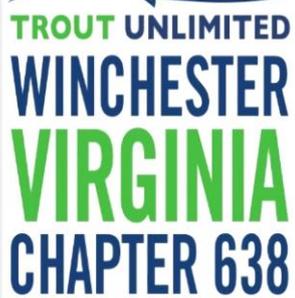


Lateral Lines

The Monthly Newsletter of Winchester Trout Unlimited
 Recognized as VCTU's best newsletter in 2014 & 2015
 2013 Bollinger Award as TU's Finest Newsletter
 Chapter #638

October 2016

Volume 21, Number 10



TROUT UNLIMITED
 WINCHESTER
 VIRGINIA
 CHAPTER 638

Next meeting is Thursday,
 October 6, 2016

5:00 p.m. Dinner
 IJ Cann's

7:00 p.m. Meeting
 Room 145

Science and Health Building
 Lord Fairfax Community College
 173 Skirmisher Lane
 Middletown, VA 22645

Next Redbud workday is Saturday, Oct. 8th

Next TU BarFly is Wednesday, Oct. 12th



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See you at the meeting on Thursday, October 6, 2016
 Bill Prokopchak, Newsletter Editor
 540-722-2620

Gregory D. Wiens, PhD, to address Winchester TU and Shenandoah Audubon Society on October 6th.

Topic: **Aquaculture and its impact on native fish populations**

Greg Wiens of the USDA facility in Kearneysville, WV, will address a joint meeting of these two influential conservation organizations at a joint meeting at 7:00 p.m. on October 6th.

Room 145
 Science and Health Building
 Lord Fairfax Community College
 173 Skirmisher Lane
 Middletown, VA 22645



Endemic and emerging disease limit cool and cold water aquaculture production. Major knowledge gaps exist regarding host resistance and the co-evolution of pathogen virulence, and the impact of environmental change leading to disease. Given the complexity and multidisciplinary nature of these problems, Dr. Wiens works in collaboration with other scientists focusing on host resistance mechanisms, microbial genomics, and analysis of host-pathogen interactions within an evolutionary-based framework.

Save the date on your calendar to hear about his important research.



Trout in the Classroom (TIC) News "Brookie Egg Delivery in October" by Mark Zimmerman

photo by Fred Boyer

We've got a good list of volunteers for egg delivery, but no firm date yet from DGIF. Dan and I got Brittany Miller's tank set up at John Kerr Elementary School, and I replaced a bad chiller for Diana Weir at Admiral Byrd Middle School and ordered a replacement chiller for Brian Fisher at Strasburg HS.

Lisa is planning the egg delivery activities. Otherwise, no word from any other teachers, so hopefully they're getting their equipment all set up.

Rick Mabe at the Shenandoah Valley Discovery Museum is going to release his remaining 15 brook trout from last year into Redbud Run at the Wildlife Management Area on Saturday, September 24th. None of us from the TIC team were available to help, but he's fine doing it on his own with their staff. Don't have a target time of day.



Bud on the Run: Update on the September Work Day at Redbud Run article and photos by Bud Nagelvoort

Next Workday is scheduled for Saturday, October 8th at 9:00 a.m.

A glorious day for a TU work session at Redbud Run on September 3rd. Probably won't be matched until October 8th! Clark Scott joined the fun along with old hands, Bob, Terry, Fred, and Bud.



Wayne, Terry, Clark, and Bob take a break around Bud's workhorse Tacoma after September's work session on Redbud Run.

Did two adjustments of the north bank triangle at Dave's V. First, Clark, Bob, and Terry lowered the triangle logs and related end of the V which appeared to be too far out of the water. Then, after Fred, Clark, and Bud closed off the apex of the V with fitted boards, it became apparent that Bud's visual estimation of the flow level over the V at the apex resulted in some of the flow being diverted towards the north bank triangle!

Consequently, with Clark's tough back muscles doing most of the heavy lifting, we removed the rocks from the triangle and the triangle lowered back to just about where it had been initially. Handling the 150-pound rocks for the 5th time was just the correct amount of exercise for the day.

Now, who has a surveyor's level we can use in the future? A carpenter's long level on a 12-14' straight-edge board would also work.

While the revision at the V was underway, Terry and Bob slid downstream and began repair of a major flow leak under the big red maple trunk at the north bank at Site #3. It turns out that boards installed along the long sycamore diverting flow to the south bank below the red maple root mass had been driven into a fairly shallow hard pan under which a deep layer of soft marl/gravel existed.

Apparently, strong current under the maple washed out the hard pan and dropped the channel a foot past the pointed board ends. Consequently, Terry and Bob cut more V end boards and plugged most of the gap - until running out of boards. So, we will need to do some additional work there at the next work session on October 8th to finish that repair.

Fred had departed before we could secure this post-mortem pic (above) which also includes our stream host, Wayne Seipel.

On October 8th at 9 a.m., all having recovered from the lecture at LF Community College on the 6th, we will install pervious fabric on top of the V boards at Dave's V followed by American wire fencing from an old, rusty roll Bud dug out from behind his shed, to help hold the fabric in place.

Then, a scattering of rocks on top of the wire will finish off Site 4. The photo on the next page shows Dave's V at the end of the work session on September 3rd.

If some time remains, and it should, we'll move upstream and begin the process of removing the beaver dam, now at least six months since any sign of beavers has been present there. We will lower the dam level gradually to avoid overwhelming downstream pools with silt accumulated behind the dam.

"Bud on the Run" continues on the next page.

Bud on the Run:

Update on the September Work Day at Redbud Run - Continued article and photos by Bud Nagelvoort



Dave's V, named in memory of our friend and long-time TU stream restoration worker, nears completion in this photo taken during the September work session.

In the meantime, enjoy this tag end of summer and look forward to Bill's stories of big fish from the Adriatic and the coming steelhead season at Erie!



Winchester TU volunteers needed.

Please contact Gene Lewis if you can help with this fly-fishing clinic. He will need about six volunteers.

Second Annual Cool Spring Campus Fly-Fishing Clinic Saturday, September 24, 2016

Partnership: Shenandoah University and Winchester Trout Unlimited
by Gene Lewis

Manager of the Shenandoah University Cool Spring Property

The Second Annual Shenandoah University fly-fishing clinic at Cool Spring
The clinic will be from 1:00 to 4:00 p.m.

This will once again be geared toward the SU students, faculty, staff, and those affiliated with the Winchester TU chapter.

Attendance is limited to 15 participants. There will be no charge.

Charlie Loudermilk, known widely as **The Master of the Double Haul** is this year's "celebrity" instructor.





PHW Update

September 24th PHW Fly-Fishing Day

by Paul Wilson, PHW Program Leader,
Martinsburg VAMC

It has been a crazy summer and a record-setting hot one to boot. Our Saturday June 18th fly-fishing outing for the CAT-5 substance-abuse group at the Martinsburg VA Medical Center was canceled on due to a family emergency with the CAT-5 Recreation Therapist. We tried to reschedule it for July but the Leetown Hatchery pond was closed because the hot-weather stress on the fish. The hatchery closed during August for the same reason.

Obviously, this was quite frustrating after such a great outing in April for the Martinsburg VA's PRRP (PTSD) program. We tried again with the CAT-5 group in September but that too had record-setting heat. This was really a crusher, as we had good participation in our casting classes and enthusiastic participants signing up for the outing with their Recreation Therapist.

So, now we have another fly-fishing outing scheduled for the PRRP program. Like last April, we expect a large group of about 20 veterans plus staff. They will have **one more casting class on Wednesday September 21st at the VA gym ("Heroes Center") starting about 1:00 p.m.** We will meet at the gym at 12:45 p.m. to assemble rods.

The **Saturday September 24th PHW fly-fishing outing** will be at the Leetown USGS pond from 9:00 a.m. to about 1:00 p.m. The VA will provide food for both the vets and the volunteers. We will meet at the pond at 8:30 a.m. to assemble rods, reels, and flies and do a quick orientation for new volunteers.

Please let me know if you can volunteer for either the class or outing, or both.

As always, if you are available to volunteer for any of our Project Healing Waters fly-fishing events or classes, please contact me and I will add you to my email list.

Paul Wilson
Program Lead
Mobile: 304-279-1361
Email: pjgrunt@gmail.com

Check out our **new** Website:
<http://www.healingwatersmartinsburg.org/>

National PHW website:
<http://www.projecthealingwaters.org/>

Like us on Facebook:
<https://www.facebook.com/ProjectHealingWatersOfMartinsburgWestVirginia>



NW WORKS PRESENTS

A Witches' Ball

11TH ANNUAL CASINO NIGHT

NW WORKS 6:30PM until 11:00PM	SATURDAY OCTOBER 22, 2016
---	-------------------------------------

at NW Works 3085 Shawnee Drive, Winchester

Tickets can be Purchased at NW Works, Firefly Cafe & Bakery,
online at www.nwworks.com or by phone (540)667-0809
Tickets are \$60 in advance & \$70 at the door

PRESENTING SPONSOR:
CREEK SIDE
TOWN CENTER

NW Works does important work in our area. Its mission is

"To Enable Adults With Disabilities and Individuals with Significant Barriers to Employment to Select, Secure, and Sustain Valued Employment and Training".

NW Works, Inc. is a non-profit 501(c)(3) organization founded to provide vocational training and employment opportunities for adults with disabilities in the surrounding areas.

NW Works provides Winchester TU with an extraordinary meeting room every month.

We encourage you to make a generous donation to NW Works. They support TU, let us support them and the good work they do.



Winchester TU Monthly "BarFly" Event Wednesday, October 12th at 7:00 p.m. Escutcheon Brewery, Commercial St., Winchester

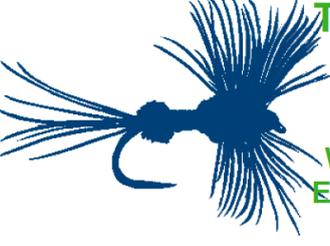
The Winchester Chapter of Trout Unlimited will be gathering at Escutcheon Brewing in Winchester to offer anglers and **non-anglers** in our area the opportunity to learn about Trout Unlimited and to tie some fishing flies.

We hope all of you can attend our monthly "BarFly" at Escutcheon Brewery.



Deborah and Curt are experienced anglers, but never before tied flies. At last month's BarFly, both tied their very first Woolly Buggers

Winchester Trout Unlimited



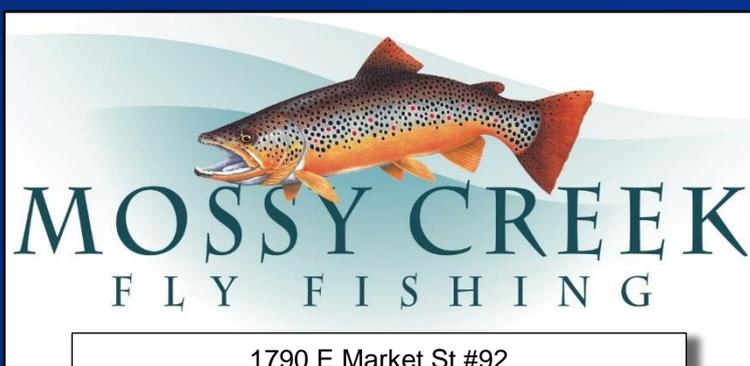
BarFly
7:00 p.m.
Wednesday, Oct. 12
Escutcheon Brewery
Commercial Street
Winchester, VA

The brewery and tasting room are located at
**142 W. Commercial St.
Winchester, VA**

No fly-tying or fly-fishing experience is necessary.

Please invite your friends. We hope to introduce more folks to the Winchester TU chapter and support a local business that supports TU.

Escutcheon logo courtesy of Escutcheon Brewing Co.
Photo and BarFly Logo by Bill Prokopchak



1790 E Market St #92
Harrisonburg, VA 22801
(540) 434-2444
mossycreekfishing.com



White Fly OUTFITTERS

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Please support these fine outfitters that support Winchester Trout Unlimited.



The Well-Schooled Angler

Compiled by Barbara Gamble

Fish Won't Let Me Sleep: The Obsessions of a Lifetime Flyfisherman

Editors: James R. Rabb
Hardcover: 304 pages
ISBN-10: 1510709819
ISBN-13: 978-1510709812
Publisher: Skyhorse Publishing
Publication Date: October 25, 2016

Have you ever been so passionate about something that it occupied your every waking moment? In his latest collection of essays, celebrated writer and lifelong angler, James R. Babb, reflects on his preoccupation with fishing -- one so strong that it often keeps him awake -- and further recounts many of his most memorable adventures from a life spent casting flies across the globe.

Fish Won't Let Me Sleep transcends international boundaries to demonstrate that the joy of fishing is universal.

Fish Won't Let Me Sleep brims with more than two dozen chapters on varying aspects of the sport.

In "Roamin' the Gloaming," Babb hilariously comments on some of the peculiar idioms of his chosen passion.

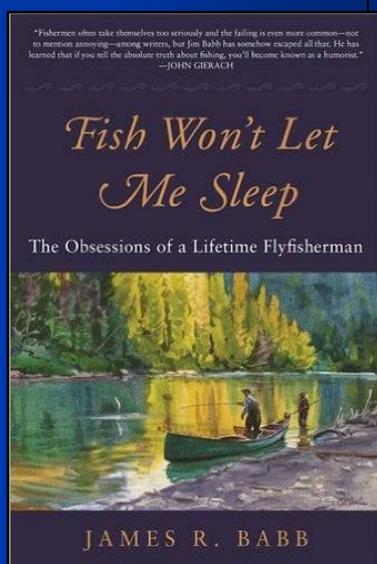
The aptly titled "Snide and Prejudice" reflects on the companionship, friendships, and occasional animosities that arise from fishing with others. And in "Simple Gifts," Babb muses on the eternal bane and gift of all fly fishermen -- the weather.

In the vein of great writers such as Mark Twain, Annie Dillard, and John Gierach, Babb's poignant prose and witty observations are true testaments to the unparalleled wit of an American master.

"Jim Babb once told me he writes 'complicated stories about simple things.' If he meant that few other writers have his effortless touch with historic references; literary and cultural allusions; fishing, nautical, and backwoods lore; wordplay and sly fun while still leaving an essay room to breathe, then I have to agree. Like all good books, *Fish Won't Let Me Sleep*, resembles its author: eccentric, knowledgeable, opinionated, surprising, observant, eloquent, and funny." —John Gierach, author of *All Fishermen Are Liars*

"If Mark Twain had been a flyfisher this is the book he might have written, at once realistic, penetrating, and entertaining. Jim Babb, that holy fishing fool, writes with the kind of humorous, self-deprecating critical tone that is suspicious of fads and fashions, bemused by trends and twaddle (his own included), but always capable of extolling the genuine finny virtues and obsessive truths of contemporary fly fishing. And even if Twain hadn't written *Fish Won't Let Me Sleep*, he surely would have loved reading it." —Robert DeMott, author of *Angling Days: A Fly Fisher's Journals*

Sources: Amazon.com, Barnesandnoble.com, and the publisher



The Bug Book: A Fly Fisher's Guide to Trout Stream Insects

Author: Paul Weamer
Hardcover: 118 pages
ISBN-10: 1934753424
ISBN-13: 978-1934753422
Publisher: Headwaters Books
Publication Date: September 1, 2016

Complete guide to aquatic entomology for fly fishers, covering all the important insects and their imitations for the entire United States. Hatch charts, fly pattern recommendations, and important fishing strategies from Paul Weamer. This is the ideal reference for those just starting out or for those that want to have a more comprehensive view of the important insects.

Understanding aquatic insect hatches is like being able to cast an entire fly line. Do you need to cast that far to catch fish? Of course not. But will being able to cast a long distance inhibit your ability to catch fish? Never. Knowing where, and how, insects live and emerge gives anglers yet another piece of the puzzle. I've never heard a fly fisherman exclaim, "I probably would have caught those rising fish if I just didn't know so much about trout stream insects."

In this book, I try to relieve some of the reticence about trout stream insects that makes many anglers feel inadequate and uneasy. Many excellent books provide very detailed information about specific hatches. But that's not this book's goal.

This book is written for new anglers who want a basic understanding of aquatic insects or more seasoned fly fishers who want to take their skills to the next level; those who want to know not only if their flies will work but why they'll work as well.

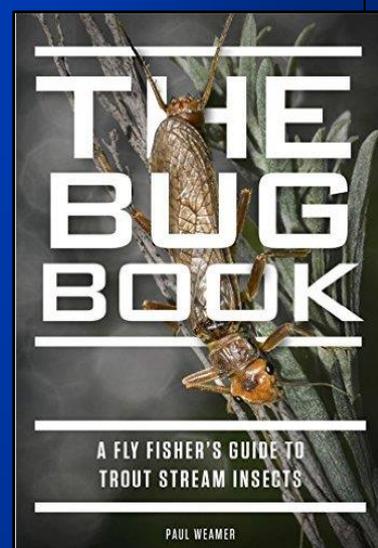
I remember when I was first learning to fly fish, and I read about complicated Latin names or confusing stages of aquatic insect development.

I was lost. It was as if the whole fly fishing world was born knowing about these things, and I was left out.

This book's aim is to provide basic aquatic insect knowledge that will not only help you to understand more about trout stream insects, but it will also help you catch more trout on your next fishing trip. It will help you to understand why you should tie one fly to your leader rather than another to imitate the hatches you encounter.

Paul Weamer is a Fly Fisherman magazine contributing editor and the author or co-author of several fly fishing books. He is an accomplished photographer, specializing in aquatic insect macro photography, and has contributed photos to Fly Fisherman, The Catskill Regional Guide, and The Drake, as well as his own and several other writer's books.

Sources: Amazon.com, Barnesandnoble.com, and the publisher



On the Fly: Giant Stonefly Variants Stimulator and Improved Sofa Pillow

article, flies, and photos by Carl A. Rettenberger



Editor's Note: Carl's articles about Giant Stoneflies appeared in *Lateral Lines* way back in July of 2012. While taking some photos at one of my "secret" wild Trout locations here in Virginia recently, I had rises on my first two casts of an elk-hair fly. Carl's fly that he calls "The Improved Sofa Pillow" is his modification of the famous "Stimulator" dry fly. Hungry trout of all species devour this fly, and the elk hair flies will float high and dry all day long.

List of Materials:

Hook: TMC 200R sizes 4 thru 8 (Improved Sofa Pillow)
TMC 200R sizes 6 thru 16 (Stimulator)

Thread: Uni-thread size 6/0 or 8/0,
color: orange and black (Improved Sofa Pillow)
color: orange (Stimulator)

Tail: Elk (bleached)

Rib: Orange thread or fine gold wire

Body: Burnt orange yarn or dubbing

Hackle: Brown/furnace, palmered

Under Wing: (optional) Rainbow Krystal Flash

Wing: Elk (bleached)

Hackle: Brown /furnace

Thorax: (Stimulator only) Orange Angora
Goat dubbing.



Improved Sofa Pillow / Stimulator Tying Instructions

1. Mount the thread on the hook shank about halfway between the eye and the point of the hook and then wrap the hook shank with tight booking thread wraps from that point down to a point two or three thread wraps past the beginning of the bend of the hook shank and park it there. (The bend starts opposite the barb of the hook.)

2. The tail on the Improved Sofa Pillow and/or Stimulator is quite short (being about as long as the gape of the hook) and its primary purpose is to keep the rear of the fly suspended. So, for the tail, cut a small clump (about half the diameter of a pencil or less) of elk hair from the patch, clean out the fluff and stack it so that the hair tips are even. Check for broken tips and remove them before proceeding. Measure the tail against the gape of the hook and hold it tightly (with the index finger and thumb of your left hand (tag end projecting towards the eye of the hook) by its tips on top of the hook shank, where the thread is parked. Now take a loose thread wrap around the tail clump only, then with the thread on the far side of the hook shank pull it and the tail clump straight down onto the top of the hook shank.

You don't want the tail itself to flare or spin so it is vital that you hold it tightly as you take four or five tight thread wraps (one on top of the other) around it and the hook shank. The tag end of the tail clump will flare, but don't worry about that for now. Release the tail clump and check it to make sure that it is mounted on top of the hook shank with no more than the top half of the shank being covered by the tail material.

Next gather up the flared ends of the tail clump between the index finger and thumb of you right hand and hold it down over the top of the hook shank at the point where you first mounted the thread.

Now wrap the clump from the tail tie-in point to the end of the body (where the thread was originally mounted) with relatively loose open spiral thread wraps. The hair will probably tend to spin around the hook shank as you wrap it, but as long as it's not excessive, it doesn't matter. Next, trim the tail clump (tag) off at the end of the body at a backward slanting angle. Then wrap the ends down about two or three millimeters or so with tight thread wraps and park the thread there.

**Remember to give
them a break
and bend down
your barbs !!**

Carl's recipe for "Giant Stonefly Variants" continues on the next page.

On the Fly: Giant Stonefly Variants -- continued

article, flies, and photos by Carl A. Rettenberger

3. You can use small gold wire or the orange thread itself to create the “ribbing” which will be used to secure the hackle in place after it is spiral wrapped down the body. *Editor’s Note: There are several ways to tie in the orange thread. The easiest is to use a loose piece of thread in place of the wire described below. Simply follow the wire instructions. Thread has the advantage of being lighter than wire on a dry fly.*

If you use wire, neatly tie it in with tight thread wraps on the near side of the hook shank. Then tie down the wire rib and the elk-hair tail material with tight booking thread wraps to the tie-in point of the tail. Don’t let the tail, wire, or elk hair rotate around the hook shank as you wrap. What you want to do is to compress the elk hair to a tight uniform shape from the end of the body down to the tie-in point for the tail. Wrap back and forth as necessary to get a smooth uniform surface upon which the body will be dubbed.

4. Begin the body dubbing at the tie-in point for the tail and work forward to the end of the thread wraps, forming a nice carrot shaped body. If you’re tying the Improved Sofa Pillow whip finish, cut off the orange bobbin thread (don’t cut the extra piece of ribbing thread that you just added) and mount the black thread.

If you’re tying the Stimulator, you will continue on using the orange thread.

5. Now, it’s time to hackle the body. You can use a plain brown rooster saddle hackle, but I prefer the brown/furnace rooster saddle hackles. The furnace hackles have a black stem and the fibers themselves are black near the stem which when wrapped around the body gives the appearance of segmentation. Choose a feather whose fibers are at least one and one-half times as long as the gape of the hook, clean off the fluff, and tie it in on the side of the hook shank, tight against the end of the body with the shiny or convex side facing you. To form a smooth base for the thorax of the fly, don’t trim off the tag end of the hackle stem at the tie-in point, but rather wrap it down smoothly to just before the eye of the hook with tight booking turns then cut it off and wrap the thread back to the tie-in point.

The body of the fly will be wrapped palmer style (open spiral wrap) from the end of the body down to the tail, so take two tight hackle wraps around the hook shank at the end of the body, then tightly open-spiral wrap the hackle to the tail of the fly.

Take your time, to insure that your wraps are evenly spaced about two or three millimeters apart. Your last wrap should be at the very tail end of the body, so when you reach this point bring the hackle stem straight up and take one complete tight wrap around it with the ribbing wire (or thread).

Once you have made a tight wire wrap around the tag end of the hackle stem you can let the hackle go and then spiral wrap the palmered body hackle with the wire up to the eye end of the body.



As before, take your time to insure that your wire wraps are evenly spaced in between the hackle wraps. It’s usually best if you do this quickly and for now don’t worry about it if you wrap down some of the hackle fibers. When you get to the end of the body take two wire wraps (or two thread wraps if using the extra thread instead of wire) around the hook shank and while holding the wire (or extra thread) straight up take two or three tight thread wraps around it with your bobbin. You can now cut off the tag end of the extra thread. If using wire, follow the steps below.

Hold the bobbin thread tightly, and then bend the wire down towards the eye of the hook at a 90-degree angle and wrap it down to the eye with tight booking turns. At this point, hold the thread tightly and with your fingers close to the hook shank wiggle the wire back and forth until it breaks off.

Breaking the wire off in this manner will cause the end of the wire to be buried in the thread wraps rather than sticking out like it would be if you cut it off. Wrap the thread back to the end of the body and park it there. Now you can break or cut off the tag end of the hackle stem at the tail of the fly and use your bodkin to free any tied down hackle fibers from the body wrap.

6. Now for the underwing. The underwing is just a small wing that is tied in on top of the body of the fly before the major wing is tied in. You can eliminate this underwing if you choose to, but I like it. It adds some flash to the fly.

Carl’s recipe for “Giant Stonefly Variants” continues on the next page

On the Fly: Giant Stonefly Variants -- continued

article, flies, and photos by Carl A. Rettenberger

Starting about half way down the body, part the hackle on top of the body and encourage it to lay either side of the center of the body. You don't want the underwing to be too thick, so take a full length of the flash material and cut it in half, fold and cut it twice more then fold it around the thread such that the thread splits it in half. While holding the flash material in between the index finger and thumb of your left hand bring the thread up and over the hook shank then pull it and the flash material straight down on top of the hook shank.

Tie it down tightly with thread wraps encouraging it to lie down on top of the body. It helps to get the flash material to lie down if you simultaneously bend it down and pull it back toward the tie in point with the thumb of your right hand. Trim the underwing such that it is just shorter than the length of the body.

7. Next comes the main wing. To create the wing you will need to cut a nice clump of hair from the elk hair patch, such that it is about the diameter of a pencil or slightly larger. Then clean it, stack it, and check for broken tips the same as you did for the tail. Measure the wing such that it will extend slightly past the tie in point of the tail and tie it in on top of the hook shank at the end of the body using the same technique as you did for the tail. Once again, it is important that you don't let the wing material spin around the hook shank as you tie it in. Now gather the flared wing material between the index finger and thumb of you left hand and cut it off at the eye of the hook at a slightly backward slanting angle.

I haven't mentioned waxing your thread before, but it is very important that you wax your thread whenever you tie in an element of your fly (except for dubbing) and it extremely important that you do so when tying in at the eye of the hook. With the thread waxed, make one or two thread wraps around the tag end of the wing clump, advancing it to the shoulder of the eye.

Another important thing to remember when tying in at the eye of the hook is to start at the eye and work back up hill so to speak. Doing this will form a ramp at the eye which will help to keep the thread from sliding off the material as you tie it down. So, while holding the wing tightly between the index finger and thumb of your left hand wrap down the tag end of the wing from the eye of the hook to the tie in point with tight thread wraps. You will need to wrap back and forth a number of times to compress the hair and create a smooth surface upon which to tie in the hackle.

8. It is time to hackle the thorax. Once again, you can use a plain brown rooster saddle hackle, or brown/furnace rooster saddle hackles. Choose a feather whose fibers are at least one and one-half times as long as the gape of the hook, clean off the fluff and tie it in on the side of the hook shank, tight against the tie-in point for the wing with the shiny or convex side facing you. To form a smooth base for the thorax of the fly, don't trim off the tag end of the hackle stem at the tie in point, but rather wrap it down smoothly to just before the eye of the hook with tight booking turns then cut it off and wrap the thread back to the tie in point.

9. The only significant difference between the Improved Sofa Pillow and the Stimulator is the thorax. The Stimulator has a dubbed thorax and the Improved Sofa Pillow does not. So if you're tying the Stimulator, go ahead and dub the thorax from the tie in point of the wing to two millimeters or so from the eye of the hook. The dubbed thorax should follow the shape of the tie down of the butt end of the wing and should therefore be bullet nose in shape.

10. For the Improved Sofa Pillow wrap the hackle forward towards the eye of the hook with tight booking turns. When you are about two millimeters or so from the eye of the hook, bring the hackle stem straight up and take a tight thread wrap around it and the hook shank. While holding the thread tightly, and straight down on the far side of hook shank, bend the hackle stem towards the eye of the hook at a ninety-degree angle and take two or three more tight thread wraps around it and the shank of the hook. Use your bodkin to free as many trapped hackle fibers as you can then trim off the waste part of the hackle stem.

If you are tying the Stimulator, you would proceed the same way except that you would spiral wrap the hackle over the dubbed thorax, from the tie in point of the wing to about two millimeters or so from the eye of the hook and then tie and trim off the waste. Take your time and make tight neat equally spaced turns (about a millimeter or so apart) around the dubbed thorax.

11. You're ready for the last step, which is to finish the fly with a nice bullet shaped thread head. To do this start at the shoulder of the eye and work up the tied down hackle stem toward the wing, in the same manner as you did when tying down the wing clump. Stop at the near hackle wrap and then wrap back and forth over the head until you have formed a nicely shaped bullet. Apply two or three coats of varnish to the head and you're done.

That's it. Now it's time to take your Improved Sofa Pillow or Stimulator to your favorite trout stream and give it a go!!



**Winchester TU Recycles
Aluminum.**

**Please bring your aluminum
cans to any Winchester TU
event.**

2016 Calendar of Events

Winchester Trout Unlimited

By Fred Boyer

See the complete calendar
of Winchester TU events at
<http://winchestertu.org/>

September 2016

- ✓ Saturday 24 September 2016 -- 1:00 - 4:00 p.m. - Shenandoah University Fly-Fishing Clinic

October 2016

- ✓ Thursday 6 October 2016 -- 7:00 p.m. - Joint TU and Shenandoah Audubon Society meeting at Lord Fairfax Community College - Featured speaker is Gregory D. Wiens, PhD, of the USDA fisheries research facility in Kearneysville, WV
- ✓ Saturday 8 October 2016 -- 9:00 a.m. - TU workday at Redbud Run and Morgan's Mill Road
- ✓ Saturday 22 October 2016 -- 6:30 p.m. - NW Works Casino Night - Please support NW Works because they support Winchester TU.
- ✓ Sunday 30 October through Saturday 5 November 2016 -- Steelhead trip to Erie

November 2016

- ✓ Thursday 3 November 2016 -- 7:00 p.m. - TU monthly meeting
- ✓ Saturday 5 November 2016 -- 9:00 a.m. - TU workday at Redbud Run and Morgan's Mill Road

December 2016

- ✓ Thursday 1 December 2016 -- 7:00 p.m. - TU monthly meeting
- ✓ Saturday 3 December 2016 -- 9:00 a.m. - TU workday at Redbud Run and Morgan's Mill Road

January 2017

- ✓ Thursday 5 January 2017 -- 7:00 p.m. - TU monthly meeting
- ✓ Saturday 7 January 2017 -- 9:00 a.m. - TU workday at Redbud Run and Morgan's Mill Road

February 2017

- ✓ Thursday 2 February 2017 -- 7:00 p.m. - TU monthly meeting
- ✓ Saturday 4 February 2017 -- 9:00 a.m. - TU workday at Redbud Run and Morgan's Mill Road

March 2017

- ✓ Thursday 2 March 2017 -- 7:00 p.m. - TU monthly meeting
- ✓ Saturday 4 March 2017 -- 9:00 a.m. - TU workday at Redbud Run and Morgan's Mill Road

April 2017

- ✓ Thursday 1 April 2017 -- 7:00 p.m. - TU monthly meeting
- ✓ Saturday 3 April 2017 -- 9:00 a.m. - TU workday at Redbud Run and Morgan's Mill Road

May 2017

- ✓ Thursday 4 May 2017 -- 7:00 p.m. - TU monthly meeting
- ✓ Saturday 6 May 2017 -- 9:00 a.m. - TU workday at Redbud Run and Morgan's Mill Road
- ✓ TBA May 2017 -- TIC Brookie Release Cleanup Day
- ✓ TBA May 2017 -- TIC Brookie Release Days

June 2017

- ✓ Thursday 4 May 2017 -- 7:00 p.m. - TU monthly meeting
- ✓ Saturday 6 May 2017 -- 9:00 a.m. - TU workday at Redbud Run and Morgan's Mill Road



The opinions expressed in *Lateral Lines* are those of the individual authors and are not necessarily those of Winchester Trout Unlimited or Trout Unlimited National.

All water sports, including fishing, and stream restoration activities have inherent dangers. Participation in all Winchester Trout Unlimited activities is at the participant's own risk and participants agree to hold harmless Winchester Trout Unlimited and its members. A responsible adult must accompany all minors.

