

Lateral Lines

The Monthly Newsletter of Winchester Trout Unlimited
Recognized as VCTU's best newsletter in 2014
Recipient of the 2013 Bollinger Award as TU's Finest Newsletter
Chapter #638

July 2015

Volume 20, Number 7

Next meeting is Thursday, August 6, 2015

5:30 p.m. Dinner
IJ Cann's

7:00 p.m. Meeting
NW Works
3085 Shawnee Drive
Winchester

See you at the meeting on
Thursday, August 6, 2015
Bill Prokopchak, Newsletter Editor
540-722-2620

Looking Ahead

Mark your calendar for
Thursday, September 3, 2015

Dan Hyman, DGIF Conservation Officer for
Frederick County, will be our featured speaker.

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Trout in the Classroom: Shenandoah Valley Discovery Museum Releases Brookies

On June 19th, the 2014-2015 Trout in the Classroom season came to a close with the Discovery Museum release of Brookies into redbud Run.



Left: Parents and children all get wet at Brookie release day.

Lower Left: TU volunteer, Carl Rettenberger assists a young Museum patron as she releases her Brookies.

Below: Mark Zimmerman, developer of the Winchester TIC Program, enjoys release day in the middle of Redbud Run.



A Museum for Children
Shenandoah Valley Discovery Museum

Photos by Steve Lander
Museum masthead courtesy of Shenandoah Valley Discovery Museum



Bud on the Run: Redbud Run Updates

by Bud Nagelvoort

Next Work Session: Saturday, Aug. 8, 9:00 a.m. at **Redbud Run**



Well, June 6 turned out to be a fine day. Fresh air, sunshine, and a hearty crew. Newcomer Clayton, and winner by gift of the drawing for the access day to fish at Seipel's in June, demonstrated high qualities of leadership and physical prowess in driving boards into hard marl. He allowed as how he had been practicing all week driving fence posts! (Jim and Terry helped him a little.)

The crew used a new metal cap, welded by Dave, placed on the board tops to protect the boards from splitting when struck with the 8lb maul. Worked great!

Dave, Lisa, and Bud attacked the Redbud development shale pile and deposited two initial loads at the creek bank at the upstream end of the new bank protection silver maple log as seen in the attached pic. They also dropped a pre-positioned load of shale rocks into place at log number one which now needs only a few more carefully placed rocks up the bank there to finish off that device. Jim advises there is a trout hanging out at the downstream end of this box elder, in a hole just below the end of the root wad.

We are still waiting for a dry spell to allow our dump-truck operator to access the pasture and dump site adjacent to the silver maple site without fear of getting stuck. Apparently 15 tons of shale rock in his truck on damp ground tends to stir visions of needing towing services. So we wait patiently and hope for dry weather.

One other important order of business. Because there was no regular TU meeting in July, we conducted the fishing access drawing at the work session on July 2nd based on who was present at the June meeting. Will also try to secure a fishing report from Clayton.

Thursday, Friday, and Saturday (July 2-4) our crews moved about 9,000 pounds of shale from the rock pile to Seipel's Redbud site. While that is a lot of rock, a close inspection of the major stream bank site after Saturday's effort indicated that another 3,000 pounds are needed to finish off the bank protection there and another 1,500 pounds are needed at our first site on the south bank to complete that stream bank protection project.



Above: Clayton drives oak boards into the stream bed to mitigate bank erosion.

Left: The June erosion control team included Dave, Lisa, Terry, Jim, Clayton, and Bud.

Photos by
Bud Nagelvoort

“Bud on the Run” continues on the next page.

Bud on the Run: Redbud Run Updates -- continued

by Bud Nagelvoort

At the same time, I'm concerned about the availability of shale since it is apparent that the builder is using heavy equipment to remove substantial amounts of rock from the construction site that has been the source of our rock, leaving us with the risk of losing our close-by source in July.

Related is the fact that I will be leaving on the 11th for Michigan and not returning until the 21st thus eliminating my truck from hauling operations during that period. We used both Wayne's and my truck on July 3rd and 4th for double loads and also had Wayne's son providing major help.

Right: Wayne Seipel and his son Wayne, gather rocks from a local construction site.

Lower Right: Fred and Bud at the Redbud Restoration site

Photos by Bud Nagelvoort & Bill Prokopchak



Because of the current layout of the shale pile, using the long board from the TU-totter has made it relatively easy to slide large rocks downhill onto the trucks without back strain. Similarly, unloading has been facilitated by the use of that board for the big stuff.

Update: Monday, July 6

Dave, Bill and Bud loaded, hauled and deposited at Seipel Project II about a ton of shale from 4:15 to 6:15. We used both Bill's and Bud's trucks. With three of us loading and unloading using the big board slide from the shale pile into the trucks, the job was relatively easy.

Work Sessions Wednesday, July 8 and Thursday, July 9

4:00 p.m. to 7:00 p.m.

Please let me know if you are available either of these days for the agony and the ecstasy of this effort.

Tight lines -
Bud



Poet's Corner: Poems selected for the angler by Bud Nagelvoort

The River

by Raymond Carver
1938-1988

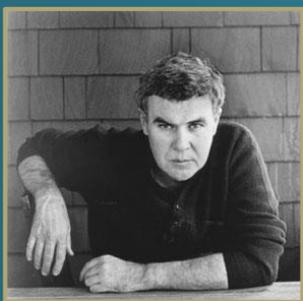


Photo of Raymond Carver
courtesy of wikipedia.org

I waded, deepening, into the dark water.

Evening, and the push
and swirl of the river as it closed
around my legs and held on.

Young grilse broke water.

Parr darted one way, smolt another.

Gravel turned under my boots as I edged out.

Watched by the furious eyes of king salmon.

Their immense heads turned slowly,
eyes burning with fury, as they hung
in the deep current.

They were there. I felt them there,
and my skin prickled. But
there was something else.

I braced with the wind on my neck.

Felt the hair rise
as something touched my boot.

Grew afraid of what I couldn't see.

Then of everything that filled my eyes -
that other shore heavy with branches,
the dark lip of the mountain range beyond.

And this river that had suddenly
grown black and swift.

I drew a breath and cast anyway.

Prayed nothing would strike.



On the Fly: Pheasant Tail Midge Pupa

by Carl A. Rettenberger

I'm sure that by now you're wondering what the heck my fixation is with midges. Well, it's really quite simple, they catch a lot of fish for me and for most others that fish them.

It doesn't matter what time of the year it is that you are on the water, you will always be able to find a swarm of midges. Sure, they're small compared to many other macroinvertebrates, but their sheer numbers make up for their diminutive size. Because of the fact that they usually swarm very close to the water surface they are obviously prey for the hungry trout looking for an easy meal.

This is a pretty simple little fly to tie, so you novices shouldn't be afraid to give it a go. In most of your minds the name midges conjures up the image of some really small bug and for the most part that's true, but don't be fooled into tying only sizes smaller than 16, for instance, I tie some midge patterns in size 10 and my favorite size is 14.

That said let's get on with the tying.

List of Materials:

Hook:	TMC 3761 size 14 to 20
Thread:	Uni-thread, size 8/0, color: tan
Breather/Gills:	Polypropylene Floating Yarn-, color: white
Prolegs:	Polypropylene Floating Yarn-, color: white
Ribbing:	Flashabou Tinsel Flash, color: silver
Abdomen/Body:	Pheasant Tail Fibers, color: natural
Wingbuds:	Goose Biots, color: white)
Thorax & Head:	Dubbing blend consisting of Natural Rabbit, Red Fox Squirrel and Orange Lite-Brite

Remember give them a break and bend down your barbs !!



Lateral View: Pheasant Tail Midge Pupa on a size 16 hook.
Photo and fly by Carl Rettenberger



Tying Instructions:

1. After bending down the barb of the hook, mount the hook in the vice such that the tip of the jaws grips the hook at the lower side of the bend as shown in the above picture.
 2. Now, start the thread at shoulder of the eye of the hook and wrap it down towards the bend about two millimeters. Next, tie in a small clump (about the size of a 2H pencil lead- depending on the size of hook) of breather/gill material. Let it project about an inch or so over the eye of the hook, and while keeping it centered on top of hook shank, wrap it down tightly towards the bend of hook about three millimeters.
 3. Separate the clump that extends back towards the bend of the hook leaving a small amount of material on top of hook shank to serve as prolegs. Trim off the rest of the material on a slant towards the bend of hook.
- Now, wrap the remaining material down tightly with booking thread wraps keeping it centered on top of hook shank to a point just beyond bend of hook. Trim off the waste material leaving about two or three millimeters of material to serve as the prolegs. Park the thread just beyond the bend of the hook.
4. Next, tie in the ribbing material on your side of the hook shank where the thread is parked. Let the waste end extend up towards the tie in point for the breathers, stopping it about three millimeters from the breathers. Wrap it down with tight booking thread wraps, then wrap the thread back to the bend of the hook with tight booking thread warps.

Carl's recipe for the "Pheasant Tail Midge Pupa" continues on the next page.

On the Fly: Pheasant Tail Midge Pupa -- continued

by Carl A. Rettenberger

5. Now, for the abdomen/body, stand up about six or eight pheasant tail fibers so they are perpendicular to the shaft of the feather and then with the tips even, tear them off. Next, with the tips pointing towards the eye of the hook, tie them in on your side of the hook shank at the bend of the hook with two or three tight thread wraps. Then wrap the thread forward tying down the fibers with tight booking thread wrap up to a point three millimeters behind the breathers and park the thread there.

Now, try to arrange the pheasant tail fibers so that they will lay flat as you wrap them forward in tight booking turns forming a nice carrot shaped abdomen. The wraps should be made towards you so that when the ribbing is wrapped in the opposite direction it will reinforce the pheasant tail fibers. Stop wrapping when you reach the point where the thread is parked, tie the fibers down tightly, trim off the waste, and park the thread there.

Something to ponder!!

"The gods do not deduct from man's allotted span the hours spent in fishing."

Herbert Hoover

6. Next, open spiral wrap the ribbing, towards the eye of the hook. As previously mentioned, for added strength and protection of the pheasant tail fiber body, the ribbing material should be wrapped in the opposite direction of the way the pheasant tail body was wrapped.

Each successive wrap should be tight and about a millimeter and a half or so apart. When you get to the thread, tie down the ribbing with a couple of tight thread wraps, trim off the waste, tidy up the area and park the thread there.

7. Now, for the wing buds, cut two biots from the feather stem, even up the tips and shape the wide ends to a point. Tie one on each side of body with a couple of loose thread wraps with the pointed end projecting toward the bend of hook about three or four millimeters. After making sure the ends of the wing buds are even and properly placed, tie them down tightly and trim off the waste.

8. Dub the thorax, then lift the breather material up, advance the thread and dub a small head. Apply a small amount of varnish to thread, whip finish, and cut off thread.

9. Next, to give the illusion of breathers, lift the breather material straight up and trim off waste about four or five millimeters above thorax.

Something to ponder!!

"It has always been my private conviction that any man who pits his intelligence against a fish and loses has it coming."

John Steinbeck

10. Finally, use your dubbing needle to pull out some of the thorax dubbing to give the impression of legs.

That's it, now it's time to take "Pheasant Tail Midge Pupa" to your favorite water and give it a go.



What To Do With Those Worn Out Waders

Article and photo by Carl Rettenberger

Sooner or later, your favorite pair of waders just can't be fixed any more. Sure you can patch pinholes until the inside of your waders look like "War Torn Europe", but when the fabric in the crotch wears out from constantly rubbing together as you walk, it's time to get a new pair.

So, what do you do with those old worn out waders? Well, I just couldn't bear to part with mine, so there they hung in the garage along with two other pairs. Now, keep in mind, I'm not talking about cheap waders. In this case, I'm talking about what was once a really good pair of L.L. Bean five-layer Gore-Tex waders.

Well, one cold snowy winter's day a couple of years ago the light suddenly came on. It seemed like every time I used my tractor which is equipped with a snow blower, I would eventually get a wet butt from the wind blowing the snow on me and then melting on the tractor seat. Okay, problem solved, I'll put on my old worn out waders, but that was a hassle given I also had to put on my cleated wading boots.

So, here's how I resolved the old worn out wader problem and killed two birds with one stone. I turned the waders inside out so that I could see the seams where the neoprene socks and gravel guards were attached to the legs and carefully cut them from the legs of the waders.

In this case, cutting along the seam where the gravel guards were joined to the legs of the waders left the gravel guards and socks intact. I then stitched along the end of the cut off wader legs to join the layers of Gore-Tex material together and now I have a pair of "Snow Pants" that fit over my rubber boots which I use when blowing or shoveling snow.

And, guess what!! As a bonus, I also have a great pair of "Neoprene Wading Socks" complete with "Gravel Guards" that I use with my wading boots when I go wet wading.

In conclusion, don't throw those old worn out waders away, Recycle Them!!





PHWFF Update and our upcoming Fly-fishing Events

by Paul Wilson, PHW Program Leader, Martinsburg VAMC

What began as a sluggish entry into a slower summer schedule, took a turn to toward the hectic, manic race to organize a few classes for the Hope Center programs at the Martinsburg VA.

Through our Project Healing Waters Fly-fishing (PHWFF) state director, Paul Moore, I obtained a contact at the out-patient substance abuse program at the VA. I talked with this person earlier in June, and we set up a casting class for June 17th which was well attended by 16 vets from 3 different programs at the VA's out-patient Hope Center.

This went so well that there was discussion about a fly-tying class and future fishing trips. And on short notice, we did another casting class on June 24th. This was to be a much smaller group of 5-6 vets, but as the weather was so nice, we ended up with 12 vets participating, 3 of which had attended the previous week's class.



Obviously, we instructors were scrambling to help the vets that needed a bit more hands-on assistance with their casting techniques. Still, it was fun and there was a lot of enthusiasm among the vets. Stay tuned for up-coming classes and fishing trips for these vets.

And lastly, a local resident in the Eastern Panhandle donated 3 boxes of fly-tying materials to the WV PHWFF programs. Last weekend, the state director, Paul Moore and I visited a local gentleman whose late father was an avid fly-fisher and fly-tyer. He wanted to anonymously donate all of his late-father's equipment and supplies to the WV PHWFF programs. So, for our program, I received a few extra bobbins, plus some grizzly hackle, mallard and canvasback feathers, and fox and deer hair.

Our PHW Project needs your gently used fly reels: We have had great participation at our fly-fishing classes and fishing events, and our TU/Sierra Club TFO reels are showing the wear and tear of having so active a program. Thus, we want to have extra reels and 5-wt. fly-lines set aside for our fishing events.

Please consider donating a used reel and/or 5-wt. floating line. This would really help us out and give us extra reels with good lines that will be used **only** for our fishing trips. **PLEASE DONATE!! (I am up to 3 donated reels so far!)**

New Social Media: Please remember to send pictures to Charlie and Kenny for our Chapter and PHW program websites. And please "like" us on Facebook, use the calendar on our TU site, and, of course, all suggestions and additional content are much appreciated.

And as always, if you are available to volunteer for any of our Project Healing Waters fly-fishing events or classes, please contact me.

Paul Wilson
Program Lead
Mobile: 304-279-1361
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Check out our **new** Website:
<http://www.healingwatersmartinsburg.org/>

Like us on Facebook:
<https://www.facebook.com/ProjectHealingWatersOfMartinsburgWestVirginia>



Photo by Bill Prokopchak



The Well-Schooled Angler

Compiled by Barbara Gamble

History of Fly-Fishing in Fifty Flies

Author: Ian Whitelaw
Hardcover: 224 pages
ISBN-10: 1617691461
ISBN-13: 978-1617691461
Publisher: Stewart, Tabori and Chang
Publication Date: April 7, 2015

The History of Fly-Fishing in Fifty Flies recounts the history of a sport that dates back 2,000 years, focusing on milestone flies from the first feathered hook to contemporary patterns using cutting-edge materials.

Among the countless fly patterns created over the centuries, these 50 have been carefully chosen to represent the development not only of the flies themselves, but also of fly-fishing techniques -- and of rods, lines, and reels.

These iconic flies also chart the spread of this addictive sport from its modern origins on the chalk streams of southern England and the rivers of Scotland to the U.S., Europe, South America, Australia, and now to every country in the world. Filled with profiles of the key characters involved, tying tips, photographs and illustrations of the flies, and detailed explanations of the techniques used to fish them, *The History of Fly-Fishing in Fifty Flies* is a fascinating companion to the evolution of this fascinating sport.

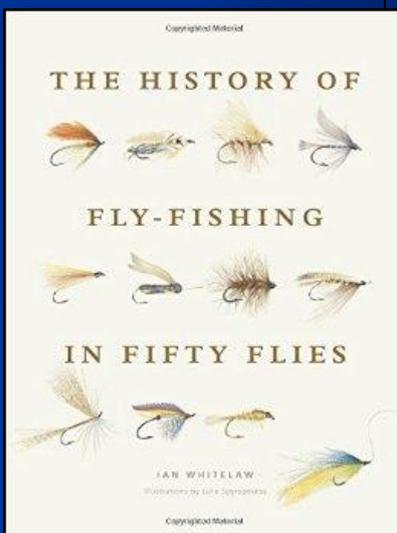
"A delightful ramble along the stream of fishing history." (*Star Tribune*)

"This glorious book of lures will get you itching for a new toy, a new boat, a new rod—anything to experience the relaxation of this old hobby." (*Foreword Reviews*)

Ian Whitelaw, a freelance writer based in British Columbia, has been a regular contributor of articles to fly-fishing websites and magazines and has been the contributing editor on more than a dozen books on fishing for major publishers. The cover art is from the publisher. You may not be able to use it. It includes the book plus the background. I also included the link to the image.

Text is from Amazon.

Sources: Amazon.com, Barnesandnoble.com, and the publisher



Simple Flies: 52 Easy-to-Tie Patterns that Catch Fish

Authors: Morgan Lyle
Paperback: 176 pages
ISBN-10: 0811713563
ISBN-13: 978-0811713566
Publisher: Stackpole/Headwater
Publication Date: July 15, 2015

Sometimes the best fly is a simple one. Whether you're a beginner looking to get started with tying or an expert looking to get back to the basics, these simple wet flies, nymphs, dry flies, and streamers will often catch fish as well as -- if not better than -- more complex patterns.

This guide shows you all the techniques, tools, and materials you need to get started.

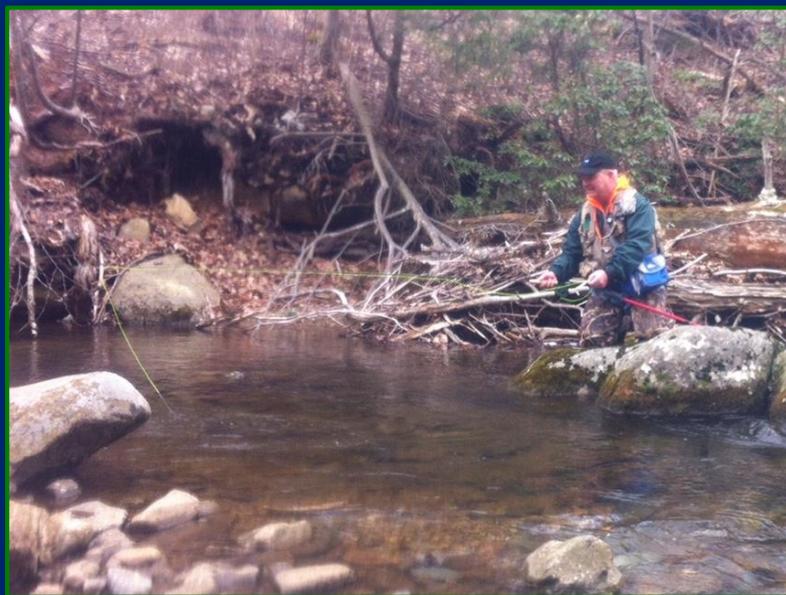
Techniques for tying quick, durable, and effective flies.

Simple flies from history, plus interviews with modern anglers such as Chico Fernández, Bob Wyatt, Daniel Galhardo, and Chris Stewart.

Contains flies for and inspired by tenkara fishing.

Morgan Lyle uses simple flies to catch trout in the mountains, stripers at the beach, and any other fish he can reach with a cast. A regular contributor to *American Angler*, *Fly Tyer*, *Trout*, *The Drake*, and other magazines, he lives in New York.

Sources: Amazon.com, Barnesandnoble.com, Maine Sea Grant, and the publisher



ANGLER REFLECTIONS

Minnesota

photos and Notes by Carolyn Thomas

I had a lovely couple of days on the Sucker River and Manitou River in northeastern Minnesota. My average cost of brook trout has decreased and the average length has increased! Here are a couple pictures to prove it.

My guide was Carl Haensel of Namebini -- he is a Trout Unlimited recognized business and actively involved with TU in Minnesota.

The water and the weather were beautiful and the mosquitos were uncountable.



Winchester TU supports its stream restoration program with funds from *Recycled Aluminum.*

Please bring your aluminum cans to any Winchester TU event.

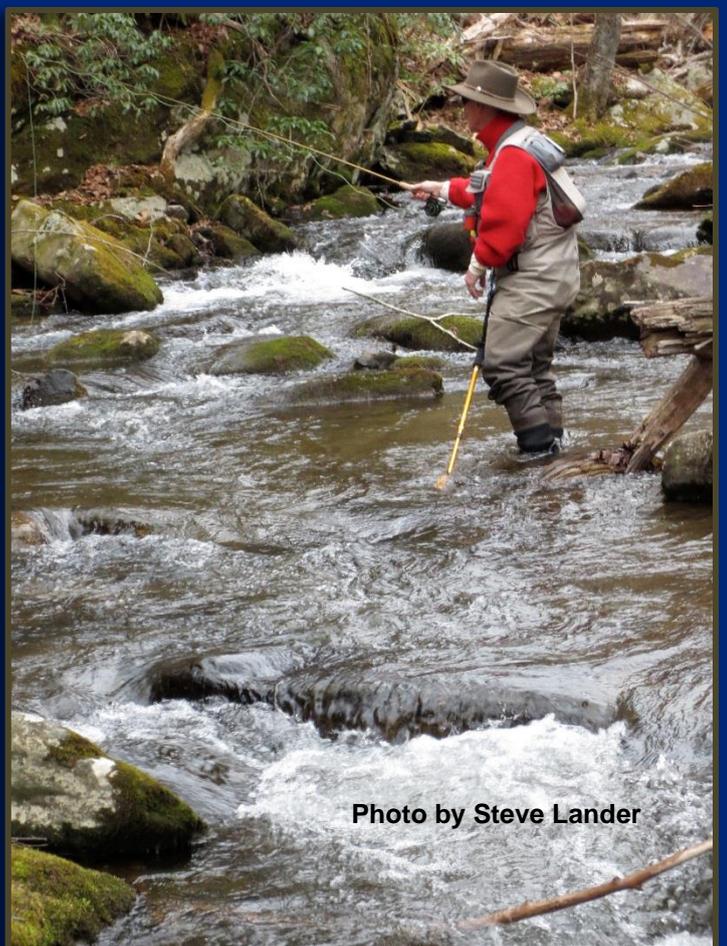


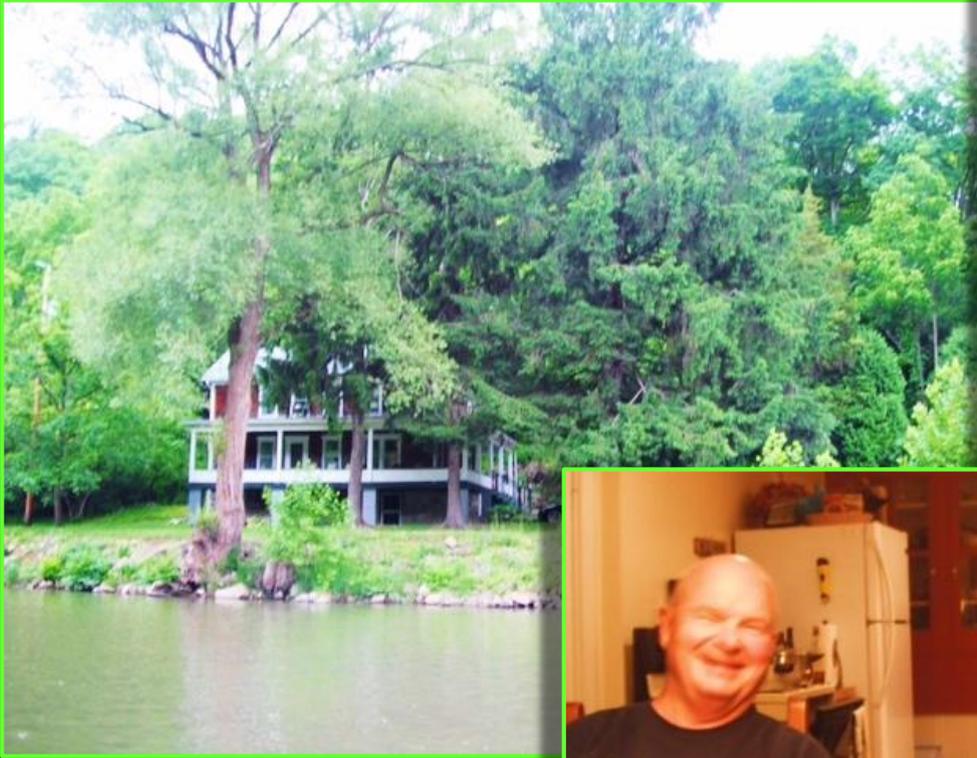
Photo by Steve Lander

A GALLERY OF PHOTOS FROM THE JUNE TRIP TO STATE COLLEGE, PA

PHOTOS AND NOTES PROVIDED BY DAN BRAKENSIEK

Grover, Steve, Drew, Mark, Sean, Darrell, and I fished the Little Juniata, Spruce Creek, and Penn's Creek and had a good time, sittin', fishin', reminisin', and sippin' on the front porch overlooking the water.

We stayed at the picturesque River's Edge House owned by John and Mary Little located right on the Little Juniata. The house is in the small town of Spruce Creek.



2015 Calendar of Events

Winchester Trout Unlimited

By Fred Boyer

See the complete calendar
of Winchester TU events at
winchestertu.org

July 2015

- ✓ There is no monthly meeting in July. Our next chapter meeting is 6 August 2015
- ✓ Thursday 9 July 2015 -- 6:00 a.m. to 9 p.m. - Shenandoah River Smallie trip. Bill is coordinating.
- ✓ Thursday 16 July 2015 -- 8:00 a.m. to 9 p.m. - Shenandoah River Smallie trip. Bill is coordinating.
- ✓ Wednesday 29 July 2015 -- 8:00 a.m. to 9 p.m. - Shenandoah River Smallie trip.
Bill is coordinating.

August 2015

- ✓ Thursday 6 August 2015 -- 7:00 p.m. - TU monthly meeting
- ✓ Saturday 8 August 2015 -- 8:00 a.m. - TU workday at Redbud Run and Morgan's Mill Road
- ✓ Week of 17 through 21 August 2015 -- Time TBD - Shenandoah River Smallie trip.
Dan is coordinating.

September 2015

- ✓ Thursday 3 September 2015 -- 7:00 p.m. - TU monthly meeting
Featured speaker: Dan Hyman, DGIF Conservation Officer for Frederick County
- ✓ Saturday 5 September 2015 -- 8:00 a.m. - TU workday at Redbud Run and Morgan' Mill Road
- ✓ Week of 14 through 18 September 2015 -- Time TBD - Shenandoah River Smallie trip.
Bill is coordinating.
- ✓ Saturday 19 September 2015 -- Time TBD - Gene Lewis has scheduled a fly fishing clinic at Shenandoah University's Cool Spring. This clinic will be offered to all students, faculty, and staff at the Shenandoah University. Gene is looking for TU volunteers to help.

October 2015

- ✓ Thursday 1 October 2015 -- 7:00 p.m. - TU monthly meeting
- ✓ Saturday 3 October 2015 -- 8:00 a.m. - TU workday at Redbud Run and Morgan's Mill Road

November 2015

- ✓ Thursday 5 November 2015 -- 7:00 p.m. - TU monthly meeting
- ✓ Saturday 7 November 2015 -- 8:00 a.m. - TU workday at Redbud Run and Morgan' Mill Road
- ✓ Week of 7 through 14 November 2015 -- Steelhead trip to Erie.
Dan and Charlie are coordinating.

December 2015

- ✓ No monthly meeting in December
- ✓ Saturday 5 December 2015 -- 8:00 a.m. - TU workday at Redbud Run and Morgan's Mill Road

January 2016

- ✓ Thursday 7 January 2016 -- 7:00 p.m. - TU monthly meeting
- ✓ Saturday 59 January 2016 -- 8:00 a.m. - TU workday at Redbud Run and Morgan's Mill Road



The opinions expressed in *Lateral Lines* are those of the individual authors and are not necessarily those of Winchester Trout Unlimited or Trout Unlimited National.

All water sports, including fishing, have inherent dangers. Participation in all Winchester Trout Unlimited activities is at the participant's own risk and participants agree to hold harmless Winchester Trout Unlimited and its members.

