspire all readers to look more deeply at the wild in our midst, and in so doing, feel more connected to the places we live. This book gently invites us all to delight in the natural world, yes, but also to participate fully in its repair and its wholeness." -- Lyanda Lynn Haupt, author of *Crow Planet*

For over twenty years, **Adrienne Ross Scanlan** has immersed herself as a volunteer in all things nature: as a citizen scientist monitoring salmon runs for county and local agencies, a restoration volunteer salvaging native plants and removing invasive weeds, and as a docent at Woodland Park Zoo in Seattle and Wolf Haven in Tenino, Washington.

Sources: Amazon.com, Barnesandnoble.com, and the publisher



On the Fly: Crow Beetle Variant

article, flies, and photos by Carl A. Rettenberger

Sheer numbers make beetles an irresistible food to fish and they are around at times when there may not be other insects hatching. For this reason, you can fish them blind or as an attractor on most water. Casting the Crow Beetle to undercuts or other likely fish-holding areas will often catch large fish when other patterns won't. As with ant patterns, don't be afraid to make a splash when you present the beetle to the water. Sometimes the loudest and splashiest presentations will produce the most fish.



The ancestor of all our modern beetle patterns is a fly made of deer hair, called the Crowe Beetle, being named after its originator John Crowe. It is definitely a blue-collar fly, both in origin -- the former steel-producing city of Johnstown, Pennsylvania -- and in its construction. A single tuft of black-dyed deer hair is tied in by the butts at the bend of the hook, folded forward, and tied off at the eye. The stub of hair at the eye replicated the head of the beetle and a few strands, protruding sideways the legs.

John Crowe's *The Book of Trout Lore* was published in 1947, and in it, Crowe complained that his beetle pattern, while exceptionally successful, was difficult to see on the water. To counter this, Dave Whitlock later added a dab of bright nail varnish to the top of the beetle to act as an indicator. This was a forerunner of the brightly colored foam indicators that are routinely added to contemporary foam beetle patterns.

The pattern I'll be presenting is actually a "variant" of the original, inasmuch as I have modified the original pattern to make it more durable and visible. It's your fly, so try different colors for the body and overwing, sometimes a different color scheme is all that is needed to spark a strike.

List of Materials:

Hook:	TMC 100 sizes 10 thru 18
Thread:	Uni-thread size 8/0, Black
Over Body:	Black Deer hair
Body:	Peacock herl or peacock dubbing
Indicator:	Craft foam color of your choice
Legs:	Black deer hair



Improved Sofa Pillow / Stimulator Tying Instructions

1. Mount the thread on the hook shank just behind the eye with a long tag that will serve as a rib, and then wrap the shank with tight booking thread wraps from that point down to the beginning of the bend of the hook shank and park it there. Take the long tag end of the thread and put in your material clip to the left of the hook. (The bend starts opposite the barb of the hook.)

2. Now, cut a clump of hair from the deer hair patch. For a size-10 hook the clump should be about the diameter of a pencil, or slightly larger. You'll need to adjust the diameter of the clump to suit the size of hook you are using. Clean as much of the underhair (fuzz) and short hairs from the clump as possible. It helps if you splay the butt ends out fan shape between the thumb and index fingers of your left hand and use the thumb and index fingers on your right hand to pull out the underhair and short hairs.

3. While holding the clump of hair slightly above the top of the hook shank at the bend of the hook with the butt ends projecting slightly past the eye of the hook, take a thread wrap around the clump and then with the thread on the far side of the hook shank pull it straight down lowering the clump to the top of the hook shank at the same time.

While holding the clump tightly against the top of the hook shank between the thumb and index fingers of your left hand, take two thread wraps around the clump and hook shank, tighten the thread by pulling it straight down, but don't let go of the hair clump or let it spin around the hook shank. Stroke the flared butt ends down towards the eye of the hook and wrap them down with several open spiral loose thread wraps.

**Remember to give
them a break
and bend down
your barbs !!**

Carl's recipe for "Crow Beetle Variant"
continues on the next page.

On the Fly: Crow Beetle Variant -- continued

article, flies, and photos by Carl A. Rettenberger

Trim off the butts about three millimeters from the eye of the hook and then continue wrapping the hairs down with open spiral loose thread wraps. When you reach the butts, hold the hairs tightly between the index finger and thumb of you left hand and wrap them down with tight close thread wraps to the bend of the hook. Slide your fingers back towards the bend of the hook as you make the thread wraps to prevent the hairs from spinning around the hook shank.

Place a *small* drop of super glue in several locations on top of the tied down hairs to help keep them in place as you proceed with the tying.

4. Now for the body, tie in four pieces of peacock herl at the bend of the hook, such that the points of the stems project just past the eye. Wrap them down with tight spiral thread wraps to the end of the deer hair, trim off the waste and park the thread there. Next wrap the herl tightly around the tied in deer hair in the opposite direction of you normal wrapping direction, which for most people is away from your body.

When you reach the hanging thread, tie down the herl, cut off the waste, and park the thread.

Now take the loose end of the thread (rib) that you parked at the bend of the hook in the first step and tie down the herl with tight open spiral wraps. When you reach the parked thread tie down the rib, cut off the waste and park the thread there. This step will help to protect the herl that is a weak link in your fly.

5. The “overbody” is formed by folding the deer hair over the top of the hook shank and herl body such that the tip ends project out over the eye of the hook. To do this, grab the hairs tightly between the thumb and index fingers of your right hand folding them over the peacock-herl body without letting them rotate around the hook shank.

While holding them tightly in position, use the index finger of you left hand to align the hairs so that they are all running parallel to the hook shank. With this done, take two tight thread wraps around the hair clump and then check to see that the hairs have not migrated down and around the hook, covering up the belly of the peacock herl body. When you are satisfied, take several more tight thread wraps around the overbody.

6. When you have completed tying down the overbody, it is time to tie in the sight indicator. I like the indicator material to be less than the width of the body, so keep this in mind when trimming a strip of indicator material from the foam sheet.

Before tying in the indicator material pinch down a millimeter or so of material on one end of the strip to flatten it, then cut it to a triangular point. Place the indicator strip on top of the body at the tie down point of the “overwing” with the triangular point projecting towards the eye of the hook. Tie it in with four or five snug thread wraps such that about a millimeter of material is left projecting towards the eye of the hook from the thread wraps. Trim off the strip of indicator material that is projecting towards the bend of the hook to your liking. I usually cut it off about five millimeters from the tie-in and then trim it to a point.

7. To form the legs, pull back four or five hairs along both sides of the body, such that they are pointing downward and towards the bend of the hook and tie them down at the tie down point for the overbody with several tight thread wraps. Let the thread hang down in this location and trim off the hair butts at the eye of the hook at the same angle as the eye ring.

With this done, whip finish and cut off the thread. Since beetles are Hexapods, remove all but three leg hairs from each side of the fly and trim them in length to your liking.

8. To help protect the deer hair overwing, bend the sight indicator forward and place a *small drop* of super glue on top of the hairs just behind the tie down point of the overwing, being careful not to get any on the sight indicator.

That's it, now it's time to take your Beetle Variant to your favorite trout stream and give it a go!!



Winchester TU Recycles Aluminum.

Please bring your aluminum cans to any Winchester TU event.



2016 Calendar of Events

Winchester Trout Unlimited

By Fred Boyer

See the complete calendar
of Winchester TU events at
<http://winchestertu.org/>

October 2016

- ✓ Sunday 30 October through Saturday 5 November 2016 -- Steelhead trip to Erie

November 2016

- ✓ Thursday 10 November 2016 -- 7:00 p.m. - TU monthly meeting - **Note change in date**
- ✓ Wednesday 9 November 2016 -- 7:00 p.m. - Winchester TU BarFly at Escutcheon Brewery
- ✓ Saturday 5 November 2016 -- 9:00 a.m. - TU workday at Redbud Run and Morgan's Mill Road

December 2016

- ✓ Thursday 1 December 2016 -- 7:00 p.m. - TU monthly meeting
- ✓ Wednesday 7 December 2016 -- 7:00 p.m. - Winchester TU BarFly at Escutcheon Brewery
- ✓ Saturday 3 December 2016 -- 9:00 a.m. - TU workday at Redbud Run and Morgan's Mill Road

January 2017

- ✓ Thursday 5 January 2017 -- 7:00 p.m. - TU monthly meeting
- ✓ Wednesday 11 January 2017 -- 7:00 p.m. - Winchester TU BarFly at Escutcheon Brewery
- ✓ Saturday 7 January 2017 -- 9:00 a.m. - TU workday at Redbud Run and Morgan's Mill Road

February 2017

- ✓ Thursday 2 February 2017 -- 7:00 p.m. - TU monthly meeting
- ✓ Saturday 4 February 2017 -- 9:00 a.m. - TU workday at Redbud Run and Morgan's Mill Road

March 2017

- ✓ Thursday 2 March 2017 -- 7:00 p.m. - TU monthly meeting
- ✓ Saturday 4 March 2017 -- 9:00 a.m. - TU workday at Redbud Run and Morgan's Mill Road

April 2017

- ✓ Thursday 1 April 2017 -- 7:00 p.m. - TU monthly meeting
- ✓ Saturday 3 April 2017 -- 9:00 a.m. - TU workday at Redbud Run and Morgan's Mill Road

May 2017

- ✓ Thursday 4 May 2017 -- 7:00 p.m. - TU monthly meeting
- ✓ Saturday 6 May 2017 -- 9:00 a.m. - TU workday at Redbud Run and Morgan's Mill Road
- ✓ TBA May 2017 -- TIC Brookie Release Cleanup Day
- ✓ TBA May 2017 -- TIC Brookie Release Days

June 2017

- ✓ Thursday 4 May 2017 -- 7:00 p.m. - TU monthly meeting
- ✓ Saturday 6 May 2017 -- 9:00 a.m. - TU workday at Redbud Run and Morgan's Mill Road

July 2017

- ✓ No Winchester TU meeting in July
- ✓ No BarFly in July
- ✓ Saturday 6 May 2017 -- 9:00 a.m. - TU workday at Redbud Run and Morgan's Mill Road



The opinions expressed in *Lateral Lines* are those of the individual authors and are not necessarily those of Winchester Trout Unlimited or Trout Unlimited National.

All water sports, including fishing, and stream restoration activities have inherent dangers. Participation in all Winchester Trout Unlimited activities is at the participant's own risk and participants agree to hold harmless Winchester Trout Unlimited and its members. A responsible adult must accompany all minors.

