

# Lateral Lines

The Monthly Newsletter of Winchester Trout Unlimited  
 Recognized as VCTU's best newsletter in 2014  
 Recipient of the 2013 Bollinger Award as TU's Finest Newsletter  
 Chapter #638

May 2015

Volume 20, Number 5

## Next meeting is Thursday, May 7, 2015

5:30 p.m. Dinner  
 IJ Cann's

7:00 p.m. Meeting (See featured speaker below.)  
 NW Works  
 3085 Shawnee Drive  
 Winchester

See you at the meeting on  
 Thursday, May 7, 2015  
 Bill Prokopchak, Newsletter Editor  
 540-722-2620

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## Brian Trow of Mossy Creek Fly Fishing is Our Featured Speaker on Thursday, May 7<sup>th</sup>, 2015.

### Topic: Fishing in the Shenandoah Valley

7:00 - 8:00 p.m.  
 NW Works  
 3085 Shawnee Drive  
 Winchester, VA 22601

**Admission is Free,  
 but a Reservation is Required.**

*Call 540-247-9044 and leave a recorded message  
 with your name and phone number.*

**Brian Trow** is the 35-year-old co-owner of Mossy Creek Fly Fishing. He began fly fishing and tying at the age of 10. He has been teaching and guiding fly anglers for 15 years.

Brian has a passion for restoring the local waters and is very involved with Trout Unlimited. Serving on the national board of trustees for *Project Healing Waters Fly Fishing* allows him to give back to veterans through our wonderful sport.

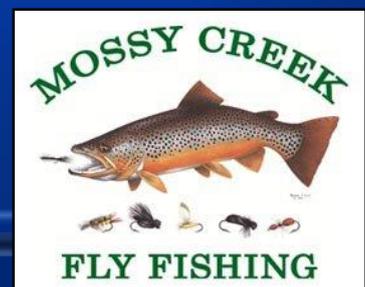


He loves the great relationships developed with "friends" of the shop over the years, and that is why he continues to be such an active guide.

When he is not busy at the shop, teaching, or guiding, you will find him at home with his wonderful wife and two boys, right on the banks of Mossy Creek.



Photos courtesy of  
 Mossy Creek Fly Fishing



## Bud on the Run: Chapel Run and Redbud Run Updates by Bud Nagelvoort

**Next Work Session: Saturday, May 16, 8:00 a.m. at Redbud Run**

Well, there has been much action in the past few days by our trout stream rehabbers. Had a good session on April 4 at Redbud with Barbara, Dave, Jim S., Wayne S., and Bud when we hauled some rocks and worked on clearing the silver maple stump.

On the 18<sup>th</sup>, Dave and Bud wrestled with more rocks and had help from Wayne in moving them into place. At that time, it became obvious that an improved means of dropping the bigger rocks into place was necessary and an 8-foot 2 x 10 came into play -- at Dave's suggestion -- being used as a sliding board to get the biggest rocks away from the bank so they could fall vertically into place.



**Left:** Robert, Bud, Dave, and Jim maneuver an erosion-control rock into place using the new teeter-totter conceived and executed by Dave and Bud.

Photo by Terry Lay

At the end of that session, we had a chance to discuss with Wayne future plans for bank protection both above and below the big silver maple across the stream. We focused particularly on two silver maples, barely hanging onto the south bank upstream, to use as our standard bank protection devices along near vertical banks.

We also plotted against another large silver maple barely hanging onto the bank at the sharp right curve near the road that turns the stream south at the expense, again, of the bank. In the course of the conversation, Dave volunteered that he had some spare time for other than the major work sessions and would do some tree trimming in prep for the effort at the curve, which he did on April 22<sup>nd</sup>.



**Below:** Terry trims a silver maple that he just felled.

Photo by Bill Prokopchak



**Above:** New boards ready for stream restoration work on Redbud Run.

Photo by Bud Nagelvoort

In the meantime, Terry had scheduled a session at the Ellerslie band saw on the 23<sup>rd</sup> to cut the two remaining red oak logs we had moved there earlier in the month, but upon arrival found other Ellerslie work took precedence.

However, as luck would have it, the other work involved the digging of another big ditch with the magical appearance of some really big marl rocks, again. And since they were in the way it proved appropriate to load them in the old Takoma and haul them to Redbud where we joined Wayne in dropping the less-than-30 pounders into place. A 400 and a 200 pounder required more thought and were left for the regular work session on the 25<sup>th</sup>.

**“Bud on the Run” continues on the next page.**

## Bud on the Run: Chapel Run and Redbud Run -- continued

### by Bud Nagelvoort

Sometime in the next few weeks, we expect to cut another fallen big sycamore to drag into place at Chapel Run upstream from Sycamore Root V. This sycamore will replace one that washed out last year and moved downstream to partially dam up (since removed) the stream above Sycamore Root V and cause an extensive silting problem. The log that moved had provided good cover at a curve between Sycamore Root V and Upper V so we'll be re-establishing that cover.



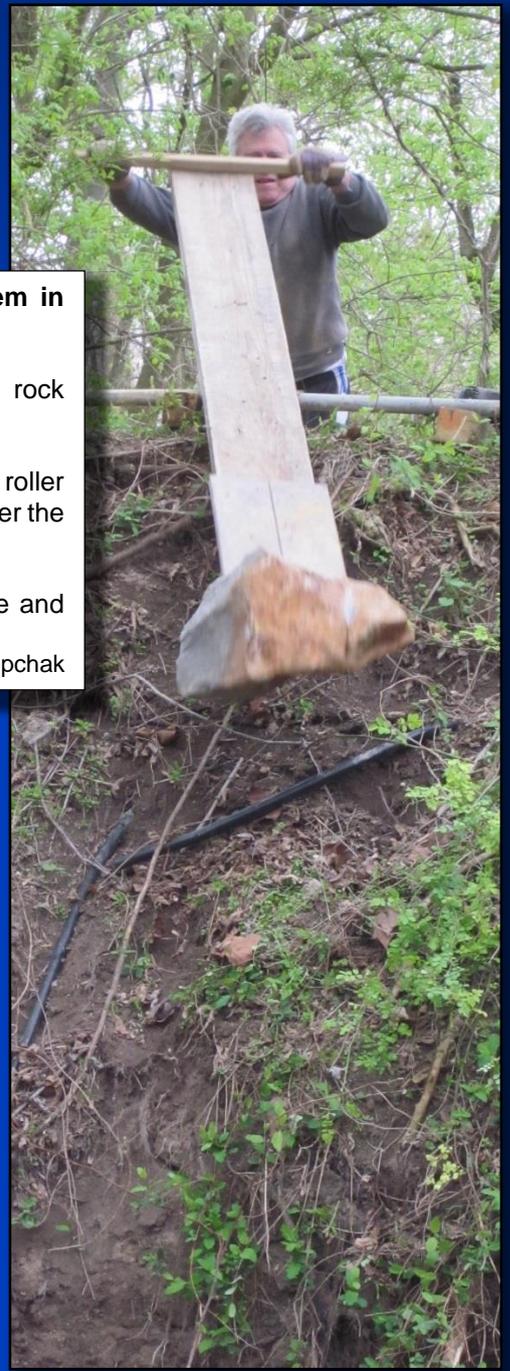
#### New Rock Delivery System in Action

**Left:** Dave and Bud roll a rock into position on the device.

**Below:** Dave manages the roller as Bud positions the rock over the place he wants it to land.

**Right:** Terry lifts the handle and the rock falls into place.

Photos by Bill Prokopchak



And, finally, to the April 25<sup>th</sup> work session with Dave, Jim S., Terry, Bill, Robert, Wayne, and Bud. Since the 23<sup>rd</sup>, a means for dropping the 100- to 300-pound rocks into place had evolved on the drawing boards and a demo device was ready for testing. Basically, it is a teeter-totter with a piece of 2-inch pipe resting on 4x4 horizontal posts supporting the pipe which rolls back and forth on the posts with a 12-foot 2 x 12 board resting on the pipe. (See pictures above.)

The pipe acts as a moveable fulcrum. At the stream end of the 2 x 12, Trex boards nailed are to it onto which big rocks are maneuvered. The Trex material is harder and smoother than the 2 x 12, making it easier for the rocks to slide off when the 2 x 12 board is rolled on the pipe to the point where the rock is directly over its proper location. At that time, the operator at the other end of the 2 x 12 board raises the handles causing the rock to slide off and drop into place.

There is an inadvertent video of this device at work which we hope can be shown at the next meeting. At the the end of this video the audience will want to pay particular attention to the person on the left of the screen who provides a totally appropriate observation about this system.

To complete the April 25<sup>th</sup> story, major work took place following the demo. Robert and Bill mined marl from the big sycamore root, filled big buckets, hauled it up a ladder to the top of the bank, and Wayne drove it in his truck to smooth out land surfaces near his barns, and improve soil pH with this calcium carbonate. The team then used saws to cut away more of the root structure.

Eventually we should be able to cut off the trunk of this silver maple and rotate the remainder of the root wad into a constructive location.

**“Bud on the Run” continues on the next page.**

## Bud on the Run: Redbud Run -- continued

by Bud Nagelvoort

At the same time, Terry, with his big Husky, and Jim and Wayne's assistance developed a strategy for dropping the bank-edge silver maple, and proceeded to do so while losing neither life nor limb (a major accomplishment).

Indeed, the tree dropped in a perfect location for proper trimming, muscling into place via pulleys and come-alongs, wiring to T-posts, boarding, and rocking, all to proceed at least in part at the May work session from 8:00 - 11:00 a.m. on the 16<sup>th</sup> (to allow participation at the fly-fishing clinic at 1:00 p.m. at Cool Spring).

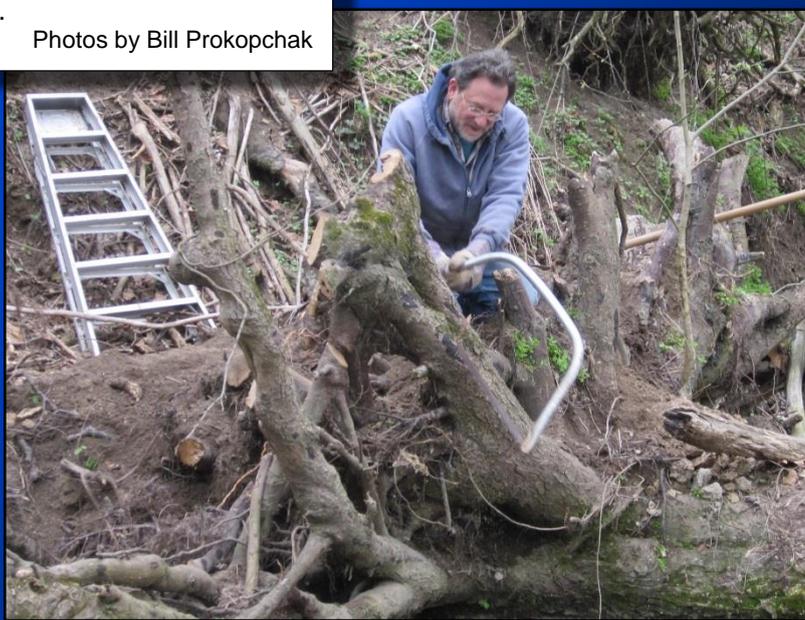


**Above:** Terry prepares to take down a seriously undercut maple.

**Left:** Jim dismantles a root ball.

**Right:** Robert works on the same root ball.

Photos by Bill Prokopchak



And last, but certainly not least, on the 25th, Dave and Bud hauled a big load of assorted-size rocks from the quarry to the work site where good use was made of the TU-totter. Robert, Jim, and Bud also flipped the 500 pounder into launch position and it now rests in a location where only a few minor tugs will shift it to a desired final resting place between the box elder and the bank, or, if you prefer, between a board and a soft place.

Keep in mind the drawing on May 6. No printed results will appear, but Jim Stonestreet, last month's winner, if he's at the meeting, will have an interesting report.

Remember to mark calendars: Saturday, May 16, 8:00 a.m. - 11:00 a.m. Redbud Rehab.



**Redbud Mallards**

Photo by Barbara Gamble

## On the Fly: The North Country Spider

by Carl A. Rettenberger

By now, most of you have read Dave Whitlock's "North Country Spiders-Classic Soft Hackles" article in the 2015 Spring issue of Trout Unlimited's "Trout Magazine". So, I won't go into a lot of detail about the fly or how its best fished, but I can tell you from experience that these rather sparse and plain little flies really do work. If you haven't already read it, I strongly recommend that you do, so that you don't miss out on another excellent fishing opportunity.



This is a pretty simple little fly to tie, so you novices shouldn't be afraid to give it a go. One thing to keep in mind when tying these flies is that this is a "sparse" fly, so if a little is good, a lot is not better!

The fly I'm going to tie for you is called an "Orange and Partridge North Country Spider". Taft Price in his book entitled *Fly Patterns an International Guide* describes this fly as:

"One of the classic English North Country spider-style flies, now used all over the world. It is an effective imitation of many of the early stoneflies (Plecoptera)."

That said let's get on with the tying.

### List of Materials:

- Hook: TMC 3761, size 12 to 16
- Thread: Uni-thread size 8/0, orange
- Body: Orange silk  
(I used orange thread as substitute)
- Hackle: Brown Partridge

### Tying Instructions:

1. After bending down the barb of the hook, mount the hook in the vise such that the tip of the jaws grip the hook at the lower side of the bend as shown in the above picture.
2. Now, for the body of the fly, start the thread at the shoulder of the eye of the hook and wrap it down towards the bend with tight booking thread wraps, stopping it opposite the point of the hook.

**Tag End Option One:** Then, break off the tag and wrap the thread back towards the eye with tight booking thread wraps to a point about a millimeter or millimeter and a half behind the shoulder of the eye of the hook and park the thread there.

**Tag End Option Two:** To create the segmented body, when you wrap the thread down to the point of the hook don't cut or break off the tag, instead take a black permanent marker and color an inch or so of it as close to the body as you can get without marking the body itself. Then after wrapping the thread forward to form the body, spiral wrap the tag forward to create the illusion of segmentation, tie it off at the end of the body, and trim off the waste.



**Remember give them a break and bend down your barbs !!**

### Something to ponder!!

"And finally, I fish not because I regard fishing as being terribly important, but because I suspect that so many of the other concerns of men are equally unimportant, and not nearly so much fun."

*John Volker*

Carl's recipe for "The North Country Spider" continues on the next page.

## On the Fly: The North Country Spider -- continued

by Carl A. Rettenberger

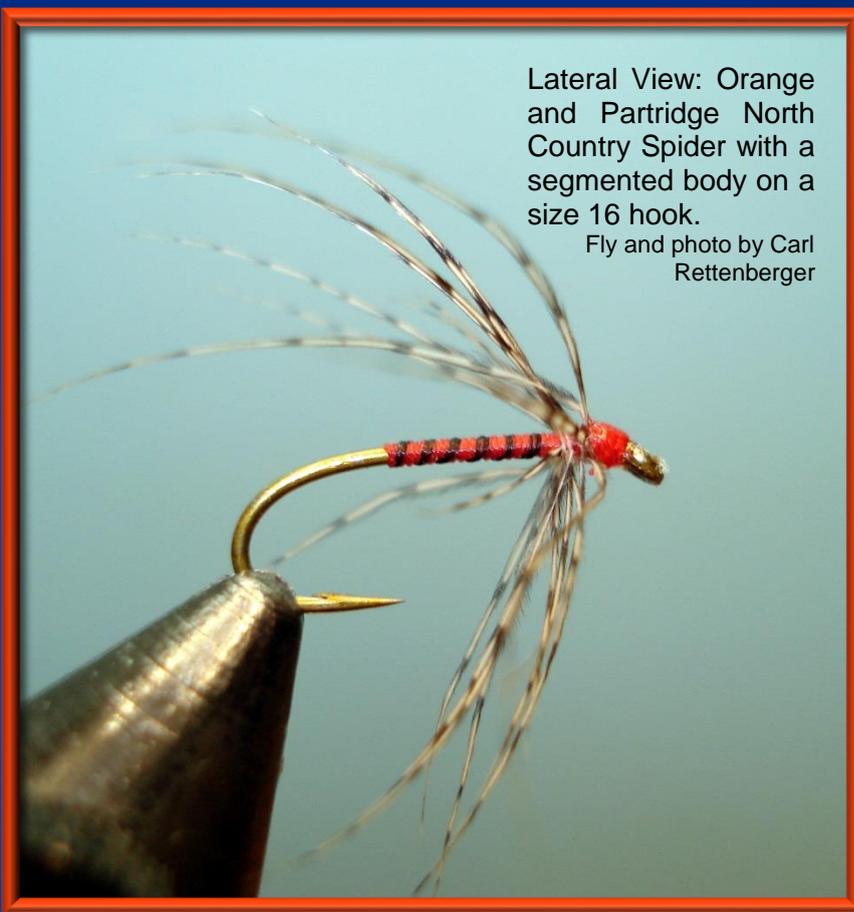
3. Next, select a Partridge feather whose barbules are about the length of the hook or just slightly longer and pluck it from the skin.

Now, remove the fluff from the feather, and then remove the barbules from the underside of the feather getting as close to the tip of the feather as you can get. Trim off the tip of the feather leaving a small section of bare stem that will be used to tie the feather to the top of the hook shank with several tight thread wraps.

After tying it in, tidy up the area from the tie-in point to the shoulder of the eye of the hook and park the thread at the shoulder of eye of the hook.

4. Now, wrap the hackle forward with tight booking wraps using no more than two or three complete turns. As you wrap, the bare side of the feather should be against the hook. Be careful not to tie down any of the barbules on successive wraps. Tie the hackle off with several tight thread wraps and trim off the waste part of the feather.

5. Form a nice thread head, whip finish, trim off the waste thread, apply several coats of varnish to the thread head and you're done with your North Country Spider



Lateral View: Orange and Partridge North Country Spider with a segmented body on a size 16 hook.

Fly and photo by Carl Rettenberger

### Editor's Note

For more about wet flies, see the review of the new book entitled *Wet Flies: Tying and Fishing Soft-Hackles, Winged and Wingless Wets, and Fuzzy Nymphs* on page 9 of this newsletter.

That's it. Now it's time to take your "Orange and Partridge North Country Spider" to your favorite water and give it a go.

### Something to ponder!!

"Most fishermen use the double haul to throw their casting mistakes further."

Lefty Kreh

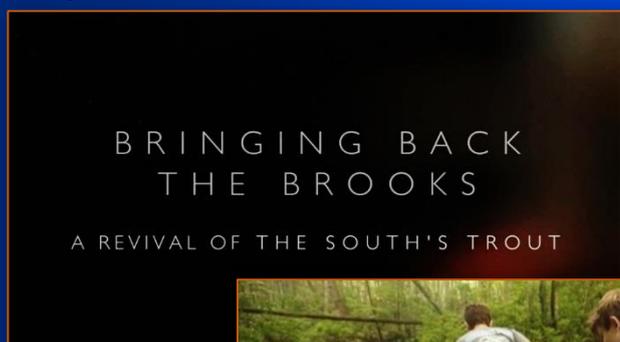


## ANGLER REFLECTIONS

### Bringing Back The Brooks: A Revival of the South's Trout produced by *Freshwaters Illustrated* and the *U.S. Forest Service*

Trout in the Classroom teacher, Carolyn Thomas, recommends this video to everyone who loves Brookies. Please type this link into your Internet browser and watch this impressive little 9-minute film.

<https://vimeo.com/89307424>



These photos are actual screen shots of this wonderful little video.





## Martinsburg Vets Hook'em Like Crazy at April 24<sup>th</sup> Leetown PHWFF Event!

by Paul Wilson, PHW Program Leader, Martinsburg VAMC

Our first 2015 Project Healing Waters Fly-Fishing (PHWFF) event was on Friday April 24<sup>th</sup> at the Leetown Fish Hatchery Pond for the VA Hospital's PTSD program. We had great participation from the vets and our volunteers from our Winchester TU Chapter and Creekside Anglers, a Federation of Fly-fishers Chapter in Martinsburg.

The vets had fly-casting classes at the VA gym for two days prior to the PHWFF fishing event plus another short class at Shepherd University. In our classes at the gym, we had 18 vets on the first class and another 12 in the second class before our April 24<sup>th</sup> fishing event. That led to almost 30 vets signing up for the outing, 20 volunteers, plus 4 staff at the pond on the 24<sup>th</sup>.



**Above:** Setting up the rods for a day of fly fishing

**Left:** A Martinsburg veteran fishes the Leetown pond

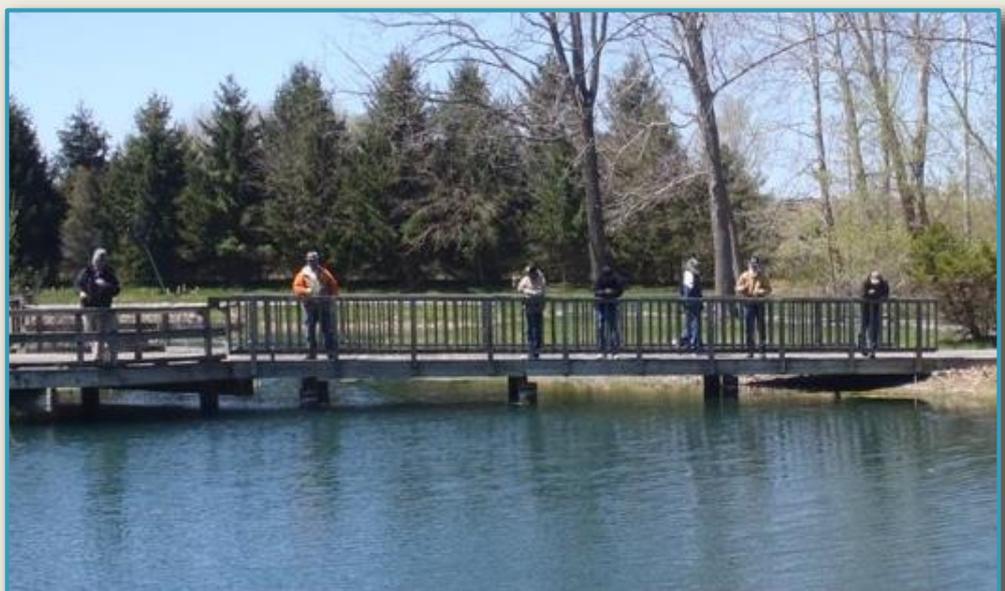
**Below:** Veterans fishing from the docks at the Leetown USGS pond.

Photos by Randy Underwood



The weather was cool and windy, but the sun was shining and the fishing was great! Guides tried a number of fly patterns, but it was our own Mark Zimmerman who hit pay dirt with an olive woolly buggler that his vet used to land a 20+ inch rainbow plus numerous smaller trout. I shared my olive woolly buggers with a number of vets and they did almost as well.

Quite a few vets caught 10 or more fish during the morning hours, and it was hard to get many to stop for lunch at noon. Speaking of lunch, the VA staff provided food and drinks for the vets and guides and hungry fishers scarfed down 80 slices of pizza and 100 pieces of fried chicken plus fruit and potato salad.



The Martinsburg VAMC vets enjoyed the fly-fishing so much it was hard to get them off the pond! Certainly, this was the best outing we have had in terms of participation and fishing success.

Many thanks to all our Chapter volunteers - Stan, Mark, Carl, Jim, Bud, Mike, and Kenny -- who produced so many successful fly-fishers, and so many happy moments for our veterans. I think seeing so many happy participants was reward enough for all of us guides.

**Project Healing Waters continues on the next page.**

## Martinsburg Vets Hook'em Like Crazy at April 24<sup>th</sup> Leetown PHWFF Event! -- continued

by Paul Wilson, PHW Program Leader, Martinsburg VAMC

**Our PHW Project needs your gently used fly reels:** Because our PHW fishing events have great participation from the VA's veteran patients, our TU/Sierra Club TFO reels are showing some line wear from extensive use in our PHW classes and fly-fishing outings.

So, if you can donate a used reel and/or 5-wt. floating line, please do so. This would really help us and give us extra reels with good lines that will be used **only** for our fishing trips. **PLEASE DONATE!! (I have received just 2 reels so far!)**

**New Social Media:** Please remember to send pictures to Charlie and Kenny for our Chapter and PHW program websites. And please "like" us on Facebook, use the calendar on our TU site, and, of course, we appreciate your participation and suggestions.

If you can volunteer for any of our Project Healing Waters fly-fishing events or classes, please contact me.

Paul Wilson  
Program Lead  
Mobile: 304-279-1361  
Email: [pjgrunt@gmail.com](mailto:pjgrunt@gmail.com)

Check out our **new** Website:  
<http://www.healingwatersmartinsburg.org/>

Like us on Facebook:  
<https://www.facebook.com/ProjectHealingWatersOfMartinsburgWestVirginia>



**Above:** Vets and guides break for lunch  
Photo by Randy Underwood

**Right:** A vet lands a nice Rainbow.  
Photo by Bud Nagelvoort



## Poet's Corner: Poems selected for the angler by Bud Nagelvoort

### The Bloodless Sportsman

by Sam Walter Foss  
1858-1911



Image of Sam Walter Foss courtesy of wikipedia.org

I go a-gunning, but take no gun;  
I fish without a pole;  
And I bag good game and catch such fish  
As suit a sportsman's soul;  
For the choicest game that the forest holds,  
And the best fish of the brook,  
Are never brought down by rifle shot  
And never are caught with a hook.

I bob for fish by the forest brook,  
I hunt for game in the trees,  
For bigger birds than wing the air  
Or fish that swim the seas.  
A rodless Walton of the brooks  
A bloodless sportsman, I --  
I hunt for thoughts that throng the woods,  
The dreams that haunt the sky.

The woods were made for the hunters' dreams,  
The brooks for the fishers of song;  
To the hunters who hunt for the gunless game  
The streams and the woods belong.  
There are thoughts that moan from the soul of the pine,  
And thoughts in a flower bell curled;  
And the thoughts that are blown with the scent of the fern  
Are as new and as old as the world.

So away! for the hunt in the fern-scented wood  
Till the going down of the sun;  
There is plenty of game still left in the woods  
For the hunter who has no gun.  
So, away! for the fish in the moss-bordered brook  
That flows through the velvety sod;  
There are plenty of fish still left in the streams  
For the angler who has no rod.



## The Well-Schooled Angler

Compiled by Barbara Gamble

### **Wet Flies: Tying and Fishing Soft-Hackles, Winged and Wingless Wets, and Fuzzy Nymphs**

**Author:** David Hughes  
**Paperback:** 352 pages  
**ISBN-13:** 978-0811718684  
**Publisher:** Stackpole Books, 2<sup>nd</sup> Edition  
**Publication Date:** July 1, 2015

Dave Hughes has long believed that wet flies have an essential place in everyone's fly box and repertoire of trout tactics. That's why he has updated this 1995 classic with the benefit of the last two decades of developments in materials, tying, and fishing techniques.

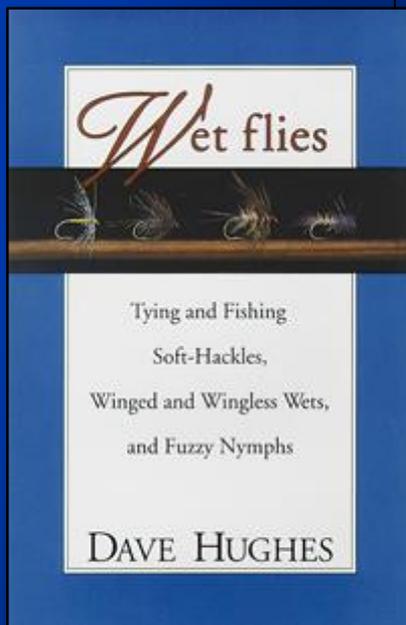
Here is a detailed survey of the history and use of wet flies, with step-by-step tying sequences.

A standard reference on the subject.

**Wet Flies** includes instructions for making over 60 soft-hackled flies, nymphs, winged wets, and all-fur wet flies.

Dave Hughes is a highly respected fly-fishing writer with more than two dozen books in print, including *Trout from Small Streams: 2nd Edition*, *Handbook of Hatches: 2nd Edition*, and *Trout Flies*. He lives in Portland, Oregon.

Sources: Amazon.com, Barnesandnoble.com, and the publisher



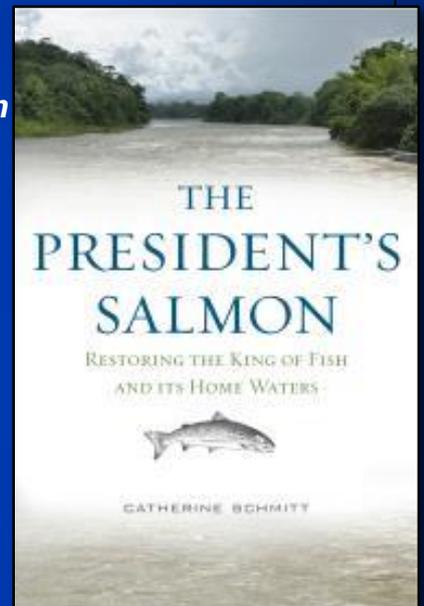
### **The President's Salmon: Restoring the King of Fish and its Home Waters**

**Authors:** Catherine Schmitt  
**Hardcover:** 240 pages  
**ISBN-10:** 160893408X  
**ISBN-13:** 978-1608934089  
**Publisher:** Down East Books  
**Publication Date:** June 15, 2015

The salmon is said to be as old as time and to know all the past and future. Twenty-two thousand years ago, someone carved a life-sized image of an Atlantic salmon in the floor of a cave in southern France.

Salmon were painted on rocks in Norway and Sweden. The salmon's effortless leaping and ability to survive in both river and sea led the Celts to mythologize the salmon as holder of all mysterious knowledge, gained by consuming the nine hazelnuts of wisdom that fell into the Well of Segais.

**The President's Salmon** presents a rich cultural and biological history of the Atlantic salmon and the salmon fishery, primarily revolving around the Penobscot River, the last bastion for the salmon in America and a key battleground site for the preservation of the species.



Catherine Schmitt is an environmental scientist who has conducted water-quality research in Maine and done work in the red maple swamps of the Connecticut River Valley.

As director of communications for Maine Sea Grant, Catherine Schmitt conveys research findings and information about the coasts and oceans to Maine residents and visitors. With a background in both science and writing, she has worked on science publications from the shores of Chesapeake Bay for the University of Maryland, spent two years as a wetlands consultant in western Massachusetts, and studied salt marshes with the Marine Biological Laboratory in Woods Hole. She is the author of *A Coastal Companion: A Year in the Gulf of Maine from Cape Cod to Canada*. Her writing on science, nature, and environmental issues appears in regional and national newspapers and magazines.

A frequent contributor to newspapers and magazines, she lives in Bangor, Maine.

Sources: Amazon.com, Barnesandnoble.com, Maine Sea Grant, and the publisher



## Poet's Corner:

Poems selected for the angler

### **Aluminum**

by Bernard C. Nagelvoort  
 1930 -

Save the can;  
 Save the tab;  
 Save the wreck-scarred wheel,  
 For all are sought for cash.

They pay for nails;  
 They pay for boards,  
 But never enough  
 To cover the cost  
 To preserve all the fish  
 We hope to save for the reel!



**Winchester TU Recycles Aluminum**

# Winchester TU Fly-Tying Social Photo Gallery



Steve Lander (right) hosted a fly-tying social for the members of Winchester TU.

Experienced fly-tyers assisted our novices in the tying of hare's ear nymphs.



**Above:** Lisa works her bobbin.

**Far Right:** Concentration is the key.

**Right:** Kenny whip finishes his hare's ear.

**Below:** Drew goes solo on a hare's ear nymph.



**Above:** Lisa with all the tools for tying flies.

**Above Right:** Dan tied six or seven during the evening.



Photos on this page by Bill Prokopchak



## 2015 Calendar of Events

### Winchester Trout Unlimited

By Fred Boyer

See the complete calendar  
of Winchester TU events at  
[winchestertu.org](http://winchestertu.org)

#### May 2015

- ✓ Monday 4 May 2015 -- 6:00 a.m. - Chapter fishing trip
- ✓ Thursday 7 May 2015 -- 7:00 p.m. - TU monthly meeting - Featured speaker is Brian Trow of Mossy Creek Outfitters - Topic: Fishing the Shenandoah Valley
- ✓ Friday 8 May 2015 -- Time 9:00 a.m. - Handley High School Brookie release at Redbud Run (Steve Lander & Lisa LaCivita are coordinating.)
- ✓ Friday 8 May 2015 -- Time 1:00 p.m. - Brookie release at Redbud Run (Steve Lander and Lisa LaCivita are coordinating.)
- ✓ Saturday 9 May 2015 -- 9:30 a.m. - Brookie release, fly casting, fly tying at Redbud Run (Steve Lander and Lisa LaCivita are coordinating.)
- ✓ Saturday 16 May 2015 -- 8:00 a.m. to 11:00 a.m. TU workday at Seipel's property on Redbud Run (Bud Nagelvoort is coordinating.)
- ✓ Tuesday 19 May to Thursday 21 May 2015 -- PA State College Trout Trip (Grover is coordinating.)

#### June 2015

- ✓ Thursday 4 June 2015 -- 7:00 p.m. - TU monthly meeting
- ✓ Saturday 6 June 2015 -- 9:00 a.m. - TU workday at a location to be announced
- ✓ Sunday 21 June through Friday 26 June 2015 -- Tri-State Conservation and Fishing Camp

#### July 2015

- ✓ There is no monthly meeting in July. Our next chapter meeting is 6 August 2015



**Winchester TU  
Recycles Aluminum.**

**Please bring your  
aluminum cans to any  
Winchester TU event.**



The opinions expressed in *Lateral Lines* are those of the individual authors and are not necessarily those of Winchester Trout Unlimited or Trout Unlimited National.

All water sports, including fishing, have inherent dangers. Participation in all Winchester Trout Unlimited activities is at the participant's own risk and participants agree to hold harmless Winchester Trout Unlimited and its members.

